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5
6 **Efficacy and safety of using mesh or grafts in surgery for anterior and/or posterior**
7 **vaginal wall prolapse: systematic review and meta-analysis**

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16

17 **Running title:** mesh/grafts for vaginal wall prolapse repair

18 **Abstract**

19 **Background** The efficacy and safety of mesh/graft in surgery for anterior or posterior pelvic
20 organ prolapse is uncertain.

21 **Objectives** To systematically review the efficacy and safety of mesh/graft for anterior or
22 posterior vaginal wall prolapse surgery.

23 **Search strategy** Electronic databases and conference proceedings were searched,
24 experts and manufacturers contacted and reference lists of retrieved papers scanned.

25 **Selection criteria** Randomised controlled trials (RCTs), non-randomised comparative
26 studies, registries, case series involving at least 50 women, and RCTs published as conference
27 abstracts from 2005 onwards.

28 **Data collection and analysis** One reviewer screened titles/abstracts, undertook data
29 extraction, and assessed study quality. Data analysis was conducted for three subgroups:
30 anterior, posterior, and anterior and/or posterior repair (not reported separately).

31 **Results** Forty-nine studies involving 4569 women treated with mesh/graft were
32 included. Study quality was generally high. Median follow up was 13 months (range 1 to 51).
33 In anterior repair, there was short-term evidence that mesh/graft (any type) significantly
34 reduced objective prolapse recurrence rates compared with no mesh/graft (relative risk 0.48,
35 95% CI 0.32-0.72). Non-absorbable synthetic mesh had a significantly lower objective
36 prolapse recurrence rate (8.8%, 48/548) than absorbable synthetic mesh (23.1%, 63/273) and
37 biological graft (17.9%, 186/1041), but a higher erosion rate (10.2%, 68/666) than synthetic
38 mesh (0.7%, 1/147) and biological graft (6.0%, 35/581). There was insufficient information to
39 compare any of the other outcomes regardless of prolapse type.

40 **Conclusion** Evidence for most outcomes was too sparse to provide meaningful conclusions.
41 Rigorous long-term RCTs are required to determine the comparative efficacy of using
42 mesh/graft.

43 (Word count: 249 < 250 as required by the Journal)

44 **Keywords** Systematic review, pelvic organ prolapse, mesh, safety, efficacy

45 **Introduction**

46 Pelvic organ prolapse (POP)¹ is common and is seen in 50% of parous women.² POP affects a
47 woman's quality of life by its local physical effects (pressure, bulging, heaviness or
48 discomfort) or its effect on urinary, bowel or sexual function. POP can be classified
49 according to the compartment affected as: anterior vaginal wall prolapse (urethrocele,
50 cystocele); posterior vaginal wall prolapse (rectocele, enterocele); prolapse of the cervix or
51 uterus; and prolapse of the vaginal vault (which can only occur after prior hysterectomy). A
52 woman can present with prolapse of one or more of these sites. The present review focuses
53 on anterior and posterior vaginal wall prolapse.

54 Current treatment options for anterior and posterior vaginal wall prolapse include
55 pelvic floor muscle training (PFMT), use of pessaries (mechanical devices such as rings or
56 shelves), and surgery including anterior or posterior colporrhaphy and site-specific defect
57 repair. Surgery can be augmented with implantation of mesh or graft materials which were
58 first introduced in response to the high failure rate in both primary and secondary procedures:
59 about 30% of women need an operation for recurrent prolapse.³

60 Mesh or graft repair is theoretically suitable for any degree of symptomatic anterior
61 and/or posterior vaginal wall prolapse. In the UK, it has been most often used for women
62 with recurrent prolapse.⁴ The technique for inserting mesh or graft varies widely between
63 gynaecologists. It can be individually cut, positioned and sutured using the surgeon's
64 preferred technique over the fascial (a 'mesh inlay'), or the whole vagina can be surrounded
65 by mesh/graft using introducers or commercial available kits ('total mesh').

66 However, the efficacy and safety of mesh or graft to augment surgery for anterior or
67 posterior pelvic organ prolapse is uncertain⁵, especially the occurrence and impact of
68 mesh/graft erosion. The current study reports a rigorous systematic review of the evidence for
69 efficacy and safety issues arising from the use of mesh/graft materials.

70 There are numerous types of mesh and graft materials available, which vary according
71 to type of material, structure, and physical properties such as absorbability and pore size. In
72 the present review, the term ‘mesh’ was used for synthetic material and ‘graft’ was used for
73 biological material; and mesh/graft were classified into four groups: absorbable synthetic
74 mesh (e.g. polyglactin); biological graft (e.g. porcine dermis,); combined absorbable/non-
75 absorbable mesh/graft (termed ‘combined’ hereafter, e.g. polypropylene mesh coated with
76 absorbable porcine collagen); and non-absorbable synthetic mesh (e.g. polypropylene).

77 The aims of the present systematic review were to compare: (a) efficacy and safety
78 between procedures using mesh/graft and no mesh/graft, and (b) efficacy and safety between
79 different types of mesh/graft.

80 This report is based on a systematic review commissioned and funded by the National
81 Institute for Health and Clinical Excellence through its Interventional Procedures
82 Programme.⁶

83

84 **Methods**

85 *Search strategy*

86 Extensive highly sensitive electronic searches were conducted to identify reports (both full
87 text papers and conference abstracts) of published and ongoing studies on the safety and
88 efficacy of mesh/graft used in the repair of pelvic organ prolapse. Searches were restricted to
89 publications from 1980 onwards and to those published in the English language. Studies that
90 reported only procedures without mesh/graft were not identified. Experts in the field were
91 contacted and bibliographies of retrieved papers were scrutinised for additional reports.
92 Eleven manufacturers were identified and contacted for properties of mesh/graft produced and
93 for any studies related to mesh/graft. Full details of the search strategies used are available
94 from the authors.

95 The databases searched were: Medline (1980-June week 3 2007), Medline In-Process
96 (3rd July 2007), Embase (1980 – 2007 week 26), Biosis (1985- 5th July 2007), Science
97 Citation Index (1980 – 2nd July 2007), Cochrane Controlled Trials Register (The Cochrane
98 Library, Issue 2 2007), ISI Conference Proceedings (1990 – 27th June 2007) as well as current
99 research registers (National Research Register (Issue 2, 2007), Current Controlled Trials
100 (April 2007) and Clinical Trials (April 2007)). Additional databases searched for systematic
101 reviews and other background information included the Cochrane Database of Systematic
102 Reviews (The Cochrane Library, Issue 2, 2007), Database of Abstracts of Reviews of
103 Effectiveness (June 2007) and the HTA Database (June 2007). Conference proceedings of
104 major urogynaecological organisations (including American Urogynecologic Society,
105 American Urological Association, European Association of Urology, European Society of
106 Gynecological Endoscopy, Incontinence Society and International Urogynecological
107 Association) for 2005 onwards were scrutinised for additional reports of randomised
108 controlled trials (RCTs).

109

110 ***Inclusion and exclusion criteria***

111 To try to ensure that all of the relevant studies would be included, two reviewers (XJ & CG)
112 screened the first 200 titles/abstracts independently. Any discrepancies between the screening
113 results were discussed and consensus was reached. The main reviewer (XJ) then screened the
114 remaining titles/abstracts using the agreed criteria. In cases of doubt, consensus was reached
115 by discussing with the second reviewer (CG). Full text copies of all reports deemed to be
116 potentially relevant were obtained and assessed by the main reviewer for inclusion.

117 Full-text RCTs, RCTs published as conference abstract from 2005 onwards, non-
118 randomised comparative studies, registry reports, and case series using mesh/graft with at
119 least 50 women were sought. Case series/registries with a mean follow up of at least one year

120 were included for both efficacy and safety. Case series/registries with a mean follow up of
121 less than one year were included for safety outcomes only. One year was considered a
122 minimum adequate period of time in which to assess the efficacy of prolapse repair.

123 The participants were women undergoing anterior and/or posterior vaginal wall
124 prolapse surgery. Studies of women with prolapse caused by pelvic trauma, congenital
125 disease, or prolapse after creation of a neovagina were excluded. Women undergoing other
126 concomitant operations, such as hysterectomy or a continence procedure were considered
127 providing the main indication for surgery was anterior or posterior prolapse.

128 The interventions considered were anterior and/or posterior vaginal wall prolapse
129 repair with mesh/graft. There were no restrictions on type of mesh/graft or technique used.
130 For RCTs and non-randomised comparative studies, the comparators were another operation
131 technique using mesh/graft, or a type of surgery which did not involve mesh/graft.

132 Primary outcomes for efficacy included persistent prolapse symptoms (subjective
133 failure) and recurrent prolapse at original site (objective failure). For objective failure,
134 outcomes measured by different systems, such as Pelvic Organ Prolapse-Quantification
135 (POP-Q) system and Baden-Walker system, were combined. Secondary outcomes for
136 efficacy included new prolapse at other sites that were free of prolapse at baseline, need for
137 further surgery for prolapse (both recurrent and new), persistent urinary symptoms, persistent
138 bowel symptoms, and persistent dyspareunia. For persistent urinary symptoms, bowel
139 symptoms, and dyspareunia, only women having these symptoms at baseline were considered.

140 Safety outcomes included blood loss, damage to surrounding organs during the
141 operation, mesh/graft erosion, requirement for a further operation for mesh/graft erosion, new
142 urinary incontinence, new bowel symptoms, new dyspareunia, infection, and other potentially
143 serious adverse effects. For new urinary incontinence, bowel symptoms, and dyspareunia,

144 only women who were free of these symptoms at baseline were considered for these
145 outcomes.

146

147 *Data extraction and quality assessment*

148 Data extraction and methodological quality assessment for the RCTs was conducted by two
149 reviewers independently. The main reviewer extracted data and assessed the quality for the
150 remaining studies. Two separate quality assessment checklists were used according to study
151 design. Both checklists were developed by the Review Body for Interventional Procedures
152 (ReBIP; Health Services Research Units at the University of Aberdeen and Sheffield), an
153 independent review body that carries out systematic reviews for the Interventional Procedures
154 Programme of the National Institute for Health and Clinical Excellence (NICE). The
155 checklists were adapted from several sources.⁷⁻⁹

156

157 *Data analysis*

158 Data analysis was conducted for three subgroups of women according to the type of prolapse
159 being repaired: anterior vaginal wall prolapse, posterior vaginal wall prolapse, and anterior
160 and/or posterior vaginal wall repair (where the data were not reported separately).

161 A meta-analysis of RCTs, using Cochrane Collaboration Review Manager (RevMan
162 4.2) software, was conducted to directly compare the efficacy and safety of mesh/graft versus
163 no mesh/graft and between different types of mesh/graft.

164 Crude event rates (and 95% confidence intervals calculated by using binomial
165 distribution approximation) for each of the intervention categories were tabulated by
166 summing across studies for all outcomes, and also according to study design (RCT, non-
167 randomised comparative studies, case series/registries; data by study design not shown) to

168 facilitate qualitative assessment of potential heterogeneity of event rates across different study
169 designs.

170 In addition, Bayesian meta-analysis models were used to model the objective failure
171 rates for the different interventions for anterior repair. This was the only outcome with
172 sufficient data to generate a model. RCTs and non-randomised comparative studies were
173 included in the model. Case series were not included to avoid bias from the strong assumption
174 of the equivalence of studies implicit in the crude event rates.¹⁰ The specific type of model
175 used was a (Bayesian) binomial random effects model. Differences between interventions,
176 adjusted for study design, were assessed by the corresponding odds ratio and 95% credible
177 interval (CrI). CrIs are the Bayesian equivalent of confidence intervals. ‘Head to head’
178 indirect comparisons of the different mesh/graft types, adjusted for study design, was also
179 conducted and reported as odds ratios and 95% CrIs. WinBUGS software was used to
180 produce the models.¹¹

181 Pre-specified subgroup analysis by different mesh types within non-absorbable mesh,
182 i.e. Amid classification type I to IV,¹² was not conducted because most studies did not report
183 the type of mesh, resulting in insufficient data for subgroup analysis. Pre-specified subgroup
184 analysis by ‘total mesh’ (use of introducers/commercial available kits) and ‘mesh inlay’ was
185 not conducted due to the lack of data. Potential differences between primary repairs and
186 recurrent prolapse repairs were not assessed because only one study reported exclusively on
187 women having recurrent repairs, and the remainder did not report these subgroups separately.

188

189 **Results**

190 *Number, type and quality of included studies*

191 From the initial 1633 publications identified by the literature search, 49 studies (reported in
192 67 publications) were included, of which six were full-text RCTs,¹³⁻¹⁸ 11 were RCTs available

193 as conference abstracts,¹⁹⁻²⁹ seven were non-randomised comparative studies,³⁰⁻³⁶ one was a
194 prospective registry,³⁷ and 24 were case series with a minimum sample size of 50 women.³⁸⁻⁶¹
195 Six manufacturers provided data on mesh/graft properties and related studies, all of which had
196 already been identified by our searches. The screening process is summarised in Figure 1.
197 For the 17 RCTs, 14 compared mesh/graft with no mesh/graft, and three^{13,22,26} compared
198 different types of mesh/graft. Appendix 1 shows details of study design, methods,
199 participants, and interventions. Seven ongoing RCTs⁶²⁻⁶⁷ (Brandao: Personal communication,
200 A Griffin, Johnson & Johnson, Aug 2007) and one ongoing registry⁶⁸ were also identified.

201 The included studies took place during the period 1996 – 2007 and in 12 countries.
202 The median follow up was 13 months (range 1 to 51 months). In total, 4569 women were
203 treated with mesh or graft. In studies providing this information, the mean age was 64 years
204 (range 24 to 96 years). Seventy-two percent of repairs were primary procedures. The most
205 common use of mesh or graft was for anterior repair (54%, 2472/4569). Overall, just over
206 half of the studies used non-absorbable synthetic mesh (51%, 2320/4569) but for anterior
207 repair alone and for posterior repair alone, biological graft was the most common alternative
208 (46% (1124/2472) and 29% (121/417) respectively). The surgical techniques for implanting
209 mesh/graft varied considerably across studies. Fifty-six percent (1404/2497) of women had a
210 concomitant procedure for urinary incontinence and 37% (953/2583) had a hysterectomy.

211 The methodological quality was assessed for only the full text studies. For the six
212 RCTs, adequate approaches to sequence generation for randomisation were reported in all
213 studies except one;¹³ concealment of treatment allocation was adequate in all RCTs except
214 two;^{13,17} all follow-up periods were one year or more; all studies used intention-to-treat
215 analysis in that women were analysed in the groups to which they were randomised. For the
216 seven included non-randomised comparative studies, mean follow up was less than one year

217 in two studies.^{31,36} For the registry and case series, mean follow up was one year or more in
218 17 studies. The drop-out rates ranged from 0 to 30%.

219

220 *Anterior vaginal wall prolapse repair*

221 Thirty studies involving 2472 women provided data on the use of mesh/graft for anterior
222 repair (five full text RCTs,^{13-15,17,18} seven RCTs available as conference abstracts,^{19,20,22-25,29}
223 four non-randomised comparative studies,^{30,33-35} one registry,³⁷ and 13 case series<sup>38,44,46,49-52,55-
224 60</sup>). Four studies used absorbable synthetic mesh,^{13,17,18,59} 14 studies used biological graft,<sup>13-
225 15,22,24,25,30,33,35,50-52,57,60</sup> one study used combined mesh/graft,³⁸ and 14 studies used non-
226 absorbable synthetic mesh.^{19,20,22,23,29,33,34,37,44,46,49,55,56,58} The median follow-up time was 14
227 months (range 1 to 38 months). Two RCTs^{13,22} and one non-randomised comparative study³³
228 compared different types of mesh/graft and the others compared mesh/graft with no
229 mesh/graft.

230

231 *Efficacy*

232 There were too few data reported for most outcomes to draw reliable conclusions (Table 1).

233 However, in 10 RCTs involving 1148 women, there was some evidence that
234 mesh/graft (any type) was better than no mesh for preventing objectively determined
235 recurrence of anterior prolapse (77/557 vs. 179/591; RR 0.48, 95% CI 0.32 to 0.72, Figure 2).
236 When evidence from other study types was also considered, there was a trend in the crude
237 objective failure rates (Table 2) with procedures not using mesh/graft having the highest
238 failure rate (184/640, 29%, 95% CI 25 to 32%), followed by procedures with absorbable
239 synthetic mesh (63/273, 23%, 95% CI 19 to 28%), biological graft (186/1041, 18%, 95% CI 16
240 to 20%), and non-absorbable synthetic mesh (48/548, 9%, 95% CI 7 to 11%). Compared to

241 procedures not using mesh/graft, the numbers need to treat (NNT) were 17 for absorbable
242 synthetic mesh, 9 for biological graft, and 5 for non-absorbable synthetic mesh.

243 Bayesian meta-analysis based on the evidence from the 10 RCTs and five non-
244 randomised comparative studies showed that procedures without mesh/graft had significantly
245 higher objective failure rates than procedures with biological graft or non-absorbable
246 synthetic mesh. Comparisons between different types of mesh showed that non-absorbable
247 synthetic mesh had statistically significantly lower objective failure rates than absorbable
248 synthetic mesh (41/344 vs. 52/161; OR 0.23, 95% CrI 0.12 to 0.44) and biological graft
249 (41/344 vs. 120/555; OR 0.37, 95% CrI 0.23 to 0.59) (Table 2).

250 This trend appeared to be supported by the need for re-operation (for recurrent and
251 new prolapse) which was highest in women treated with absorbable synthetic mesh (9%
252 (16/174)), compared with 3% (9/280) for biological grafts and 1% (3/234) for non-absorbable
253 synthetic mesh (Table 1). However, counter-intuitively, the re-operation rate for women with
254 no mesh was lower (2% (2/85)); this estimate is based on one small study with short follow
255 up (one year) and as such should be interpreted with caution.

256

257 *Safety*

258 For anterior repair, there were too few data on safety outcomes to identify or rule out
259 important adverse effects related to the use of mesh/graft either because the studies were not
260 sufficiently large or the adverse effects were rare (Table 3).

261 There was some evidence to support the trends mentioned above (for objective failure
262 rates and re-operation rates). Mesh/graft erosion increased from 0.7% (1/147, 95% CI 0.1 to
263 3.8) for absorbable synthetic mesh to 6.0% (35/581, 95% CI 4.4% to 8.3%) for biological
264 graft, and to 10.2% (68/666, 95% CI 8.1 to 12.7%) for non-absorbable synthetic mesh.
265 Women with a non-absorbable synthetic mesh repair were also most likely to require an

266 operation to remove it partially or completely because of mesh/graft erosion (23/347, 6.6%,
267 95% CI 4.5 to 9.7) than for either absorbable synthetic mesh (1/35, 2.9%, 95% CI 0 to 3.3) or
268 for biological graft 2.6%, (4/154, 95% CI 1 to 6.5).

269

270 *Posterior vaginal wall prolapse repair*

271 Only nine studies involving 417 women treated with mesh/graft reported data on the use of
272 mesh/graft in posterior repair (two full-text RCTs,^{16,17} one RCT available as a conference
273 abstract,²⁶ two non-randomised comparative studies,^{31,32} one registry report,³⁷ and three case
274 series⁵³⁻⁵⁵). Three studies used absorbable synthetic mesh,^{17,26,32} three used biological
275 graft,^{16,31,53} two used combined mesh/graft,^{26,54} and two studies used non-absorbable synthetic
276 mesh.^{37,55} No RCTs or non-randomised comparative studies compared different types of
277 mesh/graft for posterior repair. The median follow up was 12 months (range 1 to 17 months).

278 There were too few data reported for any of the outcomes to draw reliable conclusions
279 or to carry out further statistical analyses (Table 4 and 5).

280

281 *Anterior and/or posterior vaginal wall prolapse repair*

282 Fourteen studies involving 1680 women treated with mesh/graft reported data on the use of
283 mesh/graft in anterior and/or posterior repair (three RCTs available as conference
284 abstracts,^{21,27,28} one non-randomised comparative study,³⁶ one registry report,³⁷ and nine case
285 series^{39-43,45,47,48,61}). One study used absorbable synthetic mesh,²¹ none of the studies used
286 biological graft, one study used a combined mesh/graft,⁴⁵ 10 studies used non-absorbable
287 synthetic mesh,^{27,28,37,40-43,47,48,61} and two studies used more than one of the above types of
288 mesh/graft.^{36,39} None of the RCTs or non-randomised comparative studies compared different
289 types of mesh or grafts. The median follow up was 13 months (range 1 to 51 months).

290 For objective failure, there was a trend in the crude events rates (Table 6) with
291 procedures not using mesh/graft having the highest failure rate (27/109, 25%, 95% CI 18 to
292 34%), followed by procedures with absorbable synthetic mesh (2/26, 8%, 95% CI 2 to 24%),
293 combined mesh/graft (11/143, 8%, 95% CI 4 to 13%), and non-absorbable synthetic mesh
294 (41/645, 6%, 95% CI 5 to 9%). Compared to procedures not using mesh/graft, the numbers
295 need to treat (NNT) were six for absorbable synthetic mesh, six for biological graft, and five
296 for non-absorbable synthetic mesh. There were too few data (only three RCTs) to conduct
297 Bayesian meta-analysis and too few data on any of the other outcomes to identify or rule out
298 important adverse effects related to the use of mesh/graft (Table 6 and 7).

299

300 **Discussion**

301 *Summary of the evidence*

302 In anterior vaginal wall prolapse repair, there was some short-term evidence suggesting that
303 mesh/graft (any type) could reduce objective prolapse recurrence rates compared with no
304 mesh/graft. In the comparison between different types of mesh/graft, non-absorbable
305 synthetic mesh had statistically significantly lower objective failure rates than absorbable
306 synthetic mesh and biological graft. However, there was no information about efficacy in the
307 longer term.

308 While there might be some evidence of differences in objective efficacy related to the
309 use of mesh, these must be considered alongside any safety concerns. There was some
310 evidence to suggest that mesh/graft may cause problems with erosion and a subsequent need
311 for operations to remove the foreign material. However, the numbers were too few to conduct
312 statistical analyses to compare the erosion rates between different types of mesh or graft.

313

314 *Methodology*

315 In the present review, RCTs, non-randomised comparative studies, and large case series
316 (sample size ≥ 50) were included. The results were considered generalisable as the majority
317 of studies recruited participants from routine practice without restriction on the severity of
318 prolapse or other patient characteristics.

319 As this review focused on the efficacy and safety of treatments involving mesh/graft,
320 studies reporting only procedures without mesh/graft were not systematically searched for.
321 Data on no-mesh/graft treatments came only from the control groups of RCTs and non-
322 randomised comparative studies only. Therefore the results for 'no-mesh/graft' were not
323 derived from a comprehensive literature search and should be interpreted with caution.
324 However, considering that there was insufficient evidence for most outcomes involving
325 procedures with mesh/graft, including studies reporting only procedures without mesh/graft
326 would increase the accuracy of the estimates for the 'no mesh/graft' group, but would not
327 impact on the mesh/graft comparisons or change the conclusions of the review.

328 Categorising some of the reported outcomes was problematic. For instance, cut-off
329 points used to determine objective failure rates varied between studies. All types of infections
330 such as urinary tract infection, wound infection and pelvic abscess were grouped together.

331 Apart from conducting meta-analysis of the RCTs in RevMan to compare the efficacy
332 and safety between different types of mesh/graft, crude event rates from the RCTs and non-
333 randomised comparative studies were calculated by treating each arm in effect as a case series.
334 The rate from each arm was then combined with those from other such 'case series' derived
335 from comparative studies and from case series reporting mesh/graft. This was considered an
336 alternative way to compare all of the available mesh/graft types. The analyses were adjusted
337 to account for bias from non-randomised comparative studies and case series, which are more
338 prone to systematic biases than RCTs.

339 It was impossible to determine whether safety and efficacy of mesh differs between
340 primary repair and recurrent prolapse repair. Of the 49 included studies, 12 reported a case
341 mix (72% primary and 28% secondary operations) in 1359 women but no study reported the
342 outcome data separately for the two groups. These data, however, suggest that many
343 gynaecologists are already using mesh in women for primary repair. Only one³¹ of the
344 included studies reported exclusively on women having recurrent repair (a small comparative
345 study of only 12 women in each of two arms).

346

347 *Efficacy*

348 One year was considered as an adequate minimum period of time to assess the efficacy of
349 prolapse repair. However, even one year outcomes are too early to judge whether prolapse
350 surgery is successful in the longer term. The mean time to first re-operation is reported in the
351 literature as 12 years,³ and therefore failure at one year should not be regarded as an adequate
352 representation of efficacy. Prospective studies would require extended follow up to assess
353 meaningful mesh/graft failure.

354 The conundrum in prolapse surgery is that objective prolapse recurrence is not
355 necessarily related to continuation of prolapse symptoms (subjective failure). It is increasingly
356 recognised that in prolapse surgery, subjective failure is a more appropriate outcome measure
357 of efficacy than objective failure. It is also recognised that criteria for measuring such
358 subjective prolapse outcomes are difficult to quantify and the most appropriate methods are
359 still being evaluated. In the present review, only a few studies reported data on subjective
360 prolapse symptoms and other genitourinary symptoms of importance to women (urinary,
361 bowel and sexual function).

362

363 *Safety*

364 The clinical importance of mesh/graft erosion was difficult to assess. The diagnosis was both
365 problematic as different authors used different definitions (mesh erosion, vaginal mesh
366 extrusion, minor mesh exposure), and its clinical impact controversial as some gynaecologists
367 operated on erosions^{15,18,33,34,40-49,54,61} whereas others treated erosions with debridement,
368 vaginal oestrogens, antiseptics or antibiotics.^{36,41,48,57,60}

369 One of the anecdotally cited contra-indications for the use of mesh is the likelihood of
370 dyspareunia. This outcome is more problematic to measure because some women are not
371 sexually active, but not all studies take this factor into account when reporting their sexual
372 function data. Secondly, some women may be sexually inactive because of their prolapse
373 surgery (especially when the outcome is measured within 6 months of operation). Thirdly,
374 many studies do not measure or report this outcome at all. Two outcomes were used in the
375 present review to make the best estimates: persistent dyspareunia in women having
376 dyspareunia at baseline (efficacy), and de novo dyspareunia in women without dyspareunia at
377 baseline (safety). However, few studies reported such data.

378 Some adverse effects occurred infrequently: in consequence their estimated event rates
379 may be prone to random error. Some of the safety outcomes, such as blood loss, may not be
380 due only to the repair of vaginal wall prolapse, but also to concomitant procedures such as
381 those for urinary incontinence or hysterectomy.

382 Although the numbers were not sufficient to perform meaningful sub-group analyses
383 by 'total mesh' (use of introducers/commercial available kits) and 'mesh inlay', the use of
384 blind introducers has given rise to some concern. These have only been used to date with
385 non-absorbable synthetic mesh. In total, there were 6/476 (1.3%) events of damage to
386 surrounding organs for anterior repair, 6/276 (2.2%) for posterior repair and 16/684 (2.3%)
387 for anterior and/or posterior repair, giving a total of 28/1436 (1.9%). Of the 28 events, half
388 were associated with an introducer kit.

389

390 **Conclusions and implications**

391 In general, the evidence for most efficacy and safety outcomes was too sparse to provide
392 meaningful conclusions about the use of mesh/graft in anterior and/or posterior vaginal wall
393 prolapse surgery.

394 Rigorous RCTs are required to determine the comparative efficacy of using mesh/graft
395 and its optimal place in clinical practice. The RCTs should primarily compare the subjective
396 failure rate in procedures using mesh/graft versus those without mesh/graft, and between
397 different types of mesh/graft; use validated patient-reported outcome measures; have
398 sufficient power to detect clinically meaningful differences in both efficacy and safety; and
399 have the capacity to assess outcomes in the long term (at least 5 years), including cost-
400 effectiveness.

401 In addition, prospective data collection should be considered in which the operative
402 and clinical details of women undergoing prolapse surgery with mesh/graft can be recorded so
403 that sufficient efficacy and safety data can be gathered to guide the use of mesh or grafts in
404 the future.

405

406 (Word count: 4088)

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412 and Coloplast Ltd. for providing properties of mesh/graft produced by the manufacturers and
413 published studies relating to mesh/graft; and Paul Moran for providing additional information
414 for a study identified from the National Research Register database.

415

416 **Disclosure of Interests**

417 CG and CB were authors on one conference abstract that was included in the review.

418

419 **Contribution to Authorship**

420 XJ screened the search results, contacted manufactures, assessed studies for inclusion,
421 undertook data abstraction and quality assessment, conducted meta-analysis, and drafted the
422 review. CG drafted the scope, determined outcome categories, provided advice on assessing
423 studies for inclusion, conducting meta-analysis, and on drafting of the review, drafted the
424 discussion, and commented on drafts of the review. GM commented on the scope of the
425 review, drafted letters for contacting mesh/graft manufacturers for additional information,
426 supervised the conduct of the review, and commented on drafts of the review. GMac
427 conducted the statistical analysis, drafted the data analysis section of the review, and
428 commented on drafts of the review. CF developed and ran the literature search strategies,
429 obtained papers, formatted the references, and drafted sections concerning search strategies
430 and search results. CB provided specialist advice on classification of prolapse and mesh/graft

431 types, and commented on drafts of the review. JB supervised the conduct of the review, and
432 commented on drafts of the review.

433

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647 **Table/Figure Caption List**

648 **Table 1** Efficacy of anterior repair, summary of crude event rates (95% CI, any study
649 design), by type of mesh/graft

650 **Table 2** Bayesian meta-analysis models, anterior repair: objective failure (recurrent
651 prolapse at original site)

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661 CI, any study design), by type of mesh/graft

662

663 **Figure 1** Flow diagram for screening process.

664 **Figure 2** Anterior repair, efficacy, objective failure, mesh or graft versus procedures
665 without mesh/graft: evidence from RCTs

666

667 **Supplementary materials (online)**

668 **Appendix S1** Details of the included studies

669 **Appendix S2** Checklist of quality assessment of randomised controlled trials

670 **Appendix S3** Checklist of quality assessment of non-randomised studies

671

672 **Table 1** Efficacy of anterior repair, summary of crude event rates (95% CI, any study design), by type
 673 of mesh/graft

	No mesh	Absorbable synthetic mesh	Biological graft	Non-absorbable synthetic mesh
Subjective failure	19/179 (10.6%, 6.9 - 16.0)	5/112 (4.5%, 1.9 - 10.0)	36/486 (7.4%, 5.4 - 10.1)	1/55 (1.8%, 0 - 6.5)
Objective failure	184/640 (28.8%, 25.4 - 32.4)	63/273 (23.1%, 18.5 - 28.4)	186/1041 (17.9%, 15.7 - 20.3)	48/548 (8.8%, 6.7 - 11.4)
De novo prolapse	-	-	8/58 (13.8%, 7.2 - 24.9)	8/45 (17.8%, 9.3 - 31.3)
Further operation needed*	2/85 (2.4%, 0.6 - 8.2)	16/174 (9.2%, 5.7 - 14.4)	9/280 (3.2%, 1.7 - 6.0)	3/234 (1.3%, 0.4 - 3.7)
Persistent urinary symptoms	9/10 (90.0%, 59.6 - 98.2)	5/49 (10.2%, 4.4 - 21.8)	13/14 (92.9%, 68.5 - 98.7)	17/44 (38.6%, 25.8 - 53.4)
Persistent bowel symptoms	-	-	-	-
Persistent dyspareunia	-	-	-	-

674 * surgery for prolapse (recurrent or de novo)

675 - No studies reported this outcome

676 **Table 2** Bayesian meta-analysis models (above)^a and indirect comparison (below)^a,
 677 anterior repair: objective failure (recurrent prolapse at original site)

678

Categories	n ^b	N ^b	OR (adjusted for study design)	95% CrI ^c
No mesh/graft	184	640	Reference technique	-
Absorbable synthetic mesh	52	161	0.82	0.50 to 1.32
Absorbable biological graft	120	555	0.51*	0.36 to 0.72
Non-absorbable synthetic mesh	41	344	0.19*	0.12 to 0.30

679

680

Comparisons	OR	95% CrI ^c
Absorbable biological graft <i>versus</i> absorbable synthetic mesh	0.64	0.36 to 1.06
Non-absorbable synthetic mesh <i>versus</i> absorbable synthetic mesh	0.23*	0.12 to 0.44
Non-absorbable synthetic mesh <i>versus</i> absorbable biological graft	0.37*	0.23 to 0.59

681

682

683 *Statistically significant

684 ^aBased on RCTs and non-randomised comparative studies only;

685 ^bn = cumulative number of patients experiencing the event, N = cumulative number of patients
 686 analysed by the studies.

687 ^cCrI. Credible interval with 95% probability of containing the true OR

688 **Table 3** Safety of anterior repair, summary of crude event rates (95% CI, any study design), by
689 type of mesh/graft

	No mesh	Absorbable synthetic mesh	Biological graft	Non-absorbable synthetic mesh
Blood transfusion	1/88 (1.1%, 0.2 - 6.2)	0/147 (0%, 0 - 2.5)	3/198 (1.5%, 0.5 - 4.4)	4/161 (2.5%, 1.0 - 6.2)
Damage to surrounding organs	0/19 (0%, 0 - 16.8)	0/112 (0%, 0 - 3.3)	0/94 (0%, 0 - 3.9)	6/251 (2.4%, 1.1 - 5.1)
Mesh/graft erosion	Not applicable	1/147 (0.7%, 0.1 - 3.8)	35/581 (6.0%, 4.4 - 8.3)	68/666 (10.2%, 8.1 - 12.7)
Operation for mesh/graft erosion	Not applicable	1/35 (2.9%, 0 - 3.3)	4/154 (2.6%, 1.0 - 6.5)	23/347 (6.6%, 4.5 - 9.7)
De novo urinary symptoms	-	0/63 (0%, 0 - 5.7)	3/42 (7.1%, 2.5 - 19.0)	3/44 (6.8%, 2.3 - 18.2)
De novo bowel symptoms	-	-	-	-
De novo dyspareunia	-	-	-	4/11 (36.4%, 15.2 - 64.6)
Infection	4/142 (2.8%, 1.1 - 7.0)	0/112 (0%, 0 - 3.3)	5/477 (1.0%, 0.4 - 2.4)	11/558 (2.0%, 1.1 - 3.5)
Other serious adverse effects	1/93 (1.1%, 0.2 - 5.8)	0/35 (0%, 0 - 9.9)	2/212 (0.9%, 0.3 - 3.4)	4/248 (1.6%, 0.6 - 4.1)

690
691 - No studies reported this outcome

692 **Table 4** Efficacy of posterior repair, summary of crude event rates (95% CI, any study design), by type
 693 of mesh/graft

	No mesh	Absorbable synthetic mesh	Biological graft	Combined mesh/graft	Non-absorbable synthetic mesh
Subjective failure	9/60 (15.0%, 8.1 to 26.1)	-	9/78 (11.5%, 6.2 - 20.5)	-	-
Objective failure	18/142 (12.7%, 8.2 - 19.1)	6/70 (8.6%, 4.0 - 17.5)	19/93 (20.4%, 13.5 - 29.7)	-	2/31 (6.5%, 1.8 - 20.7)
De novo prolapse	-	-	-	-	-
Further operation needed*	3/70 (4.3%, 1.5 - 11.9)	-	2/29 (6.9%, 1.9 - 6.9)	-	-
Persistent urinary symptoms	-	-	-	-	-
Persistent bowel symptoms	19/58 (32.8%, 22.1 - 45.6)	-	14/82 (17.1%, 10.5 - 26.6)	5/43 (11.6%, 5.2 - 24.6)	-
Persistent dyspareunia	-	-	5/14 (35.7%, 16.3 - 61.2)	-	-

694 * surgery for prolapse (recurrent or de novo)

695 - No studies reported this outcome

696

697 **Table 5** Safety of posterior repair, summary of crude event rates (95% CI, any study design), by type of
698 mesh/graft

	No mesh	Absorbable synthetic mesh	Biological graft	Combined mesh/graft	Non-absorbable synthetic mesh
Blood transfusion	3/79 (3.8%, 1.3 to 10.6)	0/5 (0%, 0 to 43.4)	1/31 (3.2%, 0.6 to 16.2)	0/90 (0%, 0 to 4.1)	1/71 (1.4%, 0.2 to 7.6)
Damage to surrounding organs	2/79 (2.5%, 0.7 to 8.8)	0/5 (0%, 0 to 43.4)	1/31 (3.2%, 0.6 to 16.2)	0/90 (0%, 0 to 4.1)	3/71 (4.2%, 1.4 to 11.7)
Mesh/graft erosion	Not applicable	-	0/28 (0%, 0 to 12.1)	16/115 (13.9%, 8.7 to 12.1)	2/31 (6.5%, 1.8 to 20.7)
Operation for mesh/graft erosion	Not applicable	-	-	11/90 (12.2%, 7.0 to 20.6)	-
De novo urinary symptoms	-	-	-	-	-
De novo bowel symptoms	-	-	-	2/45 (4.4%, 1.2 to 14.8)	1/29 (3.4%, 0.6 to 17.2)
De novo dyspareunia	-	4/25 (16.0%, 6.4 to 34.7)	-	2/36 (5.6%, 1.5 to 18.1)	-
Infection	13/94 (13.8%, 8.3 to 22.2)	0/5 (0%, 0 to 43.4)	7/48 (14.6%, 7.2 to 27.2)	-	4/106 (3.8%, 1.5 to 9.3)
Other serious adverse effects	-	-	-	-	-

699
700 - No studies reported this outcome

701 **Table 6** Efficacy of anterior and/or posterior repair, summary of crude event rates (95% CI,
 702 any study design), by type of mesh/graft

	No mesh	Absorbable synthetic mesh	Combined mesh/graft	Non-absorbable synthetic mesh
Subjective failure	14/34 (41.2%, 26.4 - 57.8)	14/32 (43.8%, 28.2 - 60.7)	-	0/148 (0%, 0 - 2.5)
Objective failure	27/109 (24.8%, 17.6 - 33.6)	2/26 (7.7%, 2.1 - 24.1)	11/143 (7.7%, 4.3 - 13.2)	41/645 (6.4%, 4.7 - 8.5)
De novo prolapse	-	-	-	-
Further operation needed*	-	-	-	7/161 (4.3%, 2.1 - 8.7)
Persistent urinary symptoms	-	-	-	46/203 (22.7%, 17.4 - 28.9)
Persistent bowel symptoms	-	-	-	1/21 (4.8%, 0.8 - 22.7)
Persistent dyspareunia	-	-	1/10 (10.0%, 1.8 - 40.4)	-

703 * surgery for prolapse (recurrent or de novo)

704

705 - No studies reported this outcome

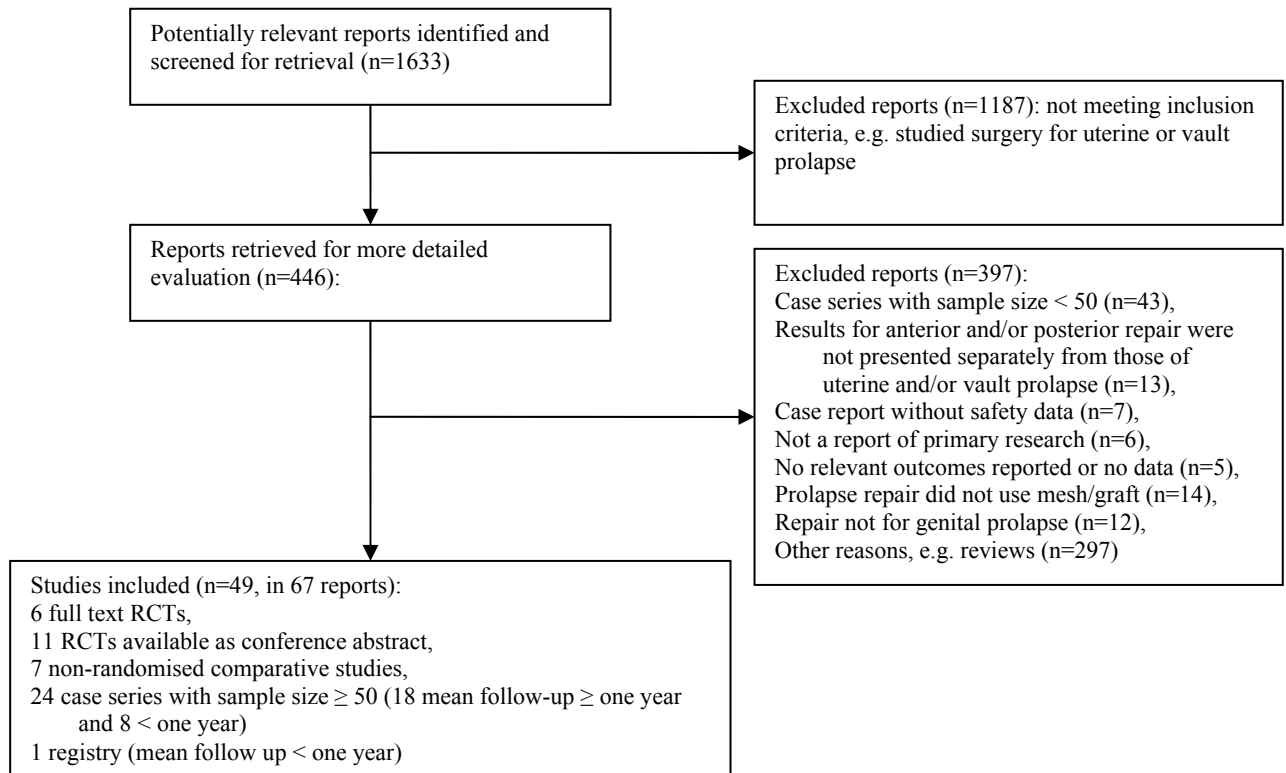
706

707 **Table 7** Safety of anterior and/or posterior repair, summary of crude event rates (95% CI, any study design), by
 708 type of mesh/graft

	No mesh	Combined mesh/graft	Non-absorbable synthetic mesh
Blood transfusion	1/35 (2.9%, 0.5 - 14.5)	-	11/810 (1.4%, 0.8 - 2.4)
Damage to surrounding organs	-	4/143 (2.8%, 1.1 - 7.0)	12/541 (2.2%, 1.3 - 3.8)
Mesh/graft erosion	Not applicable	9/143 (6.3%, 3.3 - 11.5)	62/1119 (5.5%, 4.3 - 7.0)
Operation for mesh/graft erosion	Not applicable	6/143 (4.2%, 1.9 - 8.9)	45/1098 (4.1%, 3.1 - 5.4)
De novo urinary symptoms	-	-	34/355 (9.5%, 6.9 - 13.1)
De novo bowel symptoms	-	-	1/47 (2.1%, 0.4 - 11.1)
De novo dyspareunia	-	10/78 (12.8%, 7.1 - 22.0)	3/42 (7.1%, 2.5 - 19.0)
Infection	-	-	33/661 (5.0%, 3.6 - 6.9)
Other serious adverse effects	-	-	3/278 (1.1%, 0.4 - 3.1)

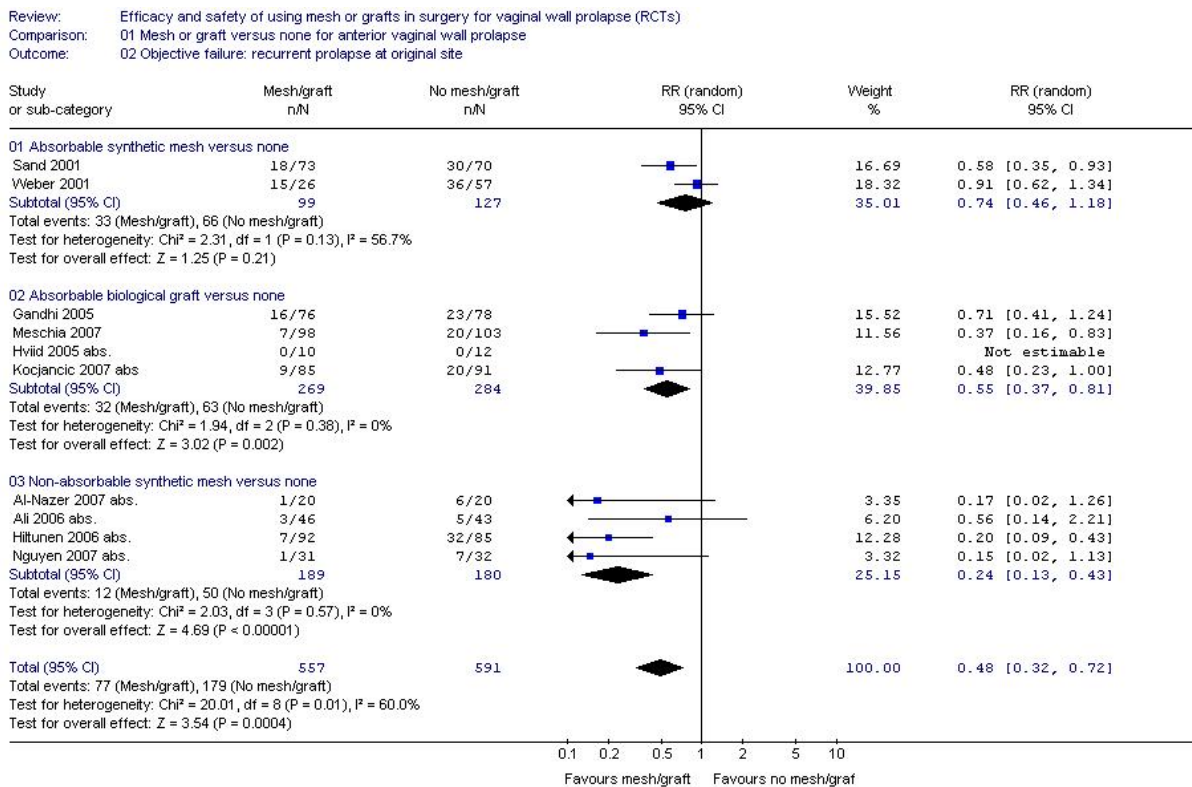
709
 710 - No studies reported this outcome
 711
 712

713 **Figure 1** Flow diagram for screening process.
714



715

716 **Figure 2**



717

718 **Appendix S1 (online)** Details of the included studies

ID	N	Age, y, median (range) or mean (range)	Primary/secondary repair, n	Mesh/graft	Anterior repair only/posterior only/both, n	Concomitant operation	Follow-up, median (range) or mean (SD)	Outcomes reported
Anterior vaginal wall prolapse repair								
RCT								
De Ridder 2002 ¹³	A, 65 B, 69	A, 70 (24-86) B, 70 (36-83)	NR	A, absorbable biological graft (porcine dermis) B, absorbable synthetic graft (polyglactin)	A, 55/0/10 B, 56/0/13	Hysterectomy: A, 38/65; B 41/69	A, 25m (5) B, 26m (6)	Efficacy
Gandhi 2005 ¹⁴	A, 76 B, 78	A, 65 (12) B, 66 (12)	NR	A, absorbable biological graft (cadaveric fascia lata) B, no mesh	A, 1/0/75 B, 5/0/73	Incontinence: A, 51/76; B, 43/78 Hysterectomy: A, 37/76; B, 37/78	13m (1 – 50)	Efficacy
Meschia 2007 ¹⁵	A, 98 B, 103	A, 65 (8) B, 65 (9)	A 100/0 B, 106/0	A, absorbable biological graft (porcine dermis) B, no mesh	A, 33/0/67 B, 39/0/67	Incontinence: A, 4/100; B 3/106 Hysterectomy: A+B, 188/206	1y	Safety Efficacy
Sand 2001 ¹⁷	A, 73 B, 70	A, mean 65 B, mean 63	A, 55/18 B, 49/21	A, absorbable synthetic mesh (polyglactin) B, no mesh	A, 8/0/65 B, 3/0/67	Incontinence: A, 58/73; B, 52/70 Hysterectomy: A, 36/73; B 39/70	1y	Safety Efficacy
Weber 2001 ¹⁸	A, 35 B, 39 C, 35	A, 66 (11) B, 66 (11) C, 62 (13)	NR	A, absorbable synthetic mesh (polyglactin) B, no mesh C, no mesh	NR	NR	23m (5 – 44)	Safety Efficacy
RCT (abs.)								
Al-Nazer 2007 ¹⁹	A, 20 B, 20	NR	NR	A, non-absorbable synthetic mesh (polypropylene, Gynemesh PS) B, no mesh	NR	NR	1y	Efficacy
Ali 2006 ²⁰	A, 54 B, 54	NR	NR	A, non-absorbable synthetic mesh (polypropylene, Gynemesh PS) B, no mesh	NR	NR	6m	Safety Efficacy
Cervigni 2007 ²²	A, 93 B, 87	A+B, mean 64	NR	A, non-absorbable synthetic mesh (polypropylene, Gynemesh) B, absorbable biological graft (human dermis)	NR	NR	6 – 28m	Safety Efficacy

ID	N	Age, y, median (range) or mean (range)	Primary/secondary repair, n	Mesh/graft	Anterior repair only/posterior only/both, n	Concomitant operation	Follow-up, median (range) or mean (SD)	Outcomes reported
Hiltunen 2006 ²³	A, 105 B, 97	NR	NR	A, non-absorbable synthetic mesh (polypropylene, Parietene light) B, no mesh	NR	NR	1y	Safety Efficacy
Hviid 2005 ²⁴	A, 19 B, 20	A+B, 59 (40-84)	NR	A, absorbable biological graft (porcine dermis) B, no mesh	NR	NR	3m	Safety Efficacy
Kocjancic 2007 ²⁵	A, 85 B, 91	NR	NR	A, absorbable biological graft (porcine dermis) B, no mesh	NR	NR	2y	Safety Efficacy
Nguyen 2007 ²⁹	A, 31 B, 32	NR	NR	A, non-absorbable synthetic mesh (polypropylene, Perigee) B, no mesh	NR	NR	6m	Safety Efficacy
<i>Non-randomised comparative studies</i>								
Chaliha 2006 ³⁰	A, 14 B, 14	A, 70 (51-86) B, 60 (47-79)	A, 12/2 B, 12/2	A, absorbable biological graft (small intestine submucosa) B, no mesh	A, 14/0/0 B, 14/0/0	Incontinence: A, 0/14; B, 0/14	2y	Safety Efficacy
Handel 2007 ³³	A, 56 B, 25 C, 18	NR	A, 36/20 B, 24/1 C 17/1	A, absorbable biological graft (porcine dermis) B, non-absorbable synthetic mesh (polypropylene, not reported trade name) C, no mesh	A, 18/0/38 B, 7/0/18 C, 6/0/12	Incontinence: A 48/56; B, 20/25; C 9/18 Hysterectomy: A 46/56; B, 25/25; C, 18/18	All, 14m (2 – 46) A, mean 17m B, mean 13m C, mean 9m	Safety Efficacy
Julian 1996 ³⁴	A, 12 B, 12	A, 63 (37-82) B, 66 (46-78)	A, 0/12 B, 0/12	A, non-absorbable synthetic mesh (polypropylene, Marlex) B, no mesh	NR	NR	2y	Safety Efficacy
Leboeuf 2004 ³⁵	A, 24 B, 19	A+B, 65 (33-91)	NR	A, absorbable biological graft (porcine dermis) B, no mesh	A+B, 8/0/35	NR	Mean 15m	Safety Efficacy
<i>Registry</i>								
Altman 2007 ³⁷	106	68 (10)	18/88	Non-absorbable synthetic mesh (polypropylene, Prolift)	106/0/0	NR	Registered in a 6m period	Safety
<i>Case series</i>								
Cronje 2006 ³⁸	50	65	NR	Combined mesh/graft (polypropylene and polyglactine)	NR	NR	12m (1-50)	Safety Efficacy
De Tayrac 2006 ⁴⁴	55	63 (11)	59/4	non-absorbable synthetic mesh (polypropylene, Gynemesh)	45/0/10	Incontinence: 22/63 Hysterectomy: 52/63	37 (10)	Safety Efficacy

ID	N	Age, y, median (range) or mean (range)	Primary/secondary repair, n	Mesh/graft	Anterior repair only/posterior only/both, n	Concomitant operation	Follow-up, median (range) or mean (SD)	Outcomes reported
Deffieux 2007 ⁴⁶	138	62 (30-83)	NR	Non-absorbable synthetic mesh (polypropylene, Gynemesh, 49 Gynemesh-Soft)	118/0/20	Incontinence: 87/138 Hysterectomy: 103/138	6m	Safety
Flood 1998 ⁴⁹	142	65 (37-87)	120/22	Non-absorbable synthetic mesh (polypropylene, Marlex)	NR	Hysterectomy: 94/142	3.2y (6w – 12y)	Safety Efficacy
Frederick 2005 ⁵⁰	251	66 (31-90)	226/25	Absorbable biological graft (solvent dehydrated fascia lata)	158/0/90	Incontinence: 251/251 Hysterectomy: 28/248	22m (6 – 61)	Safety Efficacy
Gomelsky 2004 ⁵¹	70	NR	NR	Absorbable biological graft (porcine dermis)	NR	Incontinence: 65/70	24m (12 – NR)	Safety Efficacy
Kobashi 2002 ⁵²	132	62 (35-90)	NR	Absorbable biological graft (solvent dehydrated fascia lata)	NR	NR	12m (6-28)	Safety Efficacy
Milani 2005 ⁵⁵	32	63 (49-82)	NR	Non-absorbable synthetic mesh (polypropylene, Prolene)	32/0/0	NR	17m (3 – 48)	Safety Efficacy
Petros 2006 ⁵⁶	98	65 (40-86)	42/48	Non-absorbable synthetic mesh (NR materia, multifilament, Tissue Fixation System)	NR	NR	8m (3 – 15)	Safety
Powell 2004 ⁵⁷	58	NR	NR	Absorbable biological graft (donor or autologous fascia lata)	A, 17/0/22 B, 11/0/8	Incontinence: 41/58 Hysterectomy: 14/58	25m (12 – 57)	Safety Efficacy
Rodriguez 2005 ⁵⁸	98	65 (40-86)	NR	Non-absorbable synthetic mesh (soft polypropylene, NR trade name)	6/0/92	Incontinence: 98/98	Assume 3m	Safety
Safir 1999 ⁵⁹	112	65 (35-96)	70/60	Absorbable synthetic mesh (polyglacolic acid)	31/0/81	Hysterectomy: 22/112	21m (6 – 42)	Safety Efficacy
Simsiman 2006 ⁶⁰	89	60 (26-82)	NR	Absorbable biological graft (porcine dermis)	NR	Incontinence: 41/89 Hysterectomy: 48/89	24m (6 – 44)	Safety Efficacy
Posterior vaginal wall prolapse repair								
RCT								
Paraiso 2006 ¹⁶	A, 31 B, 37 C, 37	A, 60 (11) B, 61 (12) C, 62 (9)	NR	A, absorbable biological graft (porcine dermis) B, no mesh C, no mesh	A, 0/12/19 B, 0/17/20 C, 0/11/26	Continenence: A, 15/31; B, 17/37; C, 17/37 Hysterectomy: A, 13/31; B, 12/37; C 14/37	16m (4 – 34)	Safety Efficacy

ID	N	Age, y, median (range) or mean (range)	Primary/secondary repair, n	Mesh/graft	Anterior repair only/posterior only/both, n	Concomitant operation	Follow-up, median (range) or mean (SD)	Outcomes reported
Sand 2001 ¹⁷	A, 65 B, 67	NR	NR	A, absorbable synthetic mesh (polyglactin) B, no mesh	A, 0/0/65 B, 0/0/67	NR	1y	Safety Efficacy
RCT (abs.)								
Lim 2006 ²⁶	A, 25 B, 9 C, 31	A, 58 (10) B, 67 (9) C, 55 (13)	NR	A, semi absorbable mesh/graft (polypropylene-polyglactin) B, absorbable synthetic mesh (polyglactin) C, no mesh	NR	NR	A, 14m (9) B, 12 (12) C, 12 (10)	Safety Efficacy
Non-randomised comparative studies								
Altman 2004 ³¹	A, 17 B, 15	A, 60 (42-75) B, 59 (43-68)	NR	A, absorbable biological graft (porcine dermis) B, no mesh	A, 0/16/1 B, 0/8/3	Hysterectomy: A, 2/17; B 2/15	6m	Safety Efficacy
Castelo-Branco 1998 ³²	A, 5 B, 5	A, 57 (7) B, 56 (8)	NR	A, absorbable synthetic mesh (polyglacolic acid) B, no mesh	A, 0/3/2 B, 0/1/4	Incontinence: A, 1/5; B, 1/5 Hysterectomy: A, 1/5; B, 3/5	1y	
Registry								
Altman 2007 ³⁷	71	68 (10)	48/23	Non-absorbable synthetic mesh (polypropylene, Prolift)	0/71/0	NR	Registered in a 6m period	Safety
Case-series								
Kobashi 2005 ⁵³	73	31-86	NR	Absorbable biological graft (solvent-dried fascia lata)	NR	NR	14m (6 – 23)	Safety Efficacy
Lim 2005 ⁵⁴	90	59 (31-85)	NR	Combined mesh/graft (polypropylene-polyglactin)	0/75/15	Incontinence: 69/90	6m	Safety
Milani 2005 ⁵⁵	31	63 (50-80)	NR	Non-absorbable synthetic mesh (polypropylene, Prolene)	0/31/0	NR	17m (3 – 48)	Safety Efficacy

ID	N	Age, y, median (range) or mean (range)	Primary/secondary repair, n	Mesh/graft	Anterior repair only/posterior only/both, n	Concomitant operation	Follow-up, median (range) or mean (SD)	Outcomes reported
Anterior and/or posterior vaginal wall prolapse repair								
<i>RCT (abs.)</i>								
Allahdin 2006 ²¹	A, 32 B, 34	NR	NR	A, Absorbable synthetic mesh (polyglactin) B, no mesh	NR	Hysterectomy: A+B, 14/66	6m	Efficacy
Lim 2007 ²⁷	A, 62 B, 60	NR	NR	A, non-absorbable synthetic mesh (polypropylene, Gynemsh PS) B, no mesh	NR	NR	1y	Safety Efficacy
Meschia 2007 ²⁸	A, 36 B, 35	NR	A, 36/0 B, 35/0	A, total mesh: non-absorbable synthetic mesh (Perigee-Apogee system) B, no mesh	NR	NR	3m	Safety Efficacy
<i>Non-randomised comparative studies</i>								
Vakili 2005 ³⁶	A, 98 B, 214	A, mean 65 B, mean 61	NR	A, absorbable biological graft or non-absorbable synthetic mesh (≥ 1 type) B, no mesh	A, 74/22/0 B, NR	Incontinence: A, 66/98; B, 142/214 Hysterectomy: A, 7/98; B, 23/214	9m (3 – 67)	Safety Efficacy
<i>Registry</i>								
Altman 2007 ³⁷	71	NR	52/29	Non-absorbable synthetic mesh (polypropylene, Prolift, 51 had total mesh)	0/0/71	NR	Registered in a 6m period	Safety
<i>Case series</i>								
Achtari 2005 ³⁹	198	63 (11.6)	NR	Non-absorbable synthetic mesh (Polypropylene, Atrium, total mesh) or combined mesh (polypropylene and polyglactin)	90/76/32	Incontinence: 67/198 Hysterectomy: 13/198	6w-6m	safety
Amrute 2007 ⁴⁰	76	69 (11)	NR	Non-absorbable synthetic mesh (polypropylene, BioArc device, total mesh)	0/0/76	Hysterectomy: 36/76	31m (2)	Safety Efficacy
Collinet 2006 ⁴¹	277	64 (37-81)	NR	Non-absorbable synthetic mesh (polypropylene, Prolene Soft, 108 Prolene)	169 63/46/166	Incontinence: 136/277 Hysterectomy: 164/277	2m	Safety

ID	N	Age, y, median (range) or mean (range)	Primary/secondary repair, n	Mesh/graft	Anterior repair only/posterior only/both, n	Concomitant operation	Follow-up, median (range) or mean (SD)	Outcomes reported
Cosson 2002 ⁴²	83	47 (28-66)	NR	Non-absorbable synthetic mesh (polypropylene, Mersilene, total mesh)	0/0/83	Incontinence: 74/83 Hysterectomy: 60/83	Mean 343d	Safety
Costantini 2005 ⁴³	72	61 (12)	NR	Non-absorbable synthetic mesh (polypropylene, Marlex, total mesh)	0/0/72	Incontinence: 58/72 Hysterectomy: 38/72	51m (12 – 115)	Safety Efficacy
De Tayrac 2007 ⁴⁵	143	63 (37-91)	NR	Combined mesh/graft (polypropylene covered with atelocollagen)	67/11/65	NR	13m (10-19)	Safety Efficacy
Dwyer 2004 ⁴⁷	97	61 (30-86)	NR	Non-absorbable synthetic mesh (polypropylene, Atrium, some women had total mesh)	47/33/17	Incontinence: 24/97 Hysterectomy: 10/97	29m (6-52)	Safety Efficacy
Fatton 2007 ⁴⁸	110	63 (29-90)	88/22	Non-absorbable synthetic mesh (polypropylene, Prolene Soft, some women had total mesh)	22/29/59	Incontinence: 45/110 Hysterectomy: 15/110	25w (12-42)	Safety Efficacy
Rozet 2004 ⁶¹	325	63 (35-78)	NR	Non-absorbable synthetic mesh (polyester covered silicone, total mesh)	0/0/325	Incontinence: 163/325 Hysterectomy: 15/325	15m (6m-5y)	Safety

719

720 **APPENDIX 2 Checklist of quality assessment of randomised controlled trials**

721

Criteria	Yes	No	Unclear	Comment
1. Was the assignment to the treatment groups really random?				
2. Was the treatment allocation concealed from those responsible for entering patients into trials, i.e. not knowing upcoming assignments in advance?				
3. Were the groups similar at baseline in terms of prognostic factors, e.g. age, duration of disease, disease severity? ¹				
4. Were the eligibility criteria specified?				
5. Was the intervention (and comparison) clearly defined?				
6. Were the groups treated in the same way apart from the intervention received?				
7. Was there a follow-up period ≥ 1 year?				
8. Was the outcome assessor blinded to the treatment allocation?				
9. If patient blind is possible, were the patients blinded? ²				
10. If having primary outcome measures as continuous data, were the point estimates and measures of variability presented? ³				
11. Were the withdrawals/drop-outs having similar characteristics as those completed the study and therefore unlikely to cause bias? ⁴				
12. Did the analyses include all women according to randomised groups, i.e. intention-to-treat analysis? ⁵				
13. Was the operation undertaken by somebody experienced in performing the procedure? ⁶				

722

723 **Note:**

724

725 1. 'Yes' if two or more than two factors were similar.

726 2. If patient blinding is impossible, note 'impossible' in comment area and leave other
727 cells blank.

728 3. If having no primary outcome measures as continuous data, note 'no continuous
729 data' in comment area and leave other cells blank.

- 730 4. 'Yes' if no withdrawal/drop out; 'No' if drop-out rate $\geq 30\%$ or differential drop-out.
731 5. 'Yes' if no withdrawals/drop out after enroll
732 6. 'Yes' if the practitioner received training on conducting the procedure before or
733 conducted same kind of procedure before, i.e. no learning curve.

734
735

APPENDIX 3 Checklist of quality assessment of non-randomised studies

Criteria	Yes	No	Unclear	Comments
1. Were participants a representative sample selected from a relevant patient population, e.g. randomly selected from those seeking for treatment despite of age, duration of disease, primary or secondary disease, and severity of disease?				
2. Were the inclusion/exclusion criteria of participants clearly described?				
3. Were participants entering the study at a similar point in their disease progression, i.e. severity of disease?				
4. Was selection of patients consecutive?				
5. Was data collection undertaken prospectively?				
6. <i>Were the groups comparable on demographic characteristics and clinical features?</i>				
7. Was the intervention (and comparison) clearly defined?				
8. Was the intervention undertaken by someone experienced at performing the procedure? ¹				
9. Were the staff, place, and facilities where the patients were treated appropriate for performing the procedure? (E.g. access to back-up facilities in hospital or special clinic)				
10. Were all the important outcomes considered?				
11. Were objective (valid and reliable) outcome measures used, including satisfaction scale?				
12. <i>Was the assessment of main outcomes blind?</i>				
13. Was follow-up long enough (≥ 1 y) to detect important effects on outcomes of interest?				
14. Was information provided on non-respondents, dropouts? ²				
15. Were the withdrawals/drop-outs having similar characteristics as those completed the study and therefore unlikely to cause bias? ³				

16. Was length of follow-up similar between comparison groups				
17. Were all the important prognostic factors identified, e.g. age, duration of disease, disease severity? ⁴				
18. Were the analyses adjusted for confounding factors?				

736 The same form was adapted to assess the quality of case series after taking out
737 question 6, 12, 16 and 18.

738

739 **Note:**

740 1. 'Yes' if the practitioner received training on conducting the procedure before or
741 conducted same kind of procedure before, i.e. no learning curve.

742 2. 'No' if participants were from those whose follow up records were available
743 (retrospective)

744 3. 'Yes' if no withdrawal/drop out; 'No' if drop-out rate $\geq 30\%$ or differential drop-out,
745 e.g. those having most severe disease died during follow up but the death was not
746 due to treatment; no description of those lost.

747 4. 'Yes' if two or more than two factors were similar.

748

749