

1 A novel semi-automated classifier of hip osteoarthritis on DXA images shows expected
2 relationships with clinical outcomes in UK Biobank

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23 pain

24

25 Key messages:

26 1) Radiographic hip osteoarthritis (rHOA) can be classified semi-automatically on DXA
27 scans

28 2) rHOA classified in this way showed expected relationships with clinical outcomes
29 related to hip OA

30 3) DXAs provide a potential means to screen for rHOA and risk of related clinical
31 outcomes

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35 Objective

36 Conventional scoring methods for radiographic hip osteoarthritis (rHOA) are subjective and
37 show inconsistent relationships with clinical outcomes. To provide a more objective rHOA
38 scoring method, we aimed to develop a semi-automated classifier based on dual-energy X-ray
39 absorptiometry (DXA) images, and confirm its relationships with clinical outcomes.

40

41 Methods

42 Hip DXAs in UK Biobank (UKB) were marked up for osteophyte area from which acetabular,
43 superior and inferior femoral head osteophyte grades were derived. Joint space narrowing
44 (JSN) grade was obtained automatically from minimum joint space width (mJSW) measures.
45 Clinical outcomes related to rHOA comprised hip pain, hospital diagnosed OA (HES OA) and
46 total hip replacement (THR). Logistic regression and Cox proportional hazard modelling were
47 used to examine associations between overall rHOA grade (0-4; derived from combining
48 osteophyte and JSN grades), and the clinical outcomes.

49

50 Results

51 40,340 individuals were included in the study (mean age 63.7), of whom 81.2% had no
52 evidence of rHOA, while 18.8% had grade ≥ 1 rHOA. Grade ≥ 1 osteophytes at each location
53 and JSN were associated with hip pain, HES OA and THR. Associations with all three clinical
54 outcomes increased progressively according to rHOA grade, with grade 4 rHOA and THR
55 showing the strongest association [57.70 (38.08-87.44)].

56

57 Conclusions

58 Our novel semi-automated tool provides a useful means for classifying rHOA on hip DXAs,
59 given its strong and progressive relationships with clinical outcomes. These findings suggest

60 DXA scanning can be used to classify rHOA in large DXA-based cohort studies supporting
61 further research, with the future potential for population-based screening.

62

63 **Introduction**

64

65 Hip osteoarthritis (HOA) is a common condition which is growing in prevalence and leads to
66 150 total hip replacements (THRs) per 100,000 of population per year in England and Wales
67 (1). HOA is often classified radiographically (rHOA) based on semi-quantitative scores such
68 as Kellgren-Lawrence (KL) (2) or Croft scoring (3). Both systems are inherently subjective
69 (4), contributing to widely varying rHOA prevalence estimates which range from 0.9-27% (5),
70 and though atlases help to reduce ambiguity they cannot prevent it entirely (6). In addition,
71 lower KL and Croft grades are poorly predictive of disease (7), and show weak and inconsistent
72 associations with hip pain, calling into question their clinical relevance (8-10). This likely
73 reflects not only ambiguity and subjectivity of scoring, but also limitations in how these scores
74 are derived. For example, whereas KL and Croft grading both give equal weighting to joint
75 space narrowing (JSN) and osteophytes, yet where these have been examined individually,
76 osteophyte severity shows a stronger association with hip pain than does joint space narrowing
77 (JSN) (10, 11). On top of this, when examined in isolation in a large systematic review
78 minimum joint space width (mJSW), a continuous measure of JSN, showed weak associations
79 with hip symptoms questioning its predominance in these scoring systems (12). In addition,
80 both grading systems include subchondral sclerosis and cysts despite the lack of evidence that
81 they contribute independently to symptoms (13).

82

83 Dual-energy X-ray absorptiometry (DXA) is widely used for diagnosing osteoporosis based on
84 measurements at the spine and hip. Though initially developed for measuring bone mineral
85 density, newer devices have greatly improved resolution, enabling features related to rHOA to
86 be discerned on hip images, such as JSN and osteophytes (14). Previous small studies have
87 shown DXA-derived hip shape to be predictive of OA progression and THR, but in these
88 studies the DXA scans were not used to derive rHOA (15). Due to the low radiation doses

89 involved, DXA is suitable for screening low risk clinical populations, as well as large
90 population-based cohort studies such as UK Biobank, in which approximately 40,000 hip DXA
91 scans have been performed to date (16). Examining hip images in tens of thousands of
92 individuals requires methods which are scalable and ideally automated (17), some of which are
93 now available. Automated calculation of mJSW and digital quantification of osteophyte area
94 are examples of such methods developed on DXAs (11).

95

96 The present study was intended to provide a basis for classifying hip DXA scans for rHOA.
97 First, we aimed to semi-automatically annotate and grade JSN and osteophytes in all available
98 UKB participants with hip DXAs. Subsequently, we aimed to categorise the presence of rHOA
99 through the development of a novel classification system giving greater weight to the presence
100 of osteophytes over JSN. Finally, to examine the face validity of our novel grading system, we
101 determined whether UKB participants classified according to rHOA show expected
102 relationships with important clinical OA outcomes, namely prolonged hip pain, hospital
103 diagnosed HOA and subsequent THR.

104

105

106 **Patients & Methods**

107

108 Population

109 UKB is a large prospective study that recruited 500,000 adults between 2006-2010. The
110 participants have undergone comprehensive genetic and physical phenotyping
111 (<http://biobank.ctsu.ox.ac.uk/crystal/>) (18). UKB received ethics approval from the National
112 Information Governance Board for Health and Social Care and North West Multi-Centre
113 Research Ethics Committee (11/NW/0382) which covers this study. The UKB extended
114 imaging study has conducted hip DXA scans (iDXA GE-Lunar, Madison, WI) on ~40,000
115 individuals to date (16, 19). All individuals provided informed written consent for this study
116 which included those UKB participants with a left hip DXA scan available in March 2021.
117 Demographic information was taken from measurements and questionnaires conducted on the
118 same day as the DXA scans.

119

120 DXA-based scoring for hip osteoarthritis (see supplementary methods section 1)

121 A machine learning Random Forest-based algorithm, which was initially trained on ~7,000
122 manually marked up images, automatically placed 85 outline points around the left femoral
123 head and acetabulum (11, 20, 21) (Figure 1). All images were manually checked, which takes
124 less than a minute per scan, with 90% of images requiring no point placement correction. Of
125 those images where points required correction the mean distance of point correction was
126 1.9mm. Osteophytes were simultaneously marked up using a custom tool (The University of
127 Manchester) at the lateral acetabulum, superolateral femoral head, and inferomedial femoral
128 head (Figure 1). Osteophyte grades 1&2 were derived from osteophyte area using previously
129 defined thresholds (grade 1: $\geq 1\text{mm}^2$, grade 2: $\geq 10\text{-}19\text{mm}^2$ depending on location) (11); and
130 grade 3 osteophytes were defined as osteophyte area $\geq 50\text{mm}^2$. Superior minimum joint space
131 width (mJSW) was automatically measured between defined points (Figure 1) from which joint

132 space narrowing (JSN) grades 1&2 were derived from height-adjusted measures (11).
133 Additionally, JSN grade 3 was defined as mJSW \leq 1.5mm. Subchondral sclerosis and cysts
134 were not examined due to their relative infrequency (13). To allow for simple clinical
135 understanding, overall rHOA grade (0-4) was generated using cut-offs, from the sum of
136 osteophyte grades (0-3) at the three locations and JSN grades (0-3), as follows: rHOA grade 0
137 (sum=0), grade 1 (sum=1), grade 2 (sum=2-3), grade 3 (sum=4-6), grade 4 (sum=7-12). These
138 grade classifications were decided after a review of example images and their sum frequencies
139 but prior to the assessment of any associations. The aim was to create grade groupings with
140 visually discernible differences.

141

142 Clinical outcomes (see supplementary methods section 2)

143 A binary variable of hip pain persisting for >3months was derived from a questionnaire
144 completed during the participants DXA visit and was not side-specific. Hospital diagnosed
145 HOA was based on international classification of diseases (ICD) codes released in hospital
146 episode statistics (HES), referred to as HES OA (22). 400/527 of the included HES OA
147 diagnoses took place after the DXA scan, as there were 127 cases that predate their DXA scan
148 this variable was examined cross-sectionally. THR was based on Office of Population
149 Censuses and Survey (OPCS) codes. 259/260 THR happened after their DXA scan, the one
150 THR predating the DXA scan was known to be on the right (unimaged) side as the left hip had
151 a native hip imaged and hence THR was examined longitudinally with 259 cases. Neither HES
152 OA nor THR are side-specific.

153

154 Statistical analysis

155 Demographic data are shown as mean and range for continuous variables and counts, and
156 frequency for binary variables. Logistic regression was used to examine associations between

157 osteophytes and JSN, and rHOA grades and hip pain and HES OA, results are given as odds
158 ratios (OR) with 95% confidence intervals (CI). For ease, we refer to individual features of
159 rHOA such as JSN and osteophytes as endophenotypes of rHOA. When the precise
160 endophenotype and rHOA grade were examined against clinical outcomes a reference group
161 of those individuals with grade 0 for that exposure was used (i.e. rHOA grades are compared
162 to those with rHOA grade 0). Cox proportional hazard modelling was used to examine
163 associations with THR, results are given as hazard ratios (HR) with 95% CI. The thresholds
164 for semi-quantitative grades of JSN and osteophytes were previously derived in a subsample
165 of 6807 individuals and compared against the same hip pain variable but not HES OA or THR
166 (11). Therefore, a sensitivity analysis was done excluding these individuals from our hip pain
167 analysis (Supplementary Figure S1). Directed acyclic graphs informed the *a priori* selection of
168 covariates for the adjusted model, namely age, height, weight and sex. Sex interactions were
169 also examined and sex-stratified analyses presented. Given the sample was 96.8% Caucasian
170 (Supplementary Table S1), ethnicity was not adjusted for. Statistical analysis used Stata version
171 16 (StataCorp, College Station, TX, USA).

172

173 **Results**

174

175 Population characteristics

176 Of the 40963 available left hip DXAs, 623 were excluded (570 as part of the hip was not
177 visualised, 52 due to poor image quality & 1 duplicate image) leaving a final sample of 40340
178 participants [mean age 63.7 years (range 44-82 years)], comprising 21046/19294 (52.2/47.8%)
179 females/males. 3251 (8.1%) reported having had hip pain for >3 months, 527 (1.3%) had a
180 hospital reported diagnosis of HOA (HES OA) and 259 (0.6%) had a THR after their DXA
181 scan (Table 1). The mean duration between DXA scan and THR or study end was 1179 days
182 (range 3-2437) with broadly similar follow up times between exposure groups.

183

184 Osteophytes and Joint Space Narrowing

185 Osteophytes were present in 4013 (10%) participants, of which the lateral acetabulum [2580
186 (6.4%)] was the most common location, followed by the superior femoral head [1493 (3.75%)]
187 and the inferior femoral head [1066 (2.6%)]. Osteophytes were more common in males than
188 females at all locations (Table 1). Osteophytes were larger at the superior femoral head [mean
189 area 22.8mm² (range 1.5-219.9)], followed by inferior femoral head [mean area 20.0mm²
190 (range 1.7-270.4)] and acetabulum [mean area 14.6mm² (0.7-200.7)]. JSN (grade \geq 1) was
191 present in 4556 (11.3%) individuals and was more prevalent in males [n=2983 (15.5%)] than
192 females [n=1573 (7.5%)]. Mean mJSW was 2.89mm (range 0.0-5.9) (Table 1). Prevalence of
193 individual osteophyte and JSN grades are provided in Supplementary Table S2.

194

195 *Osteophytes and Joint Space Narrowing versus clinical outcomes*

196 In analyses adjusted for age, sex, weight and height, osteophytes (grade \geq 1) at any site were
197 associated with hip pain, HES OA and THR [OR 2.05 (95% CI 1.85-2.27), OR 4.98 (4.13-
198 6.01) and HR 6.17 (4.80-7.94) respectively] (Table 2). Similar results were seen in unadjusted

199 analyses (Supplementary Table S3). Superior and inferior femoral head osteophytes showed
200 relatively large associations with hip pain [OR 3.04 (2.64-3.49), 3.45 (2.94-4.05) respectively],
201 HES OA [OR 8.65 (6.97-10.73), 8.29 (6.47-10.60) respectively] and THR [HR 10.31 (7.83-
202 13.57), 11.76 (8.68-15.93) respectively] (adjusted analyses). Acetabular osteophytes showed
203 somewhat weaker associations with the clinical outcomes [hip pain: OR 1.83 (1.62-2.07), HES
204 OA: OR 3.76 (3.02-4.68), THR: HR 4.30 (3.23-5.71)]. JSN (grade ≥ 1) was associated with all
205 three clinical outcomes [hip pain: OR 1.37 (1.23-1.53), HES OA: OR 3.48 (2.85-4.23) and
206 THR: HR 3.91 (3.00-5.09)].

207

208 Associations between any, acetabular and superior femoral head osteophyte grade ≥ 1 and HES
209 OA, and between any superior femoral head osteophyte grade ≥ 1 and THR, showed evidence
210 of a sex interaction (Table 2). In sex-stratified analyses, this appeared to reflect a stronger
211 association in females compared to males, in both unadjusted (Supplementary Table S4a &
212 S4b) and adjusted (Supplementary Table S5a & S5b) analyses. For example, in adjusted
213 analyses, HR for the association between superior femoral osteophyte grade ≥ 1 and THR was
214 7.45 (4.92-11.29) in males compared with 13.32 (9.30-19.09) in females.

215

216 The associations between individual grades of each endophenotype and, hip pain and HES OA
217 were examined using logistic regression, and for THR using Cox proportional hazards
218 modelling, using grade 0 individuals as the reference group. Osteophyte grade was
219 progressively associated with all three clinical outcomes (Figure 2). JSN grades 1&2 were not
220 associated with hip pain and were only weakly associated with HES OA and THR, whereas a
221 strong association was seen for JSN grade 3 (Figure 2). Similar associations were observed
222 when excluding those 6807 individuals used to develop our classifier (Supplementary Figure

223 S1). Sex-stratified analyses showed broadly similar relationships although osteophytes tended
224 to show greater associations with HES OA and THR in females (Supplementary Figure S2).

225
226 Overall rHOA grade

227 Supplementary Table S6 shows the number of participants per sum of osteophyte and JSN
228 grade (0-12). These sums were used to assign overall rHOA grade: 32758 (81.2%) of
229 participants had grade 0, 4565 (11.3%) grade 1, 2317 (5.7%) grade 2, 543 (1.3%) grade 3, and
230 157 (0.4%) grade 4. Each rHOA grade was more common in males, and higher grades were
231 associated with increasing age (Supplementary Table S7). Figure 3 shows example DXA scans
232 from each rHOA grade.

233

234 *rHOA grade versus clinical outcomes*

235 rHOA grades 1-4 were separately compared with individuals with rHOA grade 0 (n=32758),
236 in both unadjusted and adjusted logistic regression and Cox proportional hazard models
237 depending on the outcome variable (Figure 4). There was no or very weak evidence of
238 association between grade 1 rHOA and hip pain, HES OA and THR in both unadjusted and
239 adjusted [OR 1.11 (0.99-1.25), OR 1.42 (1.07-1.90), HR 1.18 (0.75-1.85) respectively]
240 analyses. Grades 2-4 rHOA were associated with hip pain in both unadjusted and adjusted
241 [grade 2: OR 1.57 (1.36-1.81), grade 3: 3.82 (3.08-4.73), grade 4: 11.82 (8.54-16.36)] analyses,
242 with increasing grades showing stronger associations. The same pattern was seen between
243 rHOA grades 2-4 and HES OA in both unadjusted and adjusted [grade 2: OR 3.84 (2.95-5.00),
244 grade 3: 12.08 (8.79-16.61), grade 4: 41.06 (27.94-60.34)] analyses. The strongest associations
245 were seen between rHOA grades 2-4 and THR in both unadjusted and adjusted [grade 2: HR
246 4.00 (2.80-5.71), grade 3: 13.39 (8.99-19.95), grade 4: 57.70 (38.08-87.44)] analyses. Sex-
247 stratified analyses showed broadly similar relationships between the sexes although females

248 showed stronger relationships with HES OA and THR across all rHOA grades (Supplementary
249 Figure S3).

250 **Discussion**

251 We applied semi-automatic methods to annotate and grade osteophytes and JSN on hip DXA
252 scans from 40,340 UKB participants. These were combined using a novel classification system,
253 in which participants were categorised into rHOA grades 0-4. We determined the face validity
254 of these measures by examining their relationships with important clinical OA outcomes,
255 namely prolonged hip pain, HES OA and subsequent THR. Osteophytes, JSN and rHOA
256 showed expected progressive relationships with all three clinical outcomes. For example,
257 participants with the highest grade of rHOA (i.e. grade 4) showed a fifty-eight fold increased
258 risk of subsequent THR.

259

260 Our novel DXA-based classification of rHOA has similarities with conventional KL and Croft
261 scoring for OA based on radiographs, in that it divides individuals into five categories based
262 on radiographic features of HOA by increasing severity (2, 3). In addition, our system of
263 grading osteophytes and JSN is based on Altman and Gold's atlas (6) that has been widely
264 applied to help standardise the semi-quantitative grading of rHOA (10, 23, 24). That said, our
265 approach differs in several important ways. Most importantly, our method involves application
266 of machine learning to digital images, enabling automated classification of mJSW, along with
267 a more objective and consistent measurement of osteophytes. A further advantage is that,
268 unlike KL and Croft grading, higher DXA rHOA grades can be achieved in the presence of
269 osteophytes but absence of JSN, which is important given recent findings that osteophytes
270 contribute more to hip pain compared with JSN (11). In addition, unlike KL and Croft scoring,
271 we did not include subchondral sclerosis or cysts because of their scarcity, neither are well
272 visualised on DXA scans and they both lack evidence that they are independently associated
273 with clinical outcomes (13). The difficulty visualising certain characteristics on DXA is also
274 true for medial and inferior JSN hence we focused solely on superior JSN.

275 There are some similarities in comparing our study with previous studies based on KL grading
276 of radiographs. For example, a primary care study (n=1496) found an OR of 17.4 (95% CI 3-
277 102) for hip pain in those with KL grade 4, compared to an OR of 11.8 (8.5-16.4) for hip pain
278 in those with grade 4 using our DXA-based classification (8). Previous studies found KL grade
279 >2 to be associated with a HR of 12.9 and OR from 13.8-30.6 for risk of THR, but results were
280 not shown for individual KL grades 3 or 4 which prevents direct comparison with our findings
281 (4, 10, 25). In the Framingham and Osteoarthritis Initiative studies, where KL or Croft grades
282 were again grouped together, grade >2 on hip radiographs was poorly predictive of hip pain,
283 which led to a shift in clinical guidelines away from routine radiographs for the diagnosis of
284 HOA (7, 26). The present findings would indicate that, at least using our DXA-based
285 classification system, though less common, higher grades of rHOA show strong associations
286 with hip pain. This finding also fits with the clinical reality that radiographic features of joint
287 degeneration are a pre-requisite for THR (27).

288

289 The limited resolution of earlier generations of DXA scanners made it difficult to evaluate
290 radiological features of hip OA (28). However, a previous study where rHOA was classified
291 by visual inspection of iDXA images concluded that high resolution DXA scanners are a viable
292 option for imaging OA (14). Whereas DXA-derived hip shape was previously found to be
293 predictive of THR in the Tasmania Older Adult Cohort (15), to our knowledge, this represents
294 the first study where rHOA as measured by DXA was found to be related to a risk of subsequent
295 THR. Understanding the interplay between DXA-derived hip shape and DXA-derived rHOA
296 is beyond the scope of this paper. Further work is warranted to examine if they are independent
297 risk factors for THR or whether they confound/mediate each other's associations. Furthermore
298 our findings suggest that, in addition to conventional use for evaluating osteoporosis risk
299 through measurement of BMD, DXA scanners might also have a role in screening for rHOA

300 and the risk of THR, for which they are ideally suited given their low radiation dose, ease of
301 use and widespread availability. Whereas effective disease modifying drugs for osteoarthritis
302 (DMOADs) are not yet available, a number of promising lines of discovery are being pursued
303 (29, 30). If successful, these would provide an incentive for identifying those with rHOA in
304 whom therapy to prevent further progression might be considered.

305

306 The prevalence of rHOA depends on its definition and the population (5). Our study has a mean
307 age of 63.7 years with the youngest participant being 44 years old, meaning it is representative
308 of the general population who are at risk of developing HOA, a condition that tends to present
309 in the later decades of life (31, 32). The prevalence of rHOA in UKB, defined as grade ≥ 1 , was
310 relatively high at 18.8%. However, 60% of those identified had grade 1 rHOA, which was not
311 associated with hip pain, HES OA or THR, presumably because this group mostly comprised
312 grade 1 JSN [n=2801/4565 (61%)] which we previously found not to be associated with hip
313 pain (11). Grades 2-4 rHOA were strongly and progressively associated with all three clinical
314 outcomes in this study, largely driven by the presence of osteophytes with 65% of grade 2
315 rHOA having at least one osteophyte. If rHOA was defined as the presence of rHOA grade ≥ 2
316 then 7.5% of UKB participants examined would have rHOA, which is similar to that in
317 previous large cohort studies based on X-rays (4, 5) but lower than others (33, 34), likely
318 reflecting differences in population characteristics such as age. rHOA grade ≥ 2 was
319 considerably more common in males [n=2086/19294 (11%)] compared with females
320 [n=931/21046 (4%)]. This is interesting given previous inconsistent findings on sex differences
321 in rHOA (5, 9, 33, 35), and raises the question why symptoms and hip replacements are more
322 commonly seen in females despite less degenerative features (1).

323

324 We found stronger associations between femoral head osteophytes and clinical outcomes when
325 compared with acetabular osteophytes which is consistent with previous studies (11, 36). In
326 particular one large study using radiographs (n=5,839) compared femoral head osteophytes to
327 osteophytes at the femoral head and acetabulum, and their associations with hip pain. In this
328 study, femoral head osteophytes showed stronger associations alone than when combined with
329 acetabular osteophytes (10). This has possible clinical implications when interpreting hip
330 images as it suggests femoral head osteophytes are most strongly predictive of pain and THR.

331

332 The limitations of this study include, the clinical outcomes examined are not side-specific, yet
333 we only examine left sided hip DXAs. However, this would be expected to reduce effect
334 estimates rather than produce spurious associations. DXA scans have inherent disadvantages
335 for evaluating joint morphology and rHOA. For example, medial and inferior aspects of the
336 hip joint are poorly visualised on DXA images, as are certain features related to OA such as
337 sclerosis and bone cysts. In addition, in contrast to radiographs, DXA scans are acquired
338 supine, though the effect of weight bearing on joint space width may be limited (37, 38).
339 Although our novel scoring system performed well in UKB we have not been able to validate
340 it in an external cohort nor to directly compare it with KL scoring/osteophyte grading on
341 radiographs. Further work is required to confirm its performance. The same is true of our
342 machine learning algorithm that has not been externally validated. Alongside this, UKB is
343 predominantly Caucasian which means these findings might not be generalisable to different
344 populations.

345

346 To conclude, we used semi-automated technology to define osteophyte and JSN grade on high
347 resolution DXA images, and subsequently combined these to produce an overall rHOA grade
348 based on a novel scoring system giving greater weight to osteophytes. rHOA as determined in

349 this way showed expected associations with clinical features, namely hip pain, HES OA and
350 THR, with higher grades showing greater associations. This provides face validity for using
351 high resolution DXA scan images to identify rHOA in unselected populations. Taken together,
352 our findings offer new opportunities for using DXA-based cohort studies such as UKB for OA
353 research, and also raise the possibility that DXA scanning may have the potential to screen for
354 OA in unselected patient populations.

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373 Author Accepted Manuscript version arising from this submission.

374

375 Competing interests:

376 TC & CL have a patent Image processing apparatus and method for fitting a deformable shape
377 model to an image using random forest regression voting. This is licensed with royalties to
378 Audax, and to Optasia Medical. NH reports consultancy fees and honoraria from UCB, Amgen,
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380

381 Ethical approval statement:

382 This study was approved by UKB (application number 17295) which is overseen by the Ethics
383 Advisory Committee and received approval from the National Information Governance Board
384 for Health and Social Care and Northwest Multi-Centre Research Ethics Committee
385 (11/NW/0382), all participants provided informed consent for this study.

386

387 Data availability statement:

388 The data from this study will be available from UK Biobank in a forthcoming data release.
389 Users must be registered with UK Biobank to access their resources
390 (<https://bbams.ndph.ox.ac.uk/ams/>).

391

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503 Figure Legends:

504

505 Figure 1. A DXA scan from UK Biobank with features of rHOA. Left image is the raw image.
506 Right image is marked with outline points and osteophytes (green: acetabular osteophyte, red:
507 superior femoral head osteophyte, blue: inferior femoral head osteophyte).

508

509 Figure 2. Logistic regression results for the associations between different grades of osteophyte
510 and JSN with hip pain and HES OA. Cox proportional hazard modelling results for the
511 associations between grades of osteophyte and JSN with THR. Odds ratios and hazard ratios
512 are plotted with 95% confidence intervals either side comparing each grade of deformity to a
513 reference group of those without that deformity. Results for different clinical outcomes are
514 presented in three different windows. In each graph, triangles represent grade 1 features, circles
515 represent grade 2 features and squares represent grade 3 features. Unadjusted results are shown
516 by hollow shapes and results adjusted for age, height, weight and sex are shown by filled
517 shapes. Y-axis is natural log based.

518

519 Figure 3. Example UK Biobank DXA scans representing each grade of radiographic hip
520 osteoarthritis based on the proposed scoring system.

521

522 Figure 4. Logistic regression results for the associations between different grades of rHOA and
523 hip pain and HES OA. Cox proportional hazard modelling results for the associations between
524 different grades of rHOA and THR. Odds ratios and hazard ratios are plotted with 95%
525 confidence intervals either side comparing each grade to baseline (rHOA grade=0). Results for
526 four different grades of rHOA are presented, triangles represent grade 1, circles represent grade
527 2, squares represent grade 3 and diamonds represent grade 4. Unadjusted results are shown by

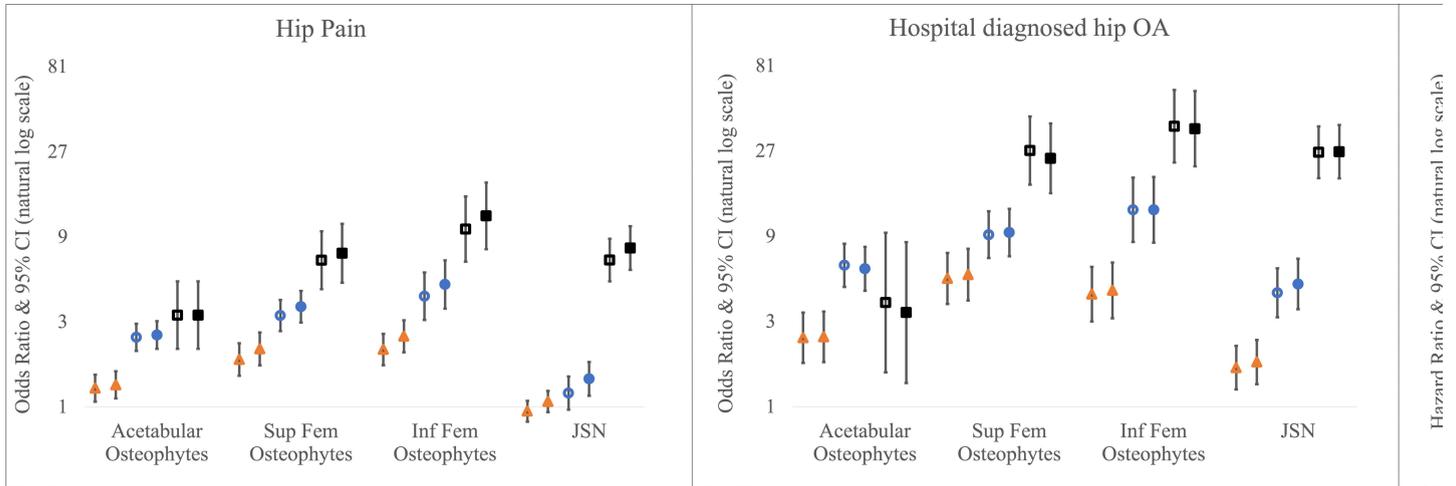
- 528 hollow shapes and results adjusted for age, height, weight and sex are shown by filled shapes.
- 529 Y-axis is natural log based.

530 Table 1: Descriptive results

	Males	Females	All
Demographics	Mean [Range]	Mean [Range]	Mean [Range]
Age (years)	64.4 [44-81]	63.0 [45-82]	63.7 [44-82]
Weight (kg)	83.2 [47-171]	68.2 [34-169]	75.4 [34-171]
Height (cm)	177.2 [150-204]	163.6 [135-198]	170.1 [135-204]
Hip Symptoms/ Outcomes	Prevalence [%]	Prevalence [%]	Prevalence [%]
Hip Pain > 3months	1193 [6.2]	2058 [9.8]	3251 [8.1]
HES OA	220 [1.1]	307 [1.5]	527 [1.3]
THR	106 [0.6]	153 [0.7]	259 [0.6]
Duration from DXA to THR/end of study (mean days [range])	1183 [3-2437]	1174 [3-2436]	1179 [3-2437]
Ethnicity	Prevalence [%]	Prevalence [%]	Prevalence [%]
White	18650 [96.7]	20396 [96.9]	39046 [96.8]
Asian	266 [1.4]	171 [0.8]	437 [1.1]
Black	119 [0.6]	134 [0.6]	253 [0.6]
Mixed heritage	61 [0.3]	119 [0.6]	180 [0.5]
Chinese	51 [0.3]	65 [0.3]	116 [0.3]
Unknown	147 [0.8]	161 [0.8]	308 [0.8]
rHOA measures (grade≥1)	Prevalence [%]	Prevalence [%]	Prevalence [%]
Any osteophyte (OP)	2570 [13.3]	1443 [6.9]	4013 [10.0]
Acetabular OP	1544 [8.0]	1036 [4.9]	2580 [6.4]
Superior Femoral OP	991 [5.1]	502 [2.4]	1493 [3.7]
Inferior Femoral OP	810 [4.2]	256 [1.2]	1066 [2.6]
OP at all locations	134 [0.7]	62 [0.3]	196 [0.5]
JSN	2983 [15.5]	1573 [7.5]	4556 [11.3]
rHOA measures	Mean [range]	Mean [range]	Mean [range]
Total osteophyte area	24.8 [0.7-438.1]	20.2 [1.4-296.2]	23.2 [0.7-438.1]
Acetabular osteophyte area	16.6 [0.7-200.7]	11.6 [1.4-175.6]	14.6 [0.7-200.7]
Sup femoral osteophyte area	22.2 [2.0-219.9]	23.8 [1.5-140.2]	22.8 [1.5-219.9]
Inf femoral osteophyte area	19.9 [1.7-270.4]	20.2 [1.7-176.1]	20.0 [1.7-270.4]
Minimum JSW	2.97 [0.1-5.9]	2.81 [0.0-5.1]	2.89 [0.0-5.9]
Total Sample	19294	21046	40340

Table 2. Adjusted logistic regression results showing the associations between grade ≥ 1 osteophytes and JSN with hip pain and HES OA. Adjusted Cox proportional hazard modelling showing the associations between grade ≥ 1 osteophytes and JSN with THR. Adjusted for age, sex, height and weight. † denotes a sex interaction term with p-value < 0.1 . CI – confidence interval, HES OA - hospital diagnosed hip osteoarthritis, HR – hazard ratio, JSN – joint space narrowing, OR – odds ratio, THR - total hip replacement.

	Hip pain > 3months		HES OA		THR	
	OR [95% CI]	<i>P</i>	OR [95% CI]	<i>P</i>	HR [95% CI]	<i>P</i>
Any osteophyte (OP)	2.05 [1.85-2.27]	2.00×10^{-43}	4.98 [4.13-6.01]	$1.70 \times 10^{-63} \dagger$	6.17 [4.80-7.94]	$1.10 \times 10^{-45} \dagger$
Acetabular OP	1.83 [1.62-2.07]	6.02×10^{-22}	3.76 [3.02-4.68]	$2.31 \times 10^{-32} \dagger$	4.30 [3.23-5.71]	1.04×10^{-23}
Superior femoral OP	3.04 [2.64-3.49]	4.00×10^{-55}	8.65 [6.97-10.73]	$8.80 \times 10^{-86} \dagger$	10.31 [7.83-13.57]	$3.00 \times 10^{-62} \dagger$
Inferior femoral OP	3.45 [2.94-4.05]	2.20×10^{-52}	8.29 [6.47-10.6]	2.60×10^{-63}	11.76 [8.68-15.93]	5.10×10^{-57}
OP at all locations	6.95 [5.14-9.39]	2.51×10^{-36}	20.53 [14.22-29.64]	1.60×10^{-58}	21.79 [14.35-33.08]	2.10×10^{-47}
JSN	1.37 [1.23-1.53]	1.60×10^{-08}	3.48 [2.85-4.23]	4.18×10^{-35}	3.91 [3.00-5.09]	6.50×10^{-24}



The relationship between radiographic hip OA grades 1-4 and clinical outcomes

