# STRONG AND UNIFORM BOUNDEDNESS OF GROUPS 

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#### Abstract

A group $G$ is called bounded if every conjugation-invariant norm on $G$ has finite diameter. We introduce various strengthenings of this property and investigate them in several classes of groups including semisimple Lie groups, arithmetic groups and linear algebraic groups. We provide applications to Hamiltonian dynamics.


## 1. Introduction and statements of RESULTS

Conjugation-invariant norms on groups appear in various branches of mathematics including Hamiltonian dynamics (the Hofer norm), finite groups (covering numbers), geometric group theory (verbal norms) and others. Burago, Ivanov and Polterovich introduced the concept of a bounded group [8]: that is, a group for which every conjugation-invariant norm has finite diameter.

A subset $S$ of a group $G$ normally generates it if $G$ is the normal subgroup generated by $S$. We say that $G$ is finitely normally generated if it admits a finite normally generating set $S$. Such $S$ gives rise to a word norm $\|\cdot\|_{S}$ on $G$, where $\|g\|_{S}$ is the length of the shortest word in the conjugates of the elements of $S$ and their inverses needed to express $g$. By construction, $\|\cdot\|_{S}$ is conjugation-invariant. We will write $\|G\|_{S}$ for the diameter of $G$ with respect to the norm $\|\cdot\|_{S}$; see Section 2 for more details.

If $G$ is finitely normally generated then being bounded is equivalent to all the word norms on $G$ having finite diameter (Corollary 2.5). In light of this, the purpose of this paper is to refine the notion of boundedness of word norms and study consequences of such refinements.

Strong and uniform boundedness. Let $G$ be finitely normally generated. For any $k \geq 1$ define

$$
\Delta_{k}(G)=\sup \left\{\|G\|_{S}: S \text { normally generates } G \text { and }|S| \leq k\right\}
$$

with the convention that $\sup \emptyset=-\infty$. It is clear that $\Delta_{1}(G) \leq \Delta_{2}(G) \leq \ldots$ and the limit of this sequence is

$$
\Delta(G)=\left\{\|G\|_{S}: S \text { is a finite normally generating set of } G\right\} .
$$

Definition 1.1. A finitely normally generated group $G$ is called strongly bounded if $\Delta_{k}(G)<$ $\infty$ for all $k$. It is called uniformly bounded if $\Delta(G)<\infty$.

We remark that our definition of strong boundedness is unrelated to those of Cornulier [13] and Le Roux-Mann [26]. Given Corollary 2.5 below, within the class of finitely normally generated groups there are inclusions

$$
\{\text { uniformly bounded }\} \subseteq\{\text { strongly bounded }\} \subseteq\{\text { bounded }\} .
$$

One goal of the paper is to give examples and study the properties of groups in these classes. The next theorem shows that simple Lie groups with finite center provide examples of groups at the two extremes.

Theorem 1.2 (Theorem 3.1). Let $G$ be a semisimple Lie group. Then $G$ is finitely normally generated, and
(a) $G$ is bounded if and only if $Z(G)$ is finite.

If $Z(G)$ is finite then the following hold.
(b) If $G / Z(G)$ has a non-trivial compact factor then $G$ is bounded but not strongly bounded.
(c) If $G / Z(G)$ has no non-trivial compact factors then $G$ is uniformly bounded.

In the non-compact case it is possible to find an explicit upper bound for $\Delta(G)$ which only depends on $\operatorname{rank} G$. We will do this in a forthcoming paper. The next result provides another family of uniformly bounded groups.
Theorem 1.3 (Proposition 4.2 and Theorem 4.3). Every linear algebraic group with finite abelianization over an algebraically closed field is uniformly bounded.

Finding strongly bounded groups that are not uniformly bounded is a more difficult challenge. Application of Corollary 6.2 to $\mathcal{O}=\mathbb{Z}$ gives:
Theorem 1.4. For any $n \geq 3$ the group $\operatorname{SL}(n, \mathbb{Z})$ is strongly bounded but not uniformly bounded.

Remark. In contrast, $\operatorname{SL}(n, \mathcal{R})$ is uniformly bounded, where $n \geq 3$ and $\mathcal{R}$ is a principal ideal domain with only finitely many maximal ideals (Theorem 6.3).
Remark. Theorem 1.4 is related to results of [33]; indeed, one can show using Corollary 3.8 and Proposition 6.7 of [33] that $\mathrm{SL}(n, \mathcal{R})$ is strongly bounded for a large class of rings $\mathcal{R}$, including $\mathcal{R}=\mathbb{Z}$ (we thank Dave Morris for this observation). This argument uses the Compactness Theorem from first-order logic, and it does not yield any explicit bound for $\Delta_{k}(\mathrm{SL}(n, \mathcal{R}))$. Remark (6.2) of [33] is incorrect since it implies that $\Delta(\mathrm{SL}(n, \mathbb{Z}))$ is bounded by a function of $n \geq 3$, which contradicts Theorem 1.4.

Before passing to applications, we mention that uniform boundedness imposes grouptheoretic restrictions.
Theorem 1.5 (Theorem 5.1). A uniformly bounded group has only finitely many maximal normal subgroups.

For an application to linear groups, see Theorem 5.5, which states that finitely generated Zariski dense subgroups of certain algebraic groups are not uniformly bounded.

An application to cocompact lattices. It is an open problem whether finitely generated cocompact lattices in semisimple Lie groups are bounded. Many such lattices can be embedded as dense subgroups in compact simple Lie groups. For example, $\mathrm{SO}(n, \mathbb{Z}[1 / 5]) \subset \mathrm{SO}(n)$ for $n \geq 5$ is such a group [27, Example 3.2.2 (B), Example 3.2.4 (B) and Proposition 3.2.2]. Our next result, which immediately follows from Proposition 2.15(iii), implies that such lattices are not strongly bounded.

Theorem 1.6. Let $G$ be a compact simple Lie group and let $H$ be a finitely normally generated group. If $H \rightarrow G$ is a homomorphism with dense image then $H$ is not strongly bounded.

Applications to finite groups of Lie type. Clearly any finite group is uniformly bounded. The value of $\Delta(G)$ is related to the size of the conjugacy classes. We prove the following results in Section 7.

Proposition 1.7 (Example 7.2; compare with [10, Corollary 4.3]). Let $n \geq 3$ and $q$ a prime power. Then $\Delta(\operatorname{PSL}(n, q)) \leq 12(n-1)$ and consequently, if $S$ is a non-trivial conjugacy class then

$$
\log |S|>\frac{\log |G|}{\Delta(G)}-2 \geq(n+1) \cdot \frac{\log q}{12}-\frac{\log q+2}{12(n-1)}-2
$$

Proposition 1.8. Let $\ell$ be an integer and $p_{1}, \ldots, p_{k}$ its distinct prime factors. Let $n \geq 3$. Then

$$
\Delta(\mathrm{SL}(n, \mathbb{Z} / \ell)) \leq 12 k(n-1)
$$

and if $S$ is the conjugacy class of a matrix $A \in \mathrm{SL}(n, \mathbb{Z} / \ell)$ whose reduction modulo $p_{i}$ is not scalar in $\operatorname{SL}\left(n, \mathbb{Z} / p_{i}\right)$ for all $i$ then

$$
\log |S| \geq \frac{\log |\mathrm{SL}(n, \mathbb{Z} / \ell)|}{12 k(n-1)}-2
$$

Applications to Hamiltonian dynamics. Let $(M, \omega)$ be a closed (i.e., compact without boundary) symplectic manifold and let $\operatorname{Ham}(M, \omega)$ denote the group of Hamiltonian diffeomorphisms of $(M, \omega)$. This group is simple [3, Theorem 4.3.1.(ii)]. For background on symplectic manifolds and Hamiltonian actions see, for example, Arnold-Khesin [1] or $\mathrm{McDuff}-$ Salamon [30].

The following theorem gives information about the subgroup structure of $\operatorname{Ham}(M, \omega)$. Part (4) is an immediate consequence of [8, Theorem 1.11(i)]. Part (1) is related to a result of Delzant [14] which says that a non-compact simple Lie group $G$ cannot act smoothly on M. Another proof is due to Polterovich and Rosen [36, Proposition 1.3.18], again for smooth actions. Our argument works for all actions, not just smooth ones.

Theorem 1.9. No subgroup of $\operatorname{Ham}(M, \omega)$ is abstractly isomorphic to any one of the following groups.
(1) A semisimple Lie group $G$ with finite center and no non-trivial compact factors.
(2) A semisimple algebraic group $G$ over an uncountable algebraically closed field.
(3) The automorphism group $G$ of a regular tree with vertices of valence at least 3 .
(4) The identity component $\operatorname{Diff}_{0}(N)$ of the group $\operatorname{Diff}(N)$ of compactly supported diffeomophisms of a connected smooth manifold $N$.

Proof. The Hofer norm [30, Section 12.3] is a nondiscrete conjugation-invariant norm on $H=\operatorname{Ham}(M, \omega)$. The identity map from the $C^{1}$-topology to the Hofer topology is continuous [25, Proposition 5.10], and since the $C^{1}$-topology is separable [21, Section 2], the Hofer topology is separable too.
(1) Suppose that $G$ is a semisimple Lie group with no compact factors and finite center. Then $G / Z(G)$ is a product of simple non-compact centre-free Lie groups (see Section 3). Since centre-free simple Lie groups are simple abstract groups (see [23, Proposition 6.30] and Lemma 3.4), it follows from Theorem 1.2 that $G$ has a finite composition series with all factors uniformly bounded. Then $G$ is not isomorphic (abstractly) to a subgroup of $H$ by Corollary 2.14(ii).
(2) A semisimple algebraic group $G$ over an algebraically closed field $k$ admits a normal series such that each factor group is a simple algebraic group. If $H$ is a simple algebraic group over $k$ then $|Z(H)|<\infty$ and $H / Z(H)$ is simple as an abstract group [22, Section 27.5 and Corollary 29.5]. Hence $G$ has a composition series such that each composition factor is either of the form $H / Z(H)$ or a finite simple group. The latter are clearly uniformly bounded, and it follows from Proposition 4.2 and Theorem 4.3 that each $H / Z(H)$ is uniformly bounded. Clearly $G$ is uncountable and it follows from Corollary 2.14(ii) that $G$ is not isomorphic to a subgroup of $H$.
(3) Let $T$ be such a tree. Then $G=\operatorname{Aut}(T)$ is uncountable because it acts transitively on the boundary of $T$ which is a Cantor set. It follows from [18, Theorem 3.4] that $G$ is simple and uniformly bounded and we can apply Corollary 2.14(ii) to show that $G$ is not isomorphic to any subgroup of $H$.
(4) It is shown in [8, Theorem 1.11(i)] that every conjugation-invariant norm on $G=$ $\operatorname{Diff}_{0}(N)$ is discrete and $G$ is clearly uncountable. Hence, this group cannot be a subgroup of $\operatorname{Ham}(M, \omega)$.

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## 2. Norms and boundedness

In this section we introduce the central concepts of this paper: strong boundedness and uniform boundedness.
Conjugation-invariant norms. Let $G$ be a group. A norm on $G$ is a non-negative valued function $\nu: G \rightarrow \mathbb{R}$ such that
(a) $\nu(g)=0 \Longleftrightarrow g=1$.
(b) $\nu\left(g^{-1}\right)=\nu(g)$ for all $g \in G$.
(c) $\nu(g h) \leq \nu(g)+\nu(h)$ for all $g, h \in G$.

We call $\nu$ conjugation-invariant or bi-invariant if in addition
(d) $\nu\left(g h g^{-1}\right)=\nu(h)$ for all $g, h \in G$.

A conjugation-invariant norm $\nu$ gives rise to a metric $d(x, y)=\nu\left(x y^{-1}\right)$ invariant under left and right translation; the converse is also true. It is easily checked that $d\left(x^{-1}, y^{-1}\right)=d(x, y)$ and $d\left(x_{1} y_{1}, x_{2} y_{2}\right) \leq d\left(x_{1}, x_{2}\right)+d\left(y_{1}, y_{2}\right)$ for all $x, y, x_{1}, x_{2}, y_{1}, y_{2} \in G$, so $G$ together with the topology induced by $d$ is a topological group.

We say that $\nu$ is discrete if it induces the discrete metric on $G$, i.e., if $\inf \{\nu(g): 1 \neq g \in$ $G\}>0$. The following result is elementary and is left to the reader.
Lemma 2.1. Let $\pi: G \rightarrow H$ be a group epimorphism and $\nu$ a conjugation-invariant norm on $G$. Assume that the restriction of $\nu$ to $\operatorname{ker} \pi$ is discrete. Then the function $\nu^{\prime}: H \rightarrow \mathbb{R}$ defined by

$$
\nu^{\prime}(h)=\inf \left\{\nu(g): g \in \pi^{-1}(h)\right\}
$$

is a conjugation-invariant norm on $H$.
Definition 2.2. A group $G$ is called bounded if the diameter of every conjugation-invariant norm on $G$ is finite.

This concept has been studied by Burago, Ivanov and Polterovich in [8] and is, in some sense, the starting point of our investigation. Dowerk and Thom studied boundedness properties of the projective unitary group $\mathrm{PU}(M)$, where $M$ is a von Neumann factor [15, 16].

Word norms. Let $X$ be a subset of a group $G$. Let $\operatorname{conj}_{H}\left(X^{ \pm 1}\right)$ be the set of all $g \in G$ that are conjugate by an element of $H \leq G$ to some element of $X$ or its inverse. Define for any $g \in G$

$$
\|g\|_{X} \stackrel{\text { def }}{=} \inf \left\{n: g=y_{1} \cdots y_{n} \text { for some } y_{1}, \ldots, y_{n} \in \operatorname{conj}_{G}\left(X^{ \pm 1}\right)\right\}
$$

Notice that $\|g\|_{X}=\infty$ if $g \notin\langle\langle X\rangle\rangle$, the normal subgroup generated by $X$. For any $n \geq 0$ define

$$
B_{X}(n) \stackrel{\text { def }}{=}\left\{g \in G:\|g\|_{X} \leq n\right\}
$$

If we want to make it clear what the ambient group is we will sometimes write $B_{X}^{G}(n)$. It is clear that $\{1\}=B_{X}(0) \subseteq B_{X}(1) \subseteq B_{X}(2) \subseteq \ldots$ and that $\bigcup_{n \geq 0} B_{X}(n)=\langle\langle X\rangle\rangle$. The following result is elementary.

Lemma 2.3. Let $G$ be a group, let $X, Y \subseteq G$ and let $n, m \in \mathbb{N}$. Then
(i) $B_{X}(n)^{-1}=B_{X}(n)$ and $B_{X}(n)$ is invariant under conjugation in $G$.
(ii) $X \subseteq Y \Longrightarrow B_{X}(n) \subseteq B_{Y}(n)$.
(iii) $B_{X}(n) B_{X}(m)=B_{X}(n+m)$.
(iv) $Y \subseteq B_{X}(n) \Longrightarrow B_{Y}(m) \subseteq B_{X}(m n)$.
(v) If $\pi: G \rightarrow H$ is an epimorphism then $B_{\pi(X)}^{H}(n)=\pi\left(B_{X}^{G}(n)\right)$ for any $X \subseteq G$.
(vi) If $\pi: G \rightarrow H$ is an epimorphism then $B_{\pi^{-1}(Y)}^{G}(n)=\pi^{-1}\left(B_{Y}^{H}(n)\right)$ for any $Y \subseteq H$.

If $X \subset G$ normally generates $G$, i.e., $\langle\langle X\rangle\rangle=G$, then $g \mapsto\|g\|_{X}$ is a conjugation-invariant norm on $G$. We will write $\|G\|_{X}$ for the diameter of the norm $\|\cdot\|_{X}$. If $X=\{s\}$ is a singleton, we will write $\|g\|_{s}$ instead of $\|g\|_{\{s\}}$ and likewise $\|G\|_{s}$ instead of $\|G\|_{\{s\}}$.
Proposition 2.4. Let $G$ be a group normally generated by a finite set $S$. Let $\psi: G \rightarrow H$ be a homomorphism and $\nu$ a conjugation-invariant norm on $H$. Then $\psi$ is Lipschitz with constant $C=\max \{\nu(\psi(s)): s \in S\}:$ that is,

$$
\nu(\psi(g)) \leq C\|g\|_{S} \quad \text { for any } g \in G
$$

Proof. Any $g \in G$ has the form $g=x_{1} \cdots x_{n}$ where $n=\|g\|_{S}$ and each $x_{i}$ is conjugate to some $s_{i} \in S$ or its inverse. Since $\nu$ is a conjugation-invariant norm, $\nu(\psi(g)) \leq \sum_{i=1}^{n} \nu\left(\psi\left(x_{i}\right)\right)=$ $\sum_{i=1}^{n} \nu\left(\psi\left(s_{i}\right)\right) \leq C n=C\|g\|_{S}$.

Call $G$ finitely normally generated if it is normally generated by a finite $S \subseteq G$. Set

$$
\begin{aligned}
\Gamma_{n}(G) & =\{S \subseteq G:|S| \leq n \text { and } S \text { normally generates } G\} \\
\Gamma(G) & =\{S \subseteq G:|S|<\infty \text { and } S \text { normally generates } G\} .
\end{aligned}
$$

In finitely normally generated groups, boundedness is determined by the behaviour of word norms $\|\cdot\|_{X}$.

Corollary 2.5. Let $G$ be a finitely normally generated group. The following conditions are equivalent.
(1) $G$ is bounded.
(2) $\|G\|_{S}<\infty$ for some $S \in \Gamma(G)$.
(3) $\|G\|_{S}<\infty$ for every $S \in \Gamma(G)$.

Proof. Clearly $(1) \Longrightarrow(3)$ since $\|\cdot\|_{S}$ is a conjugation-invariant norm, and $(3) \Longrightarrow(2)$ is trivial since $\Gamma(G) \neq \emptyset$. To prove $(2) \Longrightarrow$ (1) apply Proposition 2.4 to id: $G \rightarrow G$.

Strong and uniform boundedness. In light of Corollary 2.5 we refine the notion of boundedness.

Definition 2.6. Let $G$ be a finitely normally generated group. Set

$$
\begin{aligned}
& \Delta(G)=\sup \left\{\operatorname{diam}\left(\nu_{S}\right): S \in \Gamma(G)\right\} \\
& \Delta_{n}(G)=\sup \left\{\operatorname{diam}\left(\nu_{S}\right): S \in \Gamma_{n}(G)\right\}
\end{aligned}
$$

where $\Delta_{n}(G)=-\infty$ if $\Gamma_{n}(G)=\emptyset$. We say that $G$ is strongly bounded if $\Delta_{n}(G)<\infty$ for all $n$. We say that $G$ is uniformly bounded if $\Delta(G)<\infty$.

Clearly, $\Delta_{1}(G) \leq \Delta_{2}(G) \leq \ldots$ and

$$
\Delta(G)=\sup _{n \geq 1} \Delta_{n}(G)=\lim _{n \rightarrow \infty} \Delta_{n}(G)
$$

Example 2.7. Let $G$ be a (non-trivial) simple group. Then $G$ is normally generated by any non-identity element. Any $S \in \Gamma(G)$ must contain some $1 \neq x \in S$ and $\|g\|_{S} \leq\|g\|_{x} \leq$ $\|G\|_{x} \leq \Delta_{1}(G)$ for any $g \in G$, hence $\|G\|_{S} \leq \Delta_{1}(G)$. Since $S$ was arbitrary,

$$
\Delta(G)=\Delta_{1}(G)
$$

Subgroups, quotient, extensions. Strong and uniform boundedness don't behave well with respect to subgroups.
Example 2.8. Uniformly bounded groups may contain unbounded normal subgroups of finite index. An example is the inclusion of $\mathbb{Z}$, which is clearly unbounded, in the infinite dihedral group $G=\mathbb{Z} / 2 \ltimes \mathbb{Z}$. To see that $G$ is uniformly bounded, let $N=2 \mathbb{Z}$ and $K=\mathbb{Z} / 2 \ltimes 2 \mathbb{Z}$. The conjugacy class of any $y \notin \mathbb{Z}$ is the coset $y N$ and therefore $N \subseteq B_{y}(2)$. Then $G$ is finitely normally generated since $[G: N]=4$. If $S \in \Gamma(G)$ then its image $T$ in $G / N \cong \mathbb{Z} / 2 \times \mathbb{Z} / 2$ normally generates it and clearly $\|G / N\|_{T} \leq 2$. By Lemma 2.3(v) the image of $B_{S}(2)$ in $G / N$ is $B_{T}(2)$, hence $G=B_{S}(2) \cdot N \subseteq B_{S}(2) B_{S}(2)=B_{S}(4)$. Since $S$ was arbitrary, $\Delta(G) \leq 4$. (In fact, it is not hard to show that $\Delta(G)=3$.)

Quotients of strongly and uniformly bounded groups are better behaved.
Lemma 2.9. Suppose that $G$ is normally generated by $n$ elements. Let $\pi: G \rightarrow H$ be an epimorphism.
(a) If $G$ is bounded, then $H$ is bounded.
(b) $\Delta_{k}(H) \leq \Delta_{n+k}(G)$ for all $k \geq 1$. In particular, if $G$ is strongly (resp. uniformly) bounded then so is $H$.

Proof. Let $Y=\left\{y_{1}, \ldots, y_{n}\right\} \in \Gamma_{n}(G)$.
Claim: Let $X \in \Gamma_{k}(H)$. Then $\|H\|_{X} \leq\|G\|_{Z}$ for some $Z \in \Gamma_{n+k}(G)$.
Proof: Choose a set-theoretic section $\sigma: H \rightarrow G$. Since $Y$ is finite, $\pi(Y) \subseteq B_{X}^{H}(r)$ for some $r \geq 1$. By Lemma 2.3(v), $\pi\left(B_{\sigma(X)}^{G}(r)\right)=B_{X}^{H}(r)$. Therefore there are $w_{1}, \ldots, w_{n} \in B_{\sigma(X)}^{G}(r)$ such that $\pi\left(w_{i}\right)=\pi\left(y_{i}\right)$. Set

$$
Z=\sigma(X) \cup\left\{\begin{array}{c}
\left\{y_{i} w_{i}^{-1}\right. \\
6
\end{array}: 1 \leq i \leq n\right\}
$$

By Lemma 2.3(iii), $y_{i}=y_{i} w_{i}^{-1} \cdot w_{i} \in B_{Z}(1+r)$, and therefore $Z$ normally generates $G$ because $Y$ does. Thus, $Z \in \Gamma_{n+k}(G)$ and for any $g \in G$,

$$
\|\pi(g)\|_{X}=\|\pi(g)\|_{X \cup\{1\}}=\|\pi(g)\|_{\pi(Z)} \leq\|g\|_{Z} \leq\|G\|_{Z}
$$

Since $\pi$ is surjective, $\|H\|_{X} \leq\|G\|_{Z}$, which proves the claim.
Clearly, $\pi(Y)$ is a finite normal generating set for $H$; (a) follows from the claim and Corollary 2.5. To prove (b), let $X \in \Gamma_{k}(H)$. The claim implies that $\|H\|_{X} \leq\|G\|_{Z} \leq$ $\Delta_{k+n}(G)$. The inequality follows by taking the supremum over all $X$.

Extensions of strongly and uniformly bounded groups behave well under some finiteness assumptions.

Lemma 2.10. Let $H$ be a finitely normally generated group. Let $G \xrightarrow{\pi} H$ be a group epimorphism with finite kernel $N$ of order $n$. Then $G$ is finitely normally generated, and
(a) If $H$ is bounded then $G$ is bounded.
(b) For any $k \geq 1$,

$$
\Delta_{k}(G) \leq(2 n-1) \Delta_{k}(H)+n-1
$$

Hence, if $H$ is strongly (resp., uniformly) bounded then so is $G$.
Proof. Choose $S \in \Gamma_{k}(H)$ for some $k \geq 1$. It follows from Lemma 2.3(vi) that $\pi^{-1}(S) \in$ $\Gamma_{k n}(G)$ and in particular $G$ is finitely normally generated. Lemma 2.3(v) also shows that $\|g\|_{\pi^{-1}(S)} \leq\|\pi(g)\|_{S} \leq\|H\|_{S}$ for any $g \in G$, so $\|G\|_{\pi^{-1}(S)} \leq\|H\|_{S}$. Item (a) now follows from Corollary 2.5.
(b) If $\Gamma_{k}(G)$ is empty then the inequality is trivial so we assume otherwise. Choose some $S \in \Gamma_{k}(G)$. Then $\pi(S) \in \Gamma_{k}(H)$ and we set $d=\|H\|_{\pi(S)}$. We claim that for any $m \geq 0$,

$$
\begin{equation*}
B_{S}^{G}(m+2 d+1)=G \text { or } N \cap B_{S}^{G}(m+2 d+1) \supsetneq N \cap B_{S}^{G}(m) . \tag{2.1}
\end{equation*}
$$

Assume that $B_{S}^{G}(m+2 d+1) \subsetneq G$. Then $B_{S}^{G}(m+d) \subsetneq G$, and since $S$ normally generates $G$, it follows that $B_{S}^{G}(m+d) \subsetneq B_{S}^{G}(m+d+1)$. Let $g \in B_{S}^{G}(m+d+1)$ such that $g \notin B_{S}^{G}(m+d)$. Since $\pi\left(B_{S}^{G}(d)\right)=H$ by Lemma 2.3(v), there exist $\tilde{g} \in B_{S}^{G}(d)$ such that $g \tilde{g}^{-1} \in N$. We claim that $g \tilde{g}^{-1} \notin B_{S}^{G}(m)$ : for otherwise $g=g \tilde{g}^{-1} \cdot \tilde{g} \in B_{S}^{G}(m+d)$ by Lemma 2.3(iii), which contradicts the choice of $g$. In addition, $g \tilde{g}^{-1} \in B_{S}^{G}((m+d+1)+d)$ by Lemma 2.3(iii), so $g$ belongs to $N \cap B_{S}^{G}(m+2 d+1)$ but not to $N \cap B_{S}^{G}(m)$. This proves (2.1).

Since $B_{S}^{G}(0)=\{1\} \subseteq N$ and since $|N|=n$, repeated application of (2.1) shows that $B_{S}^{G}((n-1)(2 d+1)) \supseteq N$. Since $\pi\left(B_{S}^{G}(d)\right)=H$ we deduce from Lemma 2.3(iii) that $G=N \cdot B_{S}^{G}(d) \subseteq B_{S}^{G}((n-1)(2 d+1)+d)$. Since $d=\|H\|_{\pi(S)} \leq \Delta_{k}(H)$,

$$
\|G\|_{S} \leq d+(n-1)(2 d+1) \leq \Delta_{k}(H)(2 n-1)+n-1 .
$$

The inequality in (b) follows.
Lemma 2.11. Let $G_{1}, \ldots, G_{n}$ be finitely normally generated groups. Then $G=G_{1} \times \cdots \times G_{n}$ is finitely normally generated and
(a) If the groups $G_{i}$ are bounded then $G$ bounded.
(b) $\Delta_{k_{1}+\cdots+k_{n}}(G) \geq \sum_{i} \Delta_{k_{i}}\left(G_{i}\right)$.
(c) If the groups $G_{i}$ are simple and uniformly bounded then $G$ is uniformly bounded.

Proof. Identify the groups $G_{i}$ with subgroups of $G$ as the standard factors. If $S_{i} \in \Gamma_{k_{i}}\left(G_{i}\right)$ it is clear that $S:=\bigcup_{i=1}^{n} S_{i} \in \Gamma_{k_{1}+\cdots+k_{n}}(G)$ and that $\|G\|_{S}=\sum_{i=1}^{n}\left\|G_{i}\right\|_{S_{i}}$ which implies (b). Corollary 2.5 implies (a).

Assume that the groups $G_{i}$ are simple and $\Delta\left(G_{i}\right)<\infty$. From Lemma 2.10(b) we may assume that every $G_{i}$ is infinite, hence simple non-abelian. Let $\pi_{i}: G \rightarrow G_{i}$ denote the projections. Let $S \in \Gamma(G)$. For any $1 \leq i \leq n$ there must exist $s_{i} \in S$ such that $\pi_{i}\left(s_{i}\right) \neq 1$. Since $G_{i}$ is not abelian, there exists $y_{i} \in G_{i}$ such that the commutator $x_{i}=\left[\pi_{i}\left(s_{i}\right), y_{i}\right]$ is not trivial, hence normally generates $G_{i}$. As an element of $G, x_{i}$ is a commutator $\left[s_{i}, y_{i}\right]$ so $\left\|x_{i}\right\|_{S} \leq 2$, and Lemma 2.3(iv) implies that

$$
\|G\|_{S} \leq 2\|G\|_{\left\{x_{1}, \ldots, x_{n}\right\}} \leq 2 \sum_{i}\left\|G_{i}\right\|_{x_{i}} \leq 2 \sum_{i} \Delta\left(G_{i}\right) .
$$

Part (c) follows.

## Geometric consequences.

Lemma 2.12 (Nonsqueezing). Let $G$ be a finitely normally generated group such that $\Delta_{n}(G)<$ $\infty$ for some $n \geq 1$. Then for any conjugation-invariant norm $\nu$ on $G$,

$$
\Delta_{n}(G) \cdot \inf _{S \in \Gamma_{n}(G)}\left(\max _{s \in S} \nu(s)\right) \geq \operatorname{diam}(\nu)
$$

Proof. Choose some $S \in \Gamma_{n}(S)$. Proposition 2.4 applied to the identity function on $G$ shows that

$$
\operatorname{diam} \nu \leq \max \{\nu(s): s \in S\} \cdot\|G\|_{S} \leq \max \{\nu(s): s \in S\} \cdot \Delta_{n}(G)
$$

The result follow by taking infimum over all $S \in \Gamma_{n}(G)$.
If $\nu$ is a norm on $G$, let $B_{\nu}^{G}(\epsilon)$ (or simply $B_{\nu}(\epsilon)$ ) denote the open $\nu$-ball of radius $\epsilon$ centred at $1 \in G$.

Corollary 2.13. Let $G$ be a (non-trivial) uniformly bounded simple group. Then every conjugation-invariant norm $\nu$ on $G$ induces the discrete topology.

Proof. It follows from Example 2.7 and Lemma 2.12 that

$$
\inf _{1 \neq g \in G} \nu(g)=\inf _{S \in \Gamma_{1}(G)}\left(\max _{g \in S} \nu(g)\right) \geq \frac{\operatorname{diam} \nu}{\Delta_{1}(G)}=\frac{\operatorname{diam} \nu}{\Delta(G)}>0
$$

Therefore $\nu$ is discrete.
Corollary 2.14. Let $G$ be a group with a composition series $1=N_{0} \triangleleft N_{1} \triangleleft \cdots \triangleleft N_{k}=G$ such that the groups $N_{i} / N_{i-1}$ are uniformly bounded and simple.
(i) Any conjugation-invariant norm on $G$ induces the discrete topology.
(ii) If $G$ is in addition uncountable then it cannot be isomorphic to any subgroup of a group $H$ that can be equipped with a conjugation-invariant norm $\nu$ making it a separable metric space.

Proof. (i) We use induction on $k$. The base case $k=0$ is trivial and we prove the induction to $k+1$. Assume false: so suppose $\nu$ is a non-discrete conjugation-invariant norm on $G$. By the induction hypothesis $\left.\nu\right|_{N_{k}}$ is discrete so $N_{k} \cap B_{\nu}^{G}(\epsilon)=\{1\}$ for some $\epsilon>0$. Lemma 2.1 shows that $G / N_{k}$ is equipped with a conjugation-invariant norm $\nu^{\prime}$; the definition of $\nu^{\prime}$ and
the triangle inequality imply that $B_{\nu}^{G}(\epsilon / 2)$ maps isometrically onto $B_{\nu^{\prime}}^{G / N_{k}}(\epsilon / 2)$. In particular $\nu^{\prime}$ is not discrete, contradicting Corollary 2.13.
(ii) Suppose $G$ is a subgroup of $H$. It follows from (i) that $\left.\nu\right|_{G}$ is discrete. This is impossible since an uncountable subset of a separable metric space cannot be discrete.

Proposition 2.15. Let $N$ be a proper normal subgroup of $G$ and suppose that any $g \notin N$ normally generates $G$. Then
(i) $\Delta_{1}(G)=\Delta(G)$.

Suppose that, in addition, $G$ is equipped with a conjugation-invariant norm $\nu$ such that $N$ is closed but not open. Then
(ii) $\Delta_{1}(G)=\infty$.
(iii) Let $H$ be a finitely normally generated group and $H \rightarrow G$ a homomorphism with dense image. Then $H$ is not strongly bounded.

Proof. (i) Any $S \in \Gamma(G)$ must contain some $g \notin N$ so $\|G\|_{S} \leq\|G\|_{g} \leq \Delta_{1}(G)$. Since $S$ was arbitrary, $\Delta(G) \leq \Delta_{1}(G)$ and equality must hold.
(iii) First, by Lemma 2.9(b) we may replace $H$ with its image in $G$ and hence assume that $H \leq G$. Assume false, i.e., $H$ is strongly bounded. Fix $S=\left\{h_{1}, \ldots, h_{m}\right\} \in \Gamma(H)$. Let $\epsilon>0$. Since $H$ is dense and $N$ is closed and not open, $H \cap B_{\nu}^{G}(\epsilon)$ cannot be contained in $N$, whence we choose $k \in H \backslash N$ with $\nu(k)<\epsilon$. Let $K \leq H$ be the normal subgroup $k$ generates in $H$. Since $K \triangleleft H$, the closure $\bar{K}$ is normalised by $H$. Since $H$ is dense and $\bar{K}$ is closed, $\bar{K} \unlhd G$ and therefore $\bar{K}=G$ (since $k \notin N)$. In other words, $K$ is dense in $G$, and therefore so are the cosets $h_{1} K, \ldots, h_{m} K$, hence we can choose $h_{i}^{\prime} \in h_{i} K \subseteq H$ such that $\nu\left(h_{i}^{\prime}\right)<\epsilon$. It is clear that

$$
X_{\epsilon}=\left\{k, h_{1}^{\prime}, \ldots, h_{m}^{\prime}\right\}
$$

normally generates $H$ and that $X_{\epsilon} \subseteq B_{\nu}^{G}(\epsilon)$. Since $\epsilon>0$ was arbitrary and $\Delta_{m+1}(H)<\infty$, the left-hand side of the inequality in the nonsqueezing Lemma 2.12 vanishes, which is absurd since $\operatorname{diam}(\nu)>0$.
(ii) First, $G$ is finitely normally generated. Apply part (iii) to $H=G$ to deduce that $G$ is not strongly bounded, hence not uniformly bounded, i.e., $\Delta(G)=\infty$. The result follows from (i).

## 3. LIE GROUPS

Throughout this section, unless otherwise stated, all Lie algebras are defined over the real numbers. A connected Lie group $G$ is called simple if its Lie algebra $\mathfrak{g}$ is simple, i.e., it is not abelian and has no non-trivial ideals. It is called semisimple if $\mathfrak{g}$ is semisimple, i.e., is a direct sum of simple Lie algebras. The purpose of this section is to prove the following result.

Theorem 3.1. Let $G$ be a semisimple Lie group. Then $G$ is finitely normally generated, and
(a) $G$ is bounded if and only if $Z(G)$ is finite.

If $Z(G)$ is finite then the following hold.
(b) If $G / Z(G)$ has a non-trivial compact factor then $G$ is bounded but not strongly bounded.
(c) If $G / Z(G)$ has no non-trivial compact factors then $G$ is uniformly bounded.

Remark 3.2. Dowerk and Thom proved that topologically simple compact groups are bounded [16, Proposition 2.2].

Any connected Lie group $G$ acts on itself by conjugation and this gives rise to the adjoint representation Ad: $G \rightarrow \mathrm{GL}(\mathfrak{g})$ whose kernel is $Z(G)$. We will need the following standard fact.

Lemma 3.3. Let $G$ be a connected Lie group with Lie algebra $\mathfrak{g}$. If $V \subseteq \mathfrak{g}$ is an $\operatorname{Ad}(G)$ invariant subspace then $V$ is an ideal in $\mathfrak{g}$.

Lemma 3.4. Let $G$ be a simple Lie group of dimension n. If $g \in G$ is not in $Z(G)$ then $B_{g}(2 n)$ contains an open neighbourhood $U$ of $1 \in G$ such that $U=U^{-1}$. In particular, $g$ normally generates $G$.

Proof. Since $g \notin Z(G)$ and $G$ is connected, $\operatorname{Ad}(g) \in \mathrm{GL}(\mathfrak{g})$ is not the identity transformation and therefore $\operatorname{Ad}(g)(Y) \neq Y$ for some $Y \in \mathfrak{g}$. Set $X=\operatorname{Ad}(g)(Y)-Y$. Then $X \neq 0$ and the simplicity of $\mathfrak{g}$ and Lemma 3.3 imply that $\operatorname{Ad}(G)(X)$ spans $\mathfrak{g}$. Therefore there exist $g_{1}, \ldots, g_{n} \in G$ such that

$$
\operatorname{Ad}\left(g_{1}\right)(X), \ldots, \operatorname{Ad}\left(g_{n}\right)(X)
$$

form a basis of $\mathfrak{g}$. Consider the smooth function $\Psi: \mathbb{R}^{n} \rightarrow G$ given by

$$
\Psi:\left(t_{1}, \ldots, t_{n}\right) \mapsto\left[g, \exp \left(t_{1} Y\right)\right]^{g_{1}} \cdots\left[g, \exp \left(t_{n} Y\right)\right]^{g_{n}} .
$$

The differential of $\Psi$ at the origin satisfies

$$
d \Psi\left(\partial_{i}\right)=\operatorname{Ad}\left(g_{i}\right)(X)
$$

It follows that $\Psi$ is nondegenerate at $0 \in \mathbb{R}^{n}$, hence its image contains an open neighbourhood $U_{g}$ of the identity. Since $\Psi\left(t_{1}, \ldots, t_{n}\right)$ is a product of $2 n$ conjugates of $g$, the image of $\Psi$ is contained in $B_{g}(2 n)$. Set $U=U_{g} \cap U_{g}^{-1}$.

Proof of Theorem 1.6. Any $g \notin Z(G)$ normally generates $G$ by Lemma 3.4. Now $G$ can be equipped with a bi-invariant Riemannian metric [7, Theorem 6.2], which gives rise to a conjugation-invariant norm (see Section 2); this induces the usual topology on $G$. Since $Z(G)$ is closed but not open, the result follows from Proposition 2.15(iii).

The first step in proving Theorem 3.1 is to investigate simple Lie groups with trivial center. The compact case is straightforward.

Proposition 3.5. Let $G$ be a simple compact Lie group with $Z(G)=1$. Then $G$ is bounded and $\Delta_{1}(G)=\infty$.

Proof. The connectedness of $G$ and Lemma 3.4 imply that any $g \in G \backslash Z(G) \neq \emptyset$ normally generates, and together with the compactness of $G$ that $\|G\|_{g}<\infty$. It follows from Corollary 2.5 that $G$ is bounded.

Let $d$ be any bi-invariant Riemannian metric on $G$ [7, Theorem 16.2], and let $\nu$ be the associated conjugation-invariant norm; then $\nu$ induces the usual topology on $G$. We have $\Delta_{1}(G)=\infty$ by Proposition 2.15(ii), taking the subgroup $N$ to be 1 .

The non-compact case is more involved. Recall that the center of a simple Lie $G$ contains any proper normal subgroup of $G$.

Lemma 3.6. Let $G$ be a connected Lie group with $Z(G)=1$ and Lie algebra $\mathfrak{g}$. Let $\psi: \mathfrak{s l}_{2}(\mathbb{R}) \rightarrow \mathfrak{g}$ be an injective Lie algebra homomorphism. Then there exists a smooth homomorphism $\varphi: \operatorname{SL}(2, \mathbb{R}) \rightarrow G$ such that $L(\varphi)=\psi$.

Proof. Let $\tilde{S}$ be the universal cover of $\operatorname{SL}(2, \mathbb{R})$. Then $\tilde{S}$ is simple and any $N \triangleleft \tilde{S}$ is contained in $Z(\tilde{S})$ [20, Prop. 11.1.4].

By the Integrability Theorem of Lie algebra homomorphisms [20, Theorem 9.5.9] there exists $\tilde{\varphi}: \tilde{S} \rightarrow G$ such that $L(\tilde{\varphi})=\psi$. Let $H$ denote its image and $i: H \rightarrow G$ the inclusion. Then $H \cong \tilde{S} / D$ for some $D \leq Z(\tilde{S})$. Since $Z(G)=1$, Ad: $G \rightarrow \mathrm{GL}(\mathfrak{g}))$ is injective. Thus, $A d \circ i$ is a faithful finite-dimensional representation of $H$ and [20, Example 16.1.8] shows that $|Z(\tilde{S}) / D| \leq 2$, hence $H \cong \operatorname{SL}(2, \mathbb{R})$ or $H \cong \operatorname{PSL}(2, \mathbb{R})$, thus $\tilde{\varphi}$ factors through $\varphi: \operatorname{SL}(2, \mathbb{R}) \rightarrow G$.

An element $X$ of a Lie algebra $\mathfrak{g}$ is called nilpotent if $\operatorname{ad}(X): \mathfrak{g} \rightarrow \mathfrak{g}$ is a nilpotent linear map, i.e., the matrix representing $\operatorname{ad}(X)$ in some basis of $\mathfrak{g}$ is strictly lower (or upper) triangular. Let $\operatorname{Nil}(\mathfrak{g})$ denote the set of nilpotent elements in $\mathfrak{g}$. Our next result strengthens Lemma 3.4 because the open set $U$ we obtain does not depend on the choice of $g$.

Proposition 3.7. Let $G$ be a non-compact simple Lie group of dimension $n$ with $Z(G)=1$ and Lie algebra $\mathfrak{g}$.
(i) $\exp _{G}(\operatorname{Nil}(\mathfrak{g})) \subseteq B_{g}(2 n)$ for every $1 \neq g \in G$.
(ii) There exists a neighbourhood $U=U^{-1}$ of the identity such that $U \subseteq B_{g}\left(4 n^{2}\right)$ for any $g \neq 1$.
(iii) $\Delta(G)<\infty$.

Proof. (i) Fix $g \neq 1$ and let $X \in \operatorname{Nil}(\mathfrak{g})$. By the Jacobson-Morozov Theorem [6, Ch. VIII, $\S 11.2$, Prop. 2] $X$ is part of an $\mathfrak{s l}_{2}$-triple $\left(X, Y, H^{\prime}\right)$. Let $e, f, h$ be the standard generators of $\mathfrak{s l}_{2}(\mathbb{R})\left[20\right.$, Section 6.2] and let $\psi: \mathfrak{s l}_{2}(\mathbb{R}) \rightarrow \mathfrak{g}$ be the homomorphism defined by mapping the triple $(e, f, h)$ to the triple $\left(X, Y, H^{\prime}\right)$. By Lemma 3.6 there exists a smooth homomorphism $\varphi: \operatorname{SL}(2, \mathbb{R}) \rightarrow G$ such that $L(\varphi)=\psi$. Conjugation by diagonal matrices shows that the closure of the orbit of $e=\left(\begin{array}{ll}0 & 1 \\ 0 & 0\end{array}\right)$ under the adjoint action of $\operatorname{SL}(2, \mathbb{R})$ contains $0 \in \mathfrak{s l}_{2}(\mathbb{R})$ and therefore the conjugacy class of $\exp _{\mathrm{SL}(2, \mathbb{R})}(e)$ contains the identity matrix in its closure. By the continuity and naturality of exp, the conjugacy class of $\exp _{G}(X)$ contains $1 \in G$ in its closure (see [23, Equation (1.82)]), and therefore it intersects $B_{g}(2 n)$ non-trivially by Lemma 3.4. Since $B_{g}(2 n)$ is closed under conjugation, $\exp _{G}(X) \in B_{g}(2 n)$.
(ii) By [24, Theorem 5.1] $G=K N K$, where $G=K A N$ is the Iwasawa decomposition associated to $\mathfrak{g}=\mathfrak{k}+\mathfrak{a}+\mathfrak{n}$, see [23, Section VI.4] or [20, Section 13.3]. By [23, Theoren 6.31(f)] $K$ is compact. By [20, Theorem 13.3.8 and Lemma 13.3.5], $N=\exp _{G}(\mathfrak{n})$ and $\mathfrak{n} \subseteq \operatorname{Nil}(\mathfrak{g})$. Since $G$ is not compact, $N \neq 1$, hence $\operatorname{Nil}(\mathfrak{g}) \neq 0$.

Choose some $0 \neq X \in \operatorname{Nil}(\mathfrak{g})$. Since $\exp _{G}$ is a local diffeomorphism at 0 , by replacing $X$ with a scalar multiple, we may assume that $\exp _{G}(X) \neq 1$ and we may fix a neighbourhood of the identity $U \subseteq B_{\exp (X)}(2 n)$ guaranteed by Lemma 3.4. For any $g \neq 1$ part (i) shows that $\exp (X) \in B_{g}(2 n)$ and it follows from Lemma 2.3(iv) that $U \subseteq B_{g}(2 n \cdot 2 n)$.
(iii) We use the Iwasawa decomposition $G=K A N$ and $U$ from part (ii). Since $K$ is compact and $G$ is connected, $K \subseteq U^{r}=U \cdot U \cdots U$ for some $r \in \mathbb{N}$. Consider an arbitrary $1 \neq g \in G$. It follows from Lemma 2.3 that $K \subseteq B_{U}(r) \subseteq B_{g}\left(4 n^{2} r\right)$. Part (i) shows that $N=\exp _{G}(\mathfrak{n}) \subseteq \exp _{G}(\operatorname{Nil}(\mathfrak{g})) \subseteq B_{g}(2 n)$. Combine this with [24, Theorem 5.1] which asserts
that $G=K N K$, to deduce that $\|G\|_{g} \leq 8 n^{2} r+2 n$, which is independent of $g$. Since $g \in G$ was arbitrary, Lemma 3.4 combined with Proposition 2.15(i) shows that $\Delta(G)=\Delta_{1}(G)<$ $\infty$.

If $G$ is semisimple then $Z(G)$ is a discrete subgroup and $G / Z(G)$ has trivial centre by [23, Proposition 6.30]. Moreover, $G / Z(G)$ is the product of simple Lie groups with trivial centre. This follows from elementary covering space theory (see [20, Theorems 9.5.4]) and the Integrability Theorems [20, Theorems 9.4 .8 and 9.5.9] which imply that the universal cover $\tilde{G}$ of $G / Z(G)$ is the product of simply connected simple Lie groups, hence this is the case for $\tilde{G} / Z(\tilde{G})$.

Also, $Z(G)$ is a finitely generated abelian group. This follows by combining [20, Theorems 9.5.4 and 13.1.7] and [23, Proposition 6.30 and Theorem 6.31] which show that $Z(G)$ is isomorphic to a subgroup of $\pi_{1}(G / Z(G)) \cong \pi_{1}(K)$, where $K$ is a maximal compact (Lie) subgroup of $G / Z(G)$.

Let $G$ be a Lie group and $A$ a $G$-module equipped with a metric (in this paper we will only be interested in the case of the trivial action of $G$ ). One can study the (bounded) continuous cohomology groups $H_{c}^{*}(G, A)$ and $H_{c b}^{*}(G, A)$ defined by means of continuous cochains $f: G^{p} \rightarrow A$. The open sets in $G$ and $A$ define the Borel $\sigma$-algebras on $G$ and $A$ and one can consider the (bounded) Borel cohomology groups $H_{B}^{*}(G, A)$ and $H_{B b}^{*}(G, A)$ defined by means of the cochains $f: G^{p} \rightarrow A$ that are (bounded) Borel maps. There are obvious inclusion of cochain complexes which give rise to comparison maps between these cohomology groups and which fit into the commutative diagram


A nice survey can be found in [38, §2-4] and in Moore's paper [32].
Proposition 3.8. Let $H$ be a connected semisimple Lie group. Assume that $Z=Z(H)$ is an infinite cyclic group. Then there exists an unbounded quasimorphism $q: H \rightarrow \mathbb{R}$.

Proof. Set $G=H / Z$ and let $\pi: H \rightarrow G$ be the quotient map. Then $Z(G)$ is trivial and $G$ is a product of centre-free simple Lie groups. In particular the abelianisation of $G$ is trivial.

Consider the short exact sequence of trivial $G$-modules

$$
0 \rightarrow \mathbb{Z} \xrightarrow{i} \mathbb{R} \rightarrow T \rightarrow 0
$$

There results a long exact sequence in Borel cohomology [32, p. 43]

$$
\cdots \rightarrow H_{B}^{1}(G, T) \rightarrow H_{B}^{2}(G, \mathbb{Z}) \xrightarrow{i_{*}} H_{B}^{2}(G, \mathbb{R}) \rightarrow H_{B}^{2}(G, T) \rightarrow \ldots
$$

Also, since $G$ acts on $\mathbb{R}$ trivially it follows from [32, p. 45] that $H_{B}^{1}(G, T)$ is isomorphic to the group of continuous homomorphisms $G \rightarrow T$, and since $G_{a b}$ is trivial, $H_{B}^{1}(G, T)=0$. It follows that $H_{B}^{2}(G, \mathbb{Z}) \xrightarrow{i_{*}} H_{B}^{2}(G, \mathbb{R})$ is injective.

The comparison maps between (bounded) continuous and (bounded) Borel cohomology and the naturality with respect to group homomorphisms give rise to the following commutative diagram:


The first two vertical arrows in the first row are isomorphisms by [2, Theorem A]. The last two are isomorphisms by [9, Item (2.i) in Section 2.3, p. 529]. This result uses the regularization operator $R^{*}$ in [4, Section 4]; it is immediate from its definition and from the definition of the chain homotopies in loc. cit. that $R^{*}$ restricts to cochain equivalences $R^{*}: C_{B b}^{*}(G, \mathbb{R}) \rightarrow$ $C_{c b}^{*}(G, \mathbb{R})$ and $R^{*}: C_{B b}^{*}(H, \mathbb{R}) \rightarrow C_{c b}^{*}(H, \mathbb{R})$ of the bounded cochain complexes. See also the remarks in [12, p. 553]. The last horizontal arrow in the first row is an isomorphism by [31, Corollary 7.50.10] since $\operatorname{ker}(\pi)=Z$ is amenable. The second vertical arrow in the second row is injective as we have seen above.

Since $H$ is connected, the central extension $Z \rightarrow H \rightarrow G$ is not trivial (i.e., not split). Also, by [32, p. 45] or [29], $H_{B}^{2}(G, Z)$ is isomorphic to $\operatorname{Ext}(G, Z)$, the group of equivalence classes of extensions of topological groups. Hence $H$ gives rise to a non-trivial class $\left[\epsilon^{H}\right] \in$ $H_{B}^{2}(G, \mathbb{Z})$. By [12, Theorem 1.1] the arrow $j_{*}$ in the last row is surjective, hence there exists $\left[\epsilon_{b}^{H}\right] \in H_{B b}^{2}(G, \mathbb{Z})$, a preimage of $\left[\epsilon^{H}\right]$. Let $[f] \in H_{B}^{2}(G, \mathbb{R})$ and $\left[f_{b}\right] \in H_{B b}^{2}(G, \mathbb{R})$ be the images of $\left[\epsilon^{H}\right]$ and $\left[\epsilon_{b}^{H}\right]$ under $i^{*}$. Since the second vertical arrow $i_{*}$ in the second row of the diagram is injective, $[f] \neq 0$, and since $j_{*}\left(\left[f_{b}\right]\right)=[f]$, also $\left[f_{b}\right] \neq 0$. Since the vertical maps $\iota_{*}$ are isomorphisms, there exist $\left[f_{c}\right] \in H_{c}^{2}(G, \mathbb{R})$ and $\left[f_{c b}\right] \in H_{c b}^{2}(G, \mathbb{R})$ such that $\iota_{*}\left[f_{c}\right]=[f]$ and $\iota_{*}\left[f_{c b}\right]=\left[f_{b}\right]$.

It is a standard fact that $\pi^{*}\left[\epsilon^{H}\right]$ is the trivial element in $H_{B}^{2}(H, \mathbb{Z})$ (because $\epsilon^{H}$ is the coboundary of the Borel section $\sigma: G \rightarrow H$ used to define $\epsilon^{H}$ ). It follows that $\pi^{*}\left[f_{c}\right]=0$ since the $\iota_{*}$ are isomorphisms and

$$
\iota_{*} \pi^{*}\left[f_{c}\right]=\pi^{*}[f]=\pi^{*} i_{*}\left[\epsilon^{H}\right]=i_{*} \pi^{*}\left[\epsilon^{H}\right]=0 .
$$

Since $\iota_{*}$ and $\pi^{*}$ at the top right-hand corner of the diagram are isomorphisms,

$$
\pi^{*}\left[f_{c b}\right] \neq 0 \quad\left(\text { in } H_{c b}^{2}(H, \mathbb{R})\right)
$$

The first row of the diagram above is part of the commutative diagram


Hence $j_{*}\left(\pi^{*}\left[f_{c b}\right]\right)=\pi^{*}\left(j_{*}\left[f_{c b}\right]\right)=\pi^{*}\left[f_{c}\right]=0$. Therefore there exists a continuous map $q: H \rightarrow \mathbb{R}$ such that $\pi^{*} f_{c b}=\partial q$. It must be unbounded, or else $\left[\pi^{*} f_{c b}\right]=0$ which is a
contradiction. It is also a quasimorphism: for $f_{c b}$ is a bounded 2 -cocycle on $G$, so for any $h_{1}, h_{2} \in H$ we get

$$
\left|q\left(h_{1} h_{2}\right)-q\left(h_{1}\right)-q\left(h_{2}\right)\right|=\left|\partial q\left(h_{1}, h_{2}\right)\right|=\left|\left(\pi^{*} f_{c b}\right)\left(h_{1}, h_{2}\right)\right|=\quad\left|f_{c b}\left(\pi\left(h_{1}\right), \pi\left(h_{2}\right)\right)\right|<M
$$

where $M$ is a bound for $f_{c b}$.
Proof of Theorem 3.1. Set $H=G / Z(G)$. Then $Z(H)=1$ and $H=H_{1} \times \cdots \times H_{k}$ is a product of simple Lie groups with trivial center. Apply Lemma 3.4 to each $H_{i}$ to deduce that $H$ is finitely normally generated. It follows that $G$ is finitely normally generated because $Z(G)$ is finitely generated.

Suppose that $|Z(G)|<\infty$. Each factor $H_{i}$ is bounded by Propositions 3.5 and 3.7(iii). Therefore $H$ is bounded by Lemma 2.11(a) and it follows from Lemma 2.10(a) that $G$ is bounded. This proves the "if" statement in (a).

Suppose that $H$ a compact factor, say $H_{1}$. Then $\Delta_{1}\left(H_{1}\right)=\infty$ by Proposition 3.5 and Lemma 2.9(b) shows that $G$ is not strongly bounded. This proves (b).

Suppose that $H_{1}, \ldots, H_{k}$ are not compact. Then $\Delta\left(H_{i}\right)<\infty$ by Propostion 3.7(iii) and Lemma 2.11(c) shows that $\Delta(H)<\infty$ (because each $H_{i}$ is simple as an abstract group by Lemma 3.4). Then $\Delta(G)<\infty$ by Lemma $2.10(\mathrm{~b})$. This proves (c).

Assume that $Z(G)$ is infinite. Since $Z(G)$ is finitely generated, it contains a factor isomorphic to $\mathbb{Z}$ with complement $Z(G)^{\prime}$. Set $K=G / Z(G)^{\prime}$. Then $Z(K) \cong \mathbb{Z}$ (because $Z \leq G$ is discrete and closed). By Lemma 2.9 it suffices to prove that $K$ is unbounded. This follows from Proposition 3.8 and from [17, Lemma 3.6] which implies that all quasimorphisms on a bounded finitely normally generated group must be bounded.

## 4. Linear algebraic groups

Throughout this section $G$ denotes a linear algebraic group over an algebraically closed field $K$. The Zariski closure of a subset $X$ of an algebraic variety over $K$ is denoted $\bar{X}$. If $A$ is a constructible dense subset of an irreducible variety $X$ then $A$ contains an open subset of $X$, [5, AG.1.3]. Indeed, $A=\bigcup_{i=1}^{n} F_{i} \cap U_{i}$ where the $F_{i}$ are closed and the $U_{i}$ are open, so $X=\bar{A} \subseteq \bigcup_{i=1}^{n} F_{i}$, and since $X$ is irreducible $F_{i}=X$ for some $i$. If $G$ is any algebraic group and $A, B \subseteq G$ then $\bar{A} B \subseteq \overline{A B}$ because $\bar{A} b=\overline{A b}=\overline{A B}$ for any $b \in B$.

The next lemma is a slight improvement on [22, 7.5 Proposition] and its proof, which we follow closely. Our addition is the upper bound for $k$.

Lemma 4.1. Let $G$ be a linear algebraic group over an algebraically closed field $K$. Let $\left\{f_{i}: V_{i} \rightarrow G\right\}_{i \in I}$ be a family of morphisms from irreducible varieties $V_{i}$ such that $1 \in W_{i}:=$ $f_{i}\left(V_{i}\right)$ for every $i \in I$. Let $G^{\prime}$ be the closed subgroup generated by $\bigcup_{i \in I} W_{i}$. Then $G^{\prime}$ is a connected closed subgroup of $G^{0}$ and there are sequences $i_{1}, \ldots, i_{k} \in I$ and $e_{1}, \ldots, e_{k} \in\{ \pm 1\}$ for some $k \leq 2 \operatorname{dim} G$, such that $G^{\prime}=W_{1_{1}}^{e_{1}} \cdots W_{i_{k}}^{e_{k}}$.

Proof. We may assume that $G^{\prime} \neq\{1\}$. Let us construct by induction a sequence $i_{1}, i_{2}, \ldots$ in $I$ and a sequence $e_{1}, e_{2}, \ldots$ in $\{ \pm 1\}$ as follows. Choose any element $i_{1} \in I$ such that $W_{i} \neq\{1\}$ and choose $e_{1}=1$. Assume that $i_{1}, \ldots, i_{m}$ and $e_{1}, \ldots, e_{m}$ have been chosen. Choose $i_{m+1}$ and $e_{m+1}$ as follows. Set

$$
D_{m}=W_{i_{1}}^{e_{1}} \cdots W_{i_{m}}^{e_{m}}
$$

Then $D_{m} \subseteq G^{\prime}$ is the image of a morphism of varieties $V_{i_{1}} \times \cdots \times V_{i_{m}} \rightarrow G \times \cdots \times G \xrightarrow{\text { mult }} G$ and it is therefore an irreducible constructible subset of $G[22$, Theorem 4.4 and Proposition A in §1.3]. Moreover, $1 \in D_{m}$ since $1 \in W_{i}$ for all $i$, so $D_{m} \subseteq G^{0}$. If $\overline{D_{m}}=G^{\prime}$ then set $i_{m+1}=i_{m}$ and $e_{m+1}=e_{m}$. So assume that $\overline{D_{m}} \subsetneq G^{\prime}$. There must exist $j_{1}, \ldots, j_{r} \in I$ such that $W_{j_{1}}^{ \pm 1} \cdots W_{j_{r}}^{ \pm 1} \nsubseteq \overline{D_{m}}$ (since otherwise $G^{\prime}=\overline{D_{m}}$ ). Since $1 \in D_{m}$ and $1 \in W_{j_{1}}, \ldots, W_{j_{r}}$, it follows that $\overline{D_{m}} W_{j_{1}}^{ \pm 1} \cdots W_{j_{r}}^{ \pm 1} \supsetneq \overline{D_{m}}$ and therefore $\overline{D_{m}} W_{j_{q}}^{h_{q}} \supsetneq \overline{D_{m}}$ for some $1 \leq q \leq r$ and some $h_{q}= \pm 1$. Choose $i_{m+1}=j_{q}$ and $e_{m+1}=h_{q}$.

We have seen above that the sets $D_{m}$ are irreducible and constructible for all $m \geq 1$. Also $1 \in D_{m}$. In addition, if $\overline{D_{m}} \neq G^{\prime}$ then by construction of $i_{m+1}$,

$$
\overline{D_{m+1}}=\overline{D_{m} W_{i_{m+1}}^{e_{m+1}}} \supseteq \overline{D_{m}} W_{i_{m+1}}^{e_{m+1}} \supsetneq \overline{D_{m}} .
$$

Since the sets $\overline{D_{m}}$ are closed subsets of the affine variety $G$, they are affine varieties. By [22, Proposition 3.2], $\operatorname{dim}\left(\overline{D_{m}}\right)<\operatorname{dim}\left(\overline{D_{m+1}}\right)$. Since $\operatorname{dim}\left(\overline{D_{m}}\right) \leq \operatorname{dim}\left(G^{\prime}\right)$ for all $m$ we deduce from the construction of $\left\{D_{n}\right\}_{n \geq 1}$ that $\overline{D_{n}}=G^{\prime}$ for some $n$. In particular $G^{\prime}$ is connected, thus it is a closed subgroup of $\bar{G}^{0}$. Also $n \leq \operatorname{dim}\left(G^{0}\right)$, since $D_{1} \neq\{1\}$.

Finally, $D_{n}$ is constructible and dense in $G^{\prime}$, so it contains a nonempty open subset of $G^{\prime}$. Hence $D_{n} D_{n}=G^{\prime}$ by [22, 7.4 Lemma]. Thus, $G^{\prime}=\left(W_{i_{1}}^{e_{1}} \cdots W_{i_{n}}^{e_{n}}\right)\left(W_{i_{1}}^{e_{1}} \cdots W_{i_{n}}^{e_{n}}\right)$ as needed.

Recall from [5, Theorem II.6.8] that if $N$ is a closed normal subgroup of a linear algebraic group $G$ then $G / N$ is also a linear algebraic group. The commutator subgroup $[G, G]$ is closed by [5, Section I.2.3], as is $\left[G, G^{0}\right]$.
Proposition 4.2. Let $G$ be a linear algebraic group over an algebraically closed field $K$. The following are equivalent.
(a) $G$ is finitely normally generated;
(b) $G /[G, G]$ is finite;
(c) $G /\left[G, G^{0}\right]$ is finite.

Proof. $(a) \Longrightarrow(b)$. If $G$ is finitely normally generated then $A=G /[G, G]$ is a finitely normally generated abelian group, hence it is finitely generated. Suppose $A$ is infinite and pick $n>\left|A / A^{0}\right|$. Define a homomorphism $f: A \rightarrow A$ by $f(a)=a^{n}$. Then the image $f(A)$ is a closed subgroup of $A[22$, 7.4 Proposition $\mathrm{B}(\mathrm{b})]$ and $[A: f(A)] \geq n$ because $A$ has $\mathbb{Z}$ as a direct factor. But $A^{0} \subseteq f(A)$ by $[22,7.3$ Proposition (b) $]$, so $|A: f(A)| \leq\left|A: A^{0}\right|<n$ which is absurd. Therefore $A$ must be finite.
$(b) \Longrightarrow(c)$. Assume that $G /[G, G]$ is finite. Set $H=G /\left[G, G^{0}\right]$ and let $\pi: G \rightarrow H$ be the projection. By construction of $H$ and [22, 7.4 Proposition $\mathrm{B}(\mathrm{c})], H^{0}=\pi\left(G^{0}\right) \subseteq Z(H)$, and therefore $[H, H]$ is finite by $[22,17.1$ Lemma A]. Since $H /[H, H]$ is a quotient of $G /[G, G]$, it is finite and therefore $H$ is finite.
$(c) \Longrightarrow(a)$. For any $g \in G$ consider the morphism of varieties $f_{g}: G^{0} \xrightarrow{x \mapsto[g, x]} G$. Then $1 \in \operatorname{Im}\left(f_{g}\right)$ and $\left[G, G^{0}\right]$ is the closed subgroup generated by $\bigcup_{g \in G} \operatorname{Im}\left(f_{g}\right)$. Lemma 4.1 implies that there is a finite $T \subseteq G$ such that $\left[G, G^{0}\right]$ is generated by $\bigcup_{g \in T} \operatorname{Im}\left(f_{g}\right)$, hence it is generated by $\operatorname{conj}_{G^{0}}(T)$. If $G /\left[G, G^{0}\right]$ is finite then $G$ is normally generated by $T$ and any set of representatives in $G$ for the cosets of $\left[G, G^{0}\right]$.
Theorem 4.3. Let $G$ be a finitely normally generated linear algebraic group over an algebraically closed field $K$. Then $G$ is uniformly bounded and $\Delta(G) \leq 4 \operatorname{dim}(G)+\Delta\left(G / G^{0}\right)$.

Proof. Let $T \subseteq G$ be a finite normally generating set. Then $G$ is generated by $\operatorname{conj}_{G}(T)$. Any $x \in \operatorname{conj}_{G}(T)$ yields a morphism of varieties $f_{x}: G^{0} \xrightarrow{y \mapsto[x, y]} G$; set $W_{x}:=f_{x}\left(G^{0}\right)$. Let $S=\bigcup_{x \in \operatorname{conj}_{G}(T)} W_{x}$, and let $N$ be the subgroup of $G$ generated by $S$. Clearly $S$ is invariant under conjugation by $G$, so $N \unlhd G$. Every element of $W_{x}$ is a product of two conjugates of $x$, so $W_{x} \subseteq B_{T}(2)$. It follows from Lemma 4.1 that $N$ is closed and $N \subseteq B_{T}(4 \operatorname{dim}(G))$.

Let $\pi: G \rightarrow G / N$ be the canonical projection. By construction $\pi\left(G^{0}\right)$ commutes with every element of $\pi\left(\operatorname{conj}_{G}(T)\right)$. Since the latter generates $G / N$ it follows that $\pi\left(G^{0}\right) \subseteq Z(G / N)$ and therefore $N \supseteq\left[G, G^{0}\right]$. By Lemma 4.2, $\left[G, G^{0}\right]$ has finite index in $G$, so $N$ has finite index in $G$. It follows that $G^{0} \leq N[22, ~ 7.3$ Proposition (b)].

The image of $T$ in $G / G^{0}$ normally generates $G / G^{0}$, so $B_{T}\left(\Delta\left(G / G^{0}\right)\right)$ contains an element from every coset of $G^{0}$ in $G$. Since $G^{0} \leq N$ we deduce that $G=B_{T}\left(4 \operatorname{dim}(G)+\Delta\left(G / G^{0}\right)\right)$. But $T$ was arbitrary, so the result follows.
Remark 4.4. Theorem 4.3 fails if the ambient field $K$ is not algebraically closed. For example, for $n \geq 3$, the real algebraic Lie group $\operatorname{SO}(n, \mathbb{R})$ is a simple compact Lie group, which by Theorem 3.1 is not strongly bounded.

## 5. Non-uniformly bounded groups and simple quotients

The purpose of this section is to prove the following theorem.
Theorem 5.1. Let $G$ be a finitely normally generated group and suppose $G$ has infinitely many maximal normal subgroups. Then $G$ is not uniformly bounded.
Definition 5.2. Let $\mathcal{N}$ be a collection of normal subgroups of a group $G$. Set $G / \mathcal{N}=$ $\prod_{N \in \mathcal{N}} G / N$. The collection is called splitting if every $N \in \mathcal{N}$ is a proper subgroup and the natural homomorphism $G \rightarrow G / \mathcal{N}$ is surjective.

Clearly, a sub-collection of a splitting collection is splitting and $\mathcal{N}=\{N\}$ is splitting for any proper $N \triangleleft G$.

Lemma 5.3. Let $G$ be a finitely normally generated group which admits a splitting collection $\mathcal{N}$ of size $k$. Then $\Delta(G) \geq k$.
Proof. Since $\Delta(G / N) \geq 1$ for all $N \in \mathcal{N}$, Lemmas 2.11(b) and 2.9 show that $k \leq \Delta\left(G / N_{1} \times\right.$ $\left.\cdots \times G / N_{k}\right) \leq \Delta(G)$.

The next lemma is straightforward; it follows from [37, Exercise 404(i), page 167], for example.
Lemma 5.4. Suppose $G=G_{1} \times \cdots \times G_{n}$ is a product of simple groups. Then $G$ has only finitely many normal subgroups.

Proof of Theorem 5.1. Let $\mathcal{M}(H)$ denote the collection of the maximal normal subgroups of a group $H$. Let $\mathbb{M}(G)$ denote the set of all the splitting collections of $G$ consisting of maximal normal subgroups. Clearly $\mathbb{M}(G)$ is not empty. Suppose $\mathcal{N} \in \mathbb{M}(G)$ has size $k \in \mathbb{N}$. Let $K$ be the kernel of $G \rightarrow G / \mathcal{N}$. If $K$ is contained in every $M \in \mathcal{M}(G)$ then the assignment $M \mapsto M / K$ gives rise to a bijection $\mathcal{M}(G) \rightarrow \mathcal{M}(G / K) \approx \mathcal{M}(G / \mathcal{N})$ which contradicts Lemma 5.4. So there exists $M \in \mathcal{M}(G)$ such that $K \nsubseteq M$. In particular $M \notin \mathcal{N}$. Set $\mathcal{N}^{\prime}=\mathcal{N} \cup\{M\}$. Then $G \rightarrow G / \mathcal{N}^{\prime}=G / \mathcal{N} \times G / M$ is surjective because $G \rightarrow G / \mathcal{N}$ is surjective and $K \rightarrow G / M$ is surjective since it is not trivial and $G / M$ is simple. Therefore
$\mathcal{N}^{\prime} \in \mathbb{M}(G)$. Thus, $\mathbb{M}(G)$ contains elements of arbitrary size $k \in \mathbb{N}$ and Lemma 5.3 completes the proof.

Here is an application to linear groups.
Theorem 5.5. Let $G \subset G \mathrm{G}(n, \mathbb{C})$ be a connected, simply connected, $\mathbb{Q}$-simple and absolutely simple linear algebraic group defined over $\mathbb{Q}$. Let $\Gamma \subset G(\mathbb{Q})$ be a finitely generated Zariski dense subgroup. Then $\Gamma$ is not uniformly bounded.

Proof. It follows from the Strong Approximation Theorem [28, Corollary 16.4.3] that $G\left(\mathbb{F}_{p}\right)$ is a quotient of $\Gamma$ for almost all primes $p$. Moreover, our hypotheses imply that $G\left(\mathbb{F}_{p}\right)$ is quasisimple [35, Proposition 6.1], so its quotient by its centre is a finite simple group. This yields infinitely many pairwise non-isomorphic simple quotients of $G$ [28, Proposition 16.4.2]. The kernels of the quotient maps must be pairwise distinct maximal normal subgroups of $G$. Theorem 5.1 applies.

Remark 5.6. Theorem 5.5 fails if we drop the requirement that $\Gamma$ is finitely generated. For instance, if $G=\operatorname{SL}(n)$ and $\Gamma=\operatorname{SL}(n, \mathbb{Q})=G(\mathbb{Q})$ then $\Gamma$ is uniformly bounded by Theorem 6.3.

## 6. Boundedness properties of $\operatorname{SL}(n, \mathfrak{R})$

Assumptions and notation. In this section, unless otherwise stated, $\mathfrak{R}$ denotes a principal ideal domain (p.i.d). The ideal generated by $a \in \mathfrak{R}$ is denoted $(a)_{\mathfrak{R}}$. The greatest common divisor of $X \subseteq \mathfrak{R}$, denoted by $\operatorname{gcd}(X)$, is a generator of the ideal $\sum_{a \in X}(a)_{\mathfrak{R}}$.

The group of $n \times n$ matrices with determinant 1 over a commutative ring $R$ with 1 is denoted $\operatorname{SL}(n, R)$. If $A, B \in \operatorname{SL}(n, R)$ then we write $A \sim B$ if $A$ is conjugate to $B$. Let $e_{i, j}$ be the $n \times n$ matrix over $R$ whose only non-zero entry is 1 in the $i$ th row and the $j$ th column where $i \neq j$. For any $r \in R$ and $i \neq j$, the elementary matrix $E_{i, j}(r)$ is $I+r e_{i, j}$. The set of all elementary matrices is denoted $\operatorname{EL}(n, R)$; it is clearly contained in $\operatorname{SL}(n, R)$.

We now state the main three results of this section.
Theorem 6.1. Let $\Re$ be a p.i.d with infinitely many maximal ideals. Let $n \geq 3$. Assume that $\operatorname{SL}(n, \mathfrak{R})$ is normally generated by $\operatorname{EL}(n, \mathfrak{R})$ and that $\|\mathrm{SL}(n, \mathfrak{R})\|_{\mathrm{EL}(n, \mathfrak{R})} \leq C_{n}$. Then for any $k \geq 1$,

$$
k \leq \Delta_{k}(\mathrm{SL}(n, \mathfrak{R})) \leq(4 n+4) C_{n} k .
$$

In particular $\mathrm{SL}(n, \mathfrak{R})$ is strongly bounded but not uniformly bounded.
The assumptions in Theorem 6.1 that $\operatorname{SL}(n, \mathfrak{R})$ is normally generated by $\operatorname{EL}(n, \mathfrak{R})$ and that $\|\operatorname{SL}(n, \mathfrak{R})\|_{\mathrm{EL}(n, \mathfrak{R})}<\infty$ are not automatically satisfied for general p.i.d.'s (see Remark 6.23 below).

Application of Theorem 6.1 yields the following result.
Corollary 6.2. Let $\mathcal{O}$ be the ring of integers in a number field whose class number is one and let $n \geq 3$. Then $\operatorname{SL}(n, \mathcal{O})$ is normally generated by any elementary matrix $E_{i, j}(1)$, it is strongly bounded but not uniformly bounded. In fact,

$$
k \leq \Delta_{k}(\mathrm{SL}(n, \mathcal{O})) \leq(4 n+51)(4 n+4) k
$$

The situation is quite different when $\mathfrak{R}$ has only finitely many maximal ideals.

Theorem 6.3. Let $\mathfrak{R}$ be a p.i.d with only $d<\infty$ maximal ideals. Let $n \geq 3$. Then $\operatorname{SL}(n, \mathfrak{R})$ is normally generated by $\operatorname{EL}(n, \mathfrak{R})$ and for any $k \geq 1$,

$$
\Delta_{k}(\mathrm{SL}(n, \mathfrak{R})) \leq 12(n-1) \cdot \min \{d, k(n+1)\}
$$

In particular $\Delta(\mathrm{SL}(n, \mathfrak{R})) \leq 12 d(n-1)$, thus $\mathrm{SL}(n, \mathfrak{R})$ is uniformly bounded.
In the remainder of this section we will prove these results and provide some examples.
Lemma 6.4. Let $n \geq 2$. Let $\mathbf{a}=\left(a_{1}, \ldots, a_{n}\right) \in \mathfrak{R}^{n}$ be a (row) vector. Set $t=\operatorname{gcd}\left(a_{1}, \ldots, a_{n}\right)$. Then there exists $A \in \mathrm{SL}(n, \mathfrak{R})$ such that $\mathbf{a} \cdot A=(t, 0, \ldots, 0)$.

Proof. Clearly, $\mathbf{a}=t \mathbf{b}$ where $\operatorname{gcd}(\mathbf{b})=1$. By [34, Corollary II.1] there exists $B \in \operatorname{SL}(n, \mathfrak{R})$ whose first row is $\mathbf{b}$. Thus, $(t, 0,0, \ldots, 0) \cdot B=t \mathbf{b}=\mathbf{a}$. Set $A=B^{-1}$.

Recall that $e_{i, j} e_{k, \ell}=0$ if $j \neq k$ and $e_{i, j} e_{k, \ell}=e_{i, \ell}$ if $j=k$. Suppose that $1 \leq i \neq \ell \leq n$. For any $1 \leq j, k \leq n$ such that $i \neq j$ and $k \neq \ell$ we obtain the Steinberg relations

$$
\left[E_{i, j}(x), E_{k, \ell}(y)\right]= \begin{cases}I & \text { if } j \neq k \\ E_{i, \ell}(x y) & \text { if } j=k\end{cases}
$$

Given $i \neq j$ set

$$
\sigma_{i, j}=e_{i, j}-e_{j, i}+\sum_{k \neq i, j} e_{k, k}
$$

Notice that $\sigma_{i, j} \in \operatorname{SL}(n, \mathfrak{R})$ and that $\sigma_{i, j}^{-1}=\sigma_{j, i}$.
Lemma 6.5. Assume that $n \geq 3$.
(1) For any fixed $x \in \mathfrak{R}$, all the elementary matrices $E_{i, j}(x)$ are conjugate in $\mathrm{SL}(n, \mathfrak{R})$.
(2) Set $A=E_{1, n}(1)$. Then $B_{A}(2) \supseteq \mathrm{EL}(n, \mathfrak{R})$ : that is, every elementary matrix is the product of at most 2 conjugates of $A^{ \pm 1}$.

Proof. Consider $i \neq j$. To prove (1) it suffices to show that $E_{i, j}(x) \sim E_{1, n}(x)$. Choose $k \neq i, j$ (this is possible since $n \geq 3$ ). An easy calculation shows that $\sigma_{k, j} e_{i, j} \sigma_{k, j}^{-1}=e_{i, k}$ and therefore $E_{i, k}(x)=\sigma_{k, j} E_{i, j}(x) \sigma_{k, j}^{-1}$. The rest is straightforward. For part (2) use Steinberg's relation $E_{1,2}(x)=\left[E_{1, n}(1), E_{n, 2}(x)\right] \in B_{A}(2)$ and part (1).

Lemma 6.6. Fix $n \geq 2,2 \leq k \leq n$ and $a_{1}, \ldots, a_{k-1} \in \mathfrak{R}$. Consider the upper triangular matrix

$$
A=I+\sum_{i=1}^{k-1} a_{i} e_{i, k}=\left(\begin{array}{cccccccc}
1 & 0 & \cdots & 0 & a_{1} & 0 & \cdots & 0 \\
& 1 & & & a_{2} & & & \\
& & \ddots & & \vdots & & & \\
& & & 1 & a_{k-1} & & & \\
& & & & 1 & & & \\
& & & & & 1 & & \\
& & & & & & \ddots & \\
& & & & & & & 1
\end{array}\right)
$$

Then $A$ is conjugate to $E_{1, n}(t)$ where $t=\operatorname{gcd}\left(a_{1}, \ldots, a_{k-1}\right)$.
Proof. By the analogue of Lemma 6.4 for column vectors, there exists a matrix $B \in \mathrm{SL}(n, \mathfrak{R})$ of the form $\left(\begin{array}{cc}D & 0 \\ 0 & I\end{array}\right)$ where $D \in \operatorname{SL}(k-1, \mathfrak{R})$ such that $B A B^{-1}=E_{1, k}(t)$. If $k \neq n$ then conjugation by $\sigma_{k, n}$ gives $E_{1, n}(t)$.

The next lemma will be a key tool in our analysis.
Lemma 6.7 (The double commutator lemma). Let $R$ be a commutative ring with 1. Let $A \in \operatorname{SL}(n, R)$ and set $B=A^{-1}$. Write $A=\left(a_{i, j}\right)$ and $B=\left(b_{i, j}\right)$. Fix indices $1 \leq i \neq \ell \leq n$ such that $a_{\ell, i}=0$. Then for any $1 \leq j, k \leq n$ such that $j \neq i$ and $k \neq \ell$, and for any $x \in R$,

$$
\left[\left[A, E_{i, j}(1)\right], E_{k, \ell}(x)\right]= \begin{cases}I+x b_{j, k} A e_{i, \ell} & \text { if } j \neq k \\ I-x e_{i, \ell}+x\left(b_{j, j}-b_{j, i}\right) A e_{i, \ell} & \text { if } j=k\end{cases}
$$

Proof. For any $1 \leq s \neq t \leq n$ and any $D \in \operatorname{SL}(n, R)$ observe that $\left(D e_{s, t} D^{-1}\right)^{2}=D e_{s, t}^{2} D^{-1}=$ 0 . Therefore

$$
\left(I+D e_{s, t} D^{-1}\right)^{-1}=I-D e_{s, t} D^{-1}
$$

Also, if we write $D=\left(d_{i, j}\right)$, then for any $1 \leq p, q, r, s \leq n$,

$$
e_{p, q} D e_{r, s}=d_{q, r} e_{p, s}
$$

By assumption $a_{\ell, i}=0$, hence for any $1 \leq j, t \leq n$,

$$
\begin{align*}
& \left(I+A e_{i, j} A^{-1}\right) e_{t, \ell}\left(I-A e_{i, j} A^{-1}\right) \\
= & e_{t, \ell}-e_{t, \ell} A e_{i, j} A^{-1}+A e_{i, j} A^{-1} e_{t, \ell}-A e_{i, j} A^{-1} e_{t, \ell} A e_{i, j} A^{-1} \\
= & e_{t, \ell}-a_{\ell, i} e_{t, j} A^{-1}+b_{j, t} A e_{i, \ell}-a_{\ell, i} A e_{i, j} A^{-1} e_{t, j} A^{-1} \\
= & e_{t, \ell}+b_{j, t} A e_{i, \ell} . \tag{6.1}
\end{align*}
$$

Therefore, if $t \neq \ell$ and $i \neq j$ then

$$
\begin{align*}
& \left(I+A e_{i, j} A^{-1}\right) E_{t, \ell}(x)\left(I-A e_{i, j} A^{-1}\right) \\
= & I+x\left(I+A e_{i, j} A^{-1}\right) e_{t, \ell}\left(I-A e_{i, j} A^{-1}\right) \\
= & I+x e_{t, \ell}+x b_{j, t} A e_{i, \ell} . \tag{6.2}
\end{align*}
$$

It follows that if $t \neq \ell$ and $i \neq j$ then

$$
\begin{align*}
{\left[I+A e_{i, j} A^{-1}, E_{t, \ell}(x)\right] } & =\left(I+x e_{t, \ell}+x b_{j, t} A e_{i, \ell}\right)\left(I-x e_{t, \ell}\right) \\
& =I+x e_{t, \ell}+x b_{j, t} A e_{i, \ell}-x e_{t, \ell} \\
& =I+x b_{j, t} A e_{i, \ell} \tag{6.3}
\end{align*}
$$

We are now ready to complete the proof of the lemma. Choose $j, k$ such that $j \neq i$ and $k \neq \ell$. Since $E_{i, j}(1)=I+e_{i, j}$,

$$
\left[A, E_{i, j}(1)\right]=A E_{i, j}(1) A^{-1} E_{i, j}(1)^{-1}=\left(I+A e_{i, j} A^{-1}\right) E_{i, j}(-1)
$$

Therefore,

$$
\begin{align*}
& {\left[\left[A, E_{i, j}(1)\right], E_{k, \ell}(x)\right]=\left[\left(I+A e_{i, j} A^{-1}\right) E_{i, j}(-1), E_{k, \ell}(x)\right]}  \tag{6.4}\\
& \quad={ }^{\left(I+A e_{i, j} A^{-1}\right)}\left[E_{i, j}(-1), E_{k, \ell}(x)\right]\left[I+A e_{i, j} A^{-1}, E_{k, \ell}(x)\right]
\end{align*}
$$

If $j \neq k$ then $\left[E_{i, j}(-1), E_{k, \ell}(x)\right]=I$ since $i \neq \ell$, so (6.3) applied with $t=k$ shows that (6.4) is equal to

$$
I+x b_{j, k} A e_{i, \ell}
$$

as needed. If $j=k$ then $\left[E_{i, j}(-1), E_{k, \ell}(x)\right]=E_{i, \ell}(-x)$. Now (6.2) applied with $t=i$ and (6.3) applied with $t=k$, together with the fact that $e_{i, \ell} e_{i, \ell}=0$, implies that (6.4) is equal to

$$
\left(I-x e_{i, \ell}-x b_{j, i} A e_{i, \ell}\right)\left(I+x b_{j, j} A e_{i, \ell}\right)=I-x e_{i, \ell}-x b_{j, i} A e_{i, \ell}+x b_{j, j} A e_{i, \ell}
$$

This completes the proof.
Definition 6.8. An $n \times n$ matrix $H=\left(h_{i, j}\right)$ over $\mathfrak{R}$ is called upper Hessenberg if $h_{i, j}=0$ whenever $i>j+1$. It is called lower Hessenberg if $h_{i, j}=0$ whenever $j>i+1$.

$$
\mathrm{UP}=\left(\begin{array}{cccccc}
* & * & \cdots & \cdots & * & * \\
* & * & \cdots & \cdots & * & * \\
0 & * & \cdots & \cdots & * & * \\
0 & 0 & * & \cdots & * & * \\
\vdots & & & \ddots & & * \\
0 & 0 & \cdots & 0 & * & *
\end{array}\right) \quad \mathrm{LOW}=\left(\begin{array}{cccccc}
* & * & 0 & 0 & \cdots & 0 \\
* & * & * & 0 & \cdots & 0 \\
\vdots & & & \ddots & & \vdots \\
* & * & & & 0 \\
* & * & & & * \\
* & * & \cdots & & *
\end{array}\right)
$$

Definition 6.9. Given a set of matrices $S \subseteq \operatorname{SL}(n, \mathfrak{R})$ and $d \geq 0$, set

$$
\mathcal{E}(S, d)=\left\{x \in \Re: E_{1, n}(x) \in B_{S}(d)\right\} .
$$

When $S=\{A\}$ for some $A \in \operatorname{SL}(n, \mathfrak{R})$ we write $\mathcal{E}(A, d)$.
Remark 6.10. With the notation of Definition 6.9:
(a) If $A$ is conjugate to $B$ then clearly $\mathcal{E}(A, d)=\mathcal{E}(B, d)$.
(b) $x \in \mathcal{E}(S, d) \Longrightarrow-x \in \mathcal{E}(S, d)$ because $E_{1, n}(x) \in B_{S}(d) \quad \Longrightarrow \quad E_{1, n}(-x)=$ $E_{1, n}(x)^{-1} \in B_{S}(d)$.
(c) Let $S^{T}=\left\{A^{T}: A \in S\right\}$, where $A^{T}$ denotes the transpose of $A$. Then $\mathcal{E}\left(S^{T}, d\right)=$ $\mathcal{E}(S, d)$ because $E_{n, 1}(x)=E_{1, n}(x)^{T}$ and $\sigma_{1, n} E_{n, 1}(x) \sigma_{1, n}^{-1}=E_{1, n}(-x)$.
(d) If $x \in \mathcal{E}\left(S, d_{1}\right)$ and $y \in \mathcal{E}\left(S, d_{2}\right)$ then $x+y \in \mathcal{E}\left(S, d_{1}+d_{2}\right)$ because $E_{1, n}(x) E_{1, n}(y)=$ $E_{1, n}(x+y)$.

Lemma 6.11. Let $R$ be a commutative ring with 1 and let $a, b, c \in R$. Then $(a b-1)_{R}+$ $(a c)_{R}=(a b-1)_{R}+(c)_{R}$.

Proof. Since $(a c)_{R} \subseteq(c)_{R}$ it suffices to show that $(c)_{R} \subseteq(a b-1)_{R}+(a c)_{R}$, which follows from $c=-c(a b-1)+b(a c)$.

Lemma 6.12. Let $n \geq 3$ and let $A=\left(a_{i, j}\right)$ be upper Hessenberg in $\operatorname{SL}(n, \mathfrak{R})$. Set $B=A^{-1}$ and write $B=\left(b_{i, j}\right)$. Fix $1 \leq i, \ell \leq n$ such that $\ell>i+1$. Then for any $j \neq i, \ell$,

$$
\left(\left(b_{j, j}-b_{j, i}\right) a_{i, i}-1\right)_{\mathfrak{R}}+\sum_{k \neq i}\left(a_{k, i}\right)_{\mathfrak{R}} \subseteq \mathcal{E}(A, 4)
$$

Proof. Apply Lemma 6.7 to compute the double commutator:

$$
\left[\left[A, E_{i, j}(1)\right], E_{j, \ell}(x)\right]=I+x\left(\left(b_{j, j}-b_{j, i}\right) A e_{i, \ell}-e_{i, \ell}\right)
$$

Since $A$ is upper Hessenberg and $i+1<\ell$, the matrix on the right-hand side has the form in Lemma 6.6 (with $k=\ell$ ). It is therefore conjugate to $E_{1, n}(x t)$, where $t$ is the gcd of

$$
\left\{\left(b_{j, j}-b_{j, i}\right) a_{i, i}-1\right\} \cup\left\{\left(b_{j, j}-b_{j, i}\right) a_{k, i}: k \neq i\right\} .
$$

By Lemma 6.11,

$$
(t)_{\mathfrak{R}}=\left(\left(b_{j, j}-b_{j, i}\right) a_{i, i}-1\right)_{\mathfrak{R}}+\sum_{k \neq i}\left(a_{k, i}\right)_{\mathfrak{R}} .
$$

Since the double commutator above is in $B_{A}(4)$ and since $x \in \mathfrak{R}$ is arbitrary, it follows that $\mathcal{E}(A, 4) \supseteq\{t x: x \in \mathfrak{R}\}=(t)_{\mathfrak{R}}$ as needed.

We remark that if $u, v \in \mathfrak{R}^{n}$ are column vectors such that $u=A v$ for some $A \in \mathrm{GL}(n, \mathfrak{R})$ then $\operatorname{gcd}\left(u_{1}, \ldots, u_{n}\right)=\operatorname{gcd}\left(v_{1}, \ldots, v_{n}\right)$ because every $u_{i}$ is a linear combination of $v_{1}, \ldots, v_{n}$, and since $A$ is invertible, also every $v_{i}$ is a linear combination of $u_{1}, \ldots, u_{n}$.

Lemma 6.13. Let $n \geq 2$ and let $M=\left(m_{i, j}\right)$ be an $n \times n$ matrix over $\mathfrak{R}$. Then $M$ is conjugate by a matrix $A \in \mathrm{SL}(n, \mathfrak{R})$ to an upper Hessenberg matrix $H=\left(h_{i, j}\right)$ such that $h_{1,1}=m_{1,1}$ and $h_{2,1}=\operatorname{gcd}\left(m_{2,1}, m_{3,1}, \ldots, m_{n, 1}\right)$.

Proof. In the proof of [34, Theorem III.1] a matrix $A$ is constructed such that $H=A^{-1} M A$ is a lower Hessenberg matrix. Moreover, $A$ is the product of matrices of determinant 1 of the form $I+\alpha e_{p, p}+\beta e_{p, q}+\gamma e_{q, p}+\delta e_{q, q}$ for some $2 \leq p, q \leq n$. Thus $A$ has the form ( $\left.\begin{array}{ll}1 & 0 \\ 0 & D\end{array}\right)$. Therefore $h_{1,1}=m_{1,1}$ and $\left(h_{1,2}, 0, \ldots, 0\right)=\left(m_{1,2}, \ldots, m_{1, n}\right) \cdot D$, so $h_{1,2}=\operatorname{gcd}\left(m_{1,2}, m_{1,3}, \ldots, m_{1, n}\right)$. By taking transposes, we obtain the statement of the lemma.

Lemma 6.14. Let $A \in \operatorname{SL}(n, \mathfrak{R})$ where $n \geq 3$, and let $1 \leq m \leq n$. Then

$$
\sum_{k \neq m}\left(a_{k, m}\right)_{\mathfrak{R}} \subseteq \mathcal{E}(A, 4) .
$$

Proof. Let $B$ be the matrix obtained from $A$ by conjugating by the matrix $\sigma_{1, m}$ if $m>1$ and set $B=A$ if $m=1$. The first column of $B$ is equal to the first column of $A$ if $m=1$, and if $m>1$ it is equal to

$$
\left(a_{m, m}, a_{2, m}, \ldots, a_{m-1, m},-a_{1, m}, a_{m+1, m}, \ldots, a_{n, m}\right) .
$$

Lemma 6.13 implies that $B$ is conjugate to an upper Hessenberg matrix $H$ whose first column is $\left(a_{m, m}, t, 0, \ldots, 0\right)$, where

$$
\begin{aligned}
t=\operatorname{gcd}\left(a_{2,1}, \ldots, \ldots, a_{n, 1}\right) & \text { if } m=1 \\
t=\operatorname{gcd}\left(a_{1, m}, \ldots, a_{m-1, m}, a_{m+1, m}, \ldots, a_{n, m}\right) & \text { if } m>1 .
\end{aligned}
$$

By Lemma 6.12 applied to $H$ with $i=1, \ell=n$ and $j=2$, we see that $\mathcal{E}(A, 4)$ contains $(t)_{\Re}=\sum_{k \neq m}\left(a_{k, m}\right)_{\Re}$.

Let $R$ be any commutative ring with 1 . Set

$$
\mathcal{M}(R)=\{\mathfrak{m} \triangleleft R: m \text { is a maximal ideal }\}
$$

Recall that

$$
\operatorname{PSL}(n, R)=\operatorname{SL}(n, R) /\left\{\text { the scalar matrices } \lambda I, \lambda \in R^{\times}\right\} .
$$

Definition 6.15. Let $\mathfrak{R}$ be a principal ideal domain and $I$ an ideal. Set

$$
\operatorname{SL}(n, I) \stackrel{\text { def }}{=} \operatorname{Ker}(\mathrm{SL}(n, \mathfrak{R}) \rightarrow \operatorname{PSL}(n, \mathfrak{R} / I))
$$

For any $A \in \operatorname{SL}(n, \mathfrak{R})$ set

$$
\Pi(A)=\{\mathfrak{p} \in \mathcal{M}(\mathfrak{R}): A \in \operatorname{SL}(n, \mathfrak{p})\} .
$$

Remark 6.16. (a) Since $\mathfrak{R}$ is a p.i.d, it is a unique factorization domain, so every $0 \neq x \in$ $\mathfrak{R}$ belongs to only finitely many prime ideals. Hence $\Pi(A)$ is always finite, except if $A$ is a scalar matrix.
(b) If $A$ and $B$ are conjugate matrices then $\Pi(A)=\Pi(B)$.
(c) $\Pi(A B) \supseteq \Pi(A) \cap \Pi(B)$.

Proposition 6.17. Let $\mathfrak{R}$ be a principal ideal domain and let $n \geq 3$. Then for any $A \in$ $\mathrm{SL}(n, \mathfrak{R})$ there exists an ideal $I \triangleleft \mathfrak{R}$ contained in $\mathcal{E}(A, 4 n+4)$ such that for any $\mathfrak{p} \in \mathcal{M}(\mathfrak{R})$,

$$
I \subseteq \mathfrak{p} \Longrightarrow \mathfrak{p} \in \Pi(A)
$$

In fact, $I \subseteq J_{1}+\cdots+J_{n+1}$ where $J_{i} \subseteq \mathcal{E}(A, 4)$ are ideals in $\mathfrak{R}$.
Proof. By Lemma 6.13 and Remarks 6.10 and 6.16 , we may assume that $A$ is upper Hessenberg. Set $B=A^{-1}$ and let $a_{i, j}$ and $b_{i, j}$ denote the entries of $A$ and $B$. From Lemma 6.14 we obtain ideals

$$
\begin{align*}
J_{1} & =\sum_{k \neq n-1}\left(a_{k, n-1}\right)_{\mathfrak{R}} \subseteq \mathcal{E}(A, 4)  \tag{6.5}\\
J_{2} & =\sum_{k \neq n}\left(a_{k, n}\right)_{\mathfrak{R}} \subseteq \mathcal{E}(A, 4) .
\end{align*}
$$

By Remark 6.10 and Lemma 6.12 with $j=1$ and $\ell=n$,

$$
\begin{equation*}
\sum_{i=2}^{n-2}\left(\left(\left(b_{1,1}-b_{1, i}\right) a_{i, i}-1\right)_{\mathfrak{R}}+\sum_{k \neq i}\left(a_{k, i}\right)_{\mathfrak{R}}\right) \subseteq \mathcal{E}(A, 4(n-3)) . \tag{6.6}
\end{equation*}
$$

This is a sum of $n-3$ ideals $J_{3}, \ldots, J_{n-1}$, each contained in $\mathcal{E}(A, 4)$. Notice that this is the zero ideal if $n=3$. Applying Lemma 6.12 with $i=1, j=n-1$ and $\ell=n$, we obtain the ideal $J_{n}$ given by

$$
\begin{equation*}
\left(\left(b_{n-1, n-1}-b_{n-1,1}\right) a_{1,1}-1\right)_{\mathfrak{R}}+\sum_{k \neq 1}\left(a_{k, 1}\right)_{\mathfrak{\Re}} \subseteq \mathcal{E}(A, 4) \tag{6.7}
\end{equation*}
$$

Let $\mathfrak{a}$ be the ideal in $\mathfrak{R}$ generated by the off-diagonal elements of $A$ :

$$
\mathfrak{a}=\sum_{i \neq j}\left(a_{i, j}\right)_{\mathfrak{R}} .
$$

We claim that

$$
b_{i, j} \in \mathfrak{a} \quad \text { for all } i \neq j
$$

Indeed, if $\mathfrak{a} \neq \mathfrak{R}$ then $A \bmod \mathfrak{a}$ is a diagonal matrix in $\operatorname{SL}(n, \mathfrak{R} / \mathfrak{a})$ and therefore so is $B$ $\bmod \mathfrak{a}=(A \bmod \mathfrak{a})^{-1}$, hence $B \bmod \mathfrak{a}$ has its off-diagonal entries in $\mathfrak{a}$.

Assume $n \geq 4$. We will show that the ideal

$$
I=\mathfrak{a}+\sum_{i=2}^{n-2}\left(b_{1,1} a_{i, i}-1\right)_{\mathfrak{R}}+\left(b_{n-1, n-1} a_{1,1}-1\right)_{\mathfrak{R}}+\left(b_{n, n} a_{1,1}-1\right)_{\mathfrak{R}}
$$

has the properties stated in the proposition.
Suppose $I \subseteq \mathfrak{p}$ for some maximal ideal $\mathfrak{p}$ of $\mathfrak{R}$. In particular, we must have $\mathfrak{a} \neq \mathfrak{R}$. Set $\bar{A}=A \bmod I$ and $\bar{B}=B \bmod I$, and write $\bar{A}=\left(\bar{a}_{i, j}\right)$ and $\bar{B}=\left(\bar{b}_{i, j}\right)$. Since $\mathfrak{a} \subseteq I$ it follows that $\bar{A}$ and $\bar{B}=\bar{A}^{-1}$ are diagonal and therefore $\bar{a}_{i, i}=\bar{b}_{i, i}^{-1}$ for all $1 \leq i \leq n$. By the definition of $I$ we get that $\bar{a}_{1,1}=\bar{b}_{n-1, n-1}^{-1}, \bar{a}_{1,1}=\bar{b}_{n, n}^{-1}$ and $\bar{a}_{2,2}, \ldots, \bar{a}_{n-2, n-2}=\bar{b}_{1,1}^{-1}$. Hence $\bar{a}_{1,1}=\bar{b}_{1,1}^{-1}=\bar{a}_{2,2}=\cdots=\bar{a}_{n-2, n-2}, \bar{a}_{n, n}=\bar{b}_{n, n}^{-1}=\bar{a}_{1,1}$ and $\bar{a}_{n-1, n-1}=\bar{b}_{n-1, n-1}^{-1}=\bar{a}_{1,1}$. We deduce that $\bar{a}_{1,1}=\cdots=\bar{a}_{n, n}$. It follows that $A \bmod \mathfrak{p}$ is a scalar matrix, so $\mathfrak{p} \in \Pi(A)$. It remains to show that $I \subseteq \mathcal{E}(A, 4 n+4)$.

Applying Lemma 6.12 with $i=1, j=n$ and $\ell=n-1$, we obtain an ideal $J_{n+1}$ given by

$$
\begin{equation*}
\left(\left(b_{n, n}-b_{n, 1}\right) a_{1,1}-1\right)_{\mathfrak{R}}+\sum_{k \neq 1}\left(a_{k, 1}\right)_{\mathfrak{\Re}} \subseteq \mathcal{E}(A, 4) . \tag{6.8}
\end{equation*}
$$

Let $J=\sum_{i=1}^{n+1}$ be the sum of the ideals from (6.5)-(6.8). By Remark 6.10,

$$
J \subseteq \mathcal{E}(A, 4 n+4)
$$

It is clear that $\mathfrak{a} \subseteq J$. Since $b_{i, j} \in \mathfrak{a}$ for all $i \neq j$ it follows that $b_{1,1} a_{i, i}-1 \in J$ for all $2 \leq i \leq n-2\left(\right.$ by (6.6)), that $b_{n-1, n-1} a_{1,1}-1 \in J$ (by (6.7)) and that $b_{n, n} a_{1,1}-1 \in J$ (by (6.8)). We deduce that $I \subseteq J$ (in fact equality holds) and this proves the proposition for $n \geq 4$.

Assume that $n=3$. The argument above does not go through since Lemma 6.12 cannot be applied to deduce (6.8). Define

$$
I=\mathfrak{a}+\left(b_{2,2} a_{1,1}-1\right)_{\mathfrak{R}}+\left(b_{1,1} a_{3,3}-1\right)_{\mathfrak{R}} .
$$

We will show that $I$ has the required properties. Let $\mathfrak{p}$ be a maximal ideal containing $I$. Thus $\mathfrak{a} \neq \mathfrak{R}$. Let $\bar{A}=A \bmod I$ and $\bar{B}=B \bmod I$ as above. Since $\mathfrak{a} \subseteq I$ these matrices are diagonal and $\bar{a}_{i, i}=\bar{b}_{i, i}^{-1}$ for all $1 \leq i \leq 3$. By the definition of $I$ also, $\bar{a}_{1,1}=\bar{b}_{2,2}^{-1}=\bar{a}_{2,2}$ and $\bar{a}_{3,3}=\bar{b}_{1,1}^{-1}=\bar{a}_{1,1}$, so $\bar{A}$ is a scalar matrix. Therefore $A \bmod \mathfrak{p}$ is a scalar matrix so $\mathfrak{p} \in \Pi(A)$, as needed. It remains to show that $I \subseteq \mathcal{E}(A, 16)$.

Set $M=\left(\begin{array}{ccc}0 & 0 & 1 \\ 0 & -1 & 0 \\ 1 & 0 & 0\end{array}\right) \in \operatorname{SL}(3, \mathfrak{R})$. Set $\bar{C}=\left(M A M^{-1}\right)^{T}$ and $D=\left(M B M^{-1}\right)^{T}$. Then

$$
C=\left(\begin{array}{ccc}
a_{3,3} & -a_{2,3} & a_{1,3} \\
-a_{3,2} & a_{2,2} & -a_{1,2} \\
0 & -a_{2,1} & a_{1,1}
\end{array}\right), D=\left(\begin{array}{ccc}
b_{3,3} & -b_{2,3} & b_{1,3} \\
-b_{3,2} & b_{2,2} & -b_{1,2} \\
b_{3,1} & -b_{2,1} & b_{1,1}
\end{array}\right) .
$$

Applying Lemma 6.12 to the Hessenberg matrix $C$ with $i=1, j=2$ and $\ell=3$ and using Remark 6.10, we see that

$$
\begin{equation*}
\left(\left(b_{2,2}+b_{3,2}\right) a_{3,3}-1\right)_{\mathfrak{R}} \subseteq \mathcal{E}(C, 4)=\mathcal{E}(A, 4) \tag{6.9}
\end{equation*}
$$

Let $J$ be the sum of the ideals in (6.5), (6.7) and (6.9). Then $J \subseteq \mathcal{E}(A, 8+4+4)=\mathcal{E}(A, 16)$ by Remark 6.10. It is easy to check that $\mathfrak{a} \subseteq J$. Since $b_{3,2}, b_{2,1} \in \mathfrak{a}$ it follows that $b_{2,2} a_{3,3}-1$ and $b_{2,2} a_{1,1}-1 \in J$. Therefore $I \subseteq J$, and this completes the proof.

Corollary 6.18. Let $\mathfrak{R}$ be a principal ideal domain and $n \geq 3$. Let $S=\left\{A_{1}, \ldots, A_{k}\right\} \subseteq$ $\mathrm{SL}(n, \mathfrak{R})$. Then there are ideals $J_{1}, \ldots, J_{k(n+1)}$, each contained in $\mathcal{E}(S, 4)$, and an ideal $I \subseteq \sum_{i} J_{i}$ such that for any $\mathfrak{p} \in \mathcal{M}(\mathfrak{R})$, if $\mathfrak{p} \supseteq I$ then $p \in \bigcap_{A \in S} \Pi(A)$.
Proof. For each $A_{i}$ choose $I_{i} \subseteq J_{i, 1}+\cdots+J_{i, n+1}$ as in Proposition 6.17 and set $I=\sum_{i} I_{i}$.
Proposition 6.19. Let $\mathfrak{R}$ be a p.i.d., let $n \geq 3$ and let $S$ be a finite subset of $\operatorname{SL}(n, \mathfrak{R})$. Then $\langle\langle S\rangle\rangle \supseteq \mathrm{EL}(n, \mathfrak{R})$ if and only if $\bigcap_{A \in S} \Pi(A)=\emptyset$. In this case there are ideals $J_{1}, \ldots, J_{k(n+1)} \subseteq$ $\mathcal{E}(S, 4)$ such that $J_{1}+\cdots+J_{k(n+1)}=\mathfrak{R}$.

Proof. Suppose that $\mathfrak{p} \in \bigcap_{A \in S} \Pi(A)$. Then $S$ is contained in the normal subgroup $\operatorname{SL}(n, \mathfrak{p})$ (see Definition 6.15) and in particular $E_{1, n}(1) \notin\langle\langle S\rangle\rangle$. Conversely, suppose that $\bigcap_{A \in S} \Pi(A)=$ $\emptyset$. Let $I$ and $J_{1}, \ldots, J_{k(n+1)}$ be as in Corollary 6.18. Then $I$ is not contained in any $\mathfrak{p} \in \mathcal{M}(\mathfrak{R})$, so $I=\mathfrak{R}$. Hence $E_{1, n}(1) \in\langle\langle S\rangle\rangle$. Lemma 6.5(2) implies that $\langle\langle S\rangle\rangle \supseteq \operatorname{EL}(n, \mathfrak{R})$.

Proof of Theorem 6.1. Suppose that $S$ normally generates $\mathrm{SL}(n, \mathfrak{R})$ and $|S|=k$. Then $\bigcap_{A \in S} \Pi(A)=\emptyset$ by Proposition 6.19 and $\mathfrak{R} \subseteq \mathcal{E}(A, 4 k(n+1))$ by Remark 6.10 , so $\mathrm{EL}(n, \mathfrak{R}) \subseteq$ $B_{A}(4 k(n+1))$ by Lemma 6.5(1). Lemma 2.3(iv) shows that $\|\mathrm{SL}(n, \mathbb{R})\|_{S} \leq 4 k(n+1) C_{n}$ and since $S$ was arbitrary, this proves the inequality on the right.

To prove the inequality on the left choose some $k \geq 1$. Let $\mathfrak{p}_{1}, \mathfrak{p}_{2}, \ldots, \mathfrak{p}_{k}$ be distinct maximal ideals generated by $p_{1}, p_{2}, \ldots, p_{k} \in \mathfrak{R}$. For any $1 \leq i \leq k$ let $r_{i}$ be the product of all the elements $p_{j}$ except $p_{i}$. For any $1 \leq i \leq k$ set $A_{i}=E_{1, n}\left(r_{i}\right)$. Then

$$
\Pi\left(A_{i}\right)=\left\{\mathfrak{p}_{j}: j \neq i\right\}
$$

By Proposition 6.19 and the hypothesis on $\operatorname{EL}(n, \mathfrak{R})$ the set $S=\left\{A_{1}, \ldots, A_{k}\right\}$ normally generates $\operatorname{SL}(n, \mathfrak{R})$. It remains to show that $\|\mathrm{SL}(n, \mathfrak{R})\|_{S} \geq k$, or equivalently that $B_{S}(k-$ 1) $\subsetneq \operatorname{SL}(n, \mathfrak{R})$. We will show that $E_{1 n}(1) \notin B_{S}(k-1)$. If $X \in B_{S}(k-1)$ then $X=X_{1} \cdots X_{k-1}$ where each $X_{i}$ is conjugate to an element of $S$ or its inverse, hence $\Pi\left(X_{i}\right)$ is a subset of size $k-1$ of $\left\{\mathfrak{p}_{1}, \ldots, \mathfrak{p}_{k}\right\}$. Therefore $\bigcap_{i=1}^{k-1} \Pi\left(X_{i}\right)$ is not empty and by Remark 6.16(c) $\mathfrak{p}_{i} \in \Pi(X)$ for some $i$, so in particular $X \neq E_{1 n}(1)$.
Remark. It is instructive to show directly that $G=\operatorname{SL}(n, \mathbb{Z})$ is not uniformly bounded by following the last part of the proof. Given primes $p_{1}, \ldots, p_{k}$, set $r_{i}=p_{1} \ldots \widehat{p_{i}} \ldots p_{k}$ and $g_{i}=E_{1, n}\left(r_{i}\right)$. By the Chinese remainder theorem $E_{1, n}(1)=g_{1}^{f_{1}} \ldots g_{k}^{f_{k}}$ for some $f_{1}, \ldots, f_{k}$ so Lemma 6.5(2) and Carter-Keller's result [11] show that $S=\left\{g_{1}, \ldots, g_{k}\right\}$ normally generates $G$. However, any product of $k-1$ elements of $S$ must be contained in the congruence subgroup $\mathrm{SL}\left(n, p_{i} \mathbb{Z}\right)$ for some $i$ so cannot be $E_{1, n}(1)$ and in particular $\|G\|_{S} \geq k$.

Proposition 6.20. Let $\mathfrak{R}$ be a p.i.d and let $m \geq 2$. If $\mathrm{EL}(m, \mathfrak{R})$ normally generates $\mathrm{SL}(m, \mathfrak{R})$ and $\|\mathrm{SL}(m, \mathfrak{R})\|_{\mathrm{EL}(m, \mathfrak{R})} \leq C$ then $\mathrm{SL}(n, \mathfrak{R})$ is normally generated by $\mathrm{EL}(n, \mathfrak{R})$ for any $n \geq m$ and $\|\mathrm{SL}(n, \mathfrak{R})\|_{\mathrm{EL}(n, \mathfrak{R})} \leq C+4(n-m)$.
Proof. Use induction on $n$. The base $n=m$ of the induction is trivial. We carry out the induction step for $n>m$. We will write $S=\mathrm{EL}(n, \mathfrak{R})$ for short and notice that $n \geq 3$.

Let $A \in \operatorname{SL}(n, \mathfrak{R})$. Suppose first that $A$ is a block matrix $\left(\begin{array}{cc}1 & y \\ 0 & B\end{array}\right)$ where $B \in \operatorname{SL}(n-1, \mathfrak{R})$. Then $A=\left(\begin{array}{cc}1 & 0 \\ 0 & B\end{array}\right) \cdot\left(\begin{array}{ll}1 & y \\ 0 & I\end{array}\right)$ so $A \in B_{S}(C+4(n-1-m)+1)$ by the induction hypothesis, Lemma 6.6 and Lemma 2.3(iii).

Now consider any $A \in \mathrm{SL}(n, \mathfrak{R})$. By Lemma 6.13 we may assume that $A$ is upper Hessenberg. Say its first column is $(a, b, 0, \ldots, 0)$. Then $\operatorname{gcd}(a, b)=1$ so $s a+t b=1$ for some $s, t \in \mathfrak{R}$ and one checks that

$$
\left(I-b e_{2,1}-e_{3,1}\right) \cdot\left(I+(1-a) e_{1,3}\right) \cdot\left(I+s e_{3,1}+t e_{3,2}\right) \cdot A
$$

has the form $\left(\begin{array}{ll}1 & y \\ 0 & B\end{array}\right)$. It folows that from Lemmas 6.6 and 2.3(iii) that $A \in B_{S}(C+4(n-1-$ $m)+1+3)=B_{S}(C+4(n-m))$ and the induction step is complete.
Proof of Corollary 6.2. By [11] $\mathrm{EL}(3, \mathcal{O})$ normally generates $\operatorname{SL}(3, \mathcal{O})$ and $\|\operatorname{SL}(3, \mathcal{O})\|_{\mathrm{EL}(3, \mathcal{O})} \leq$ 63. Also, $\mathcal{O}$ is a principal ideal domain since the class number of its number field is one, and it has infinitely many maximal ideals since $\mathbb{Z} \subseteq \mathcal{O}$ and every maximal ideal of $\mathbb{Z}$ extends to a maximal ideal of $\mathcal{O}$.

Apply Proposition 6.20 with $m=3$ to deduce that $\mathrm{SL}(n, \mathcal{O})$ is normally generated by $\operatorname{EL}(n, \mathcal{O})$ for any $n \geq 3$ and that $C_{n}=\|\mathrm{SL}(n, \mathcal{O})\|_{\mathrm{EL}(n, \mathcal{O})} \leq 63+4(n-3)=4 n+51$. The result follows from Theorem 6.1.

We now consider p.i.d's $\mathfrak{R}$ with only finitely many maximal ideals.

Lemma 6.21. Let $\mathfrak{R}$ be a principal ideal domain which has only finitely many maximal ideals. Then for any $a, b \in \mathfrak{R}$ such that $\operatorname{gcd}(a, b)=1$, there exists $x \in \mathfrak{R}$ such that $a+b x$ is a unit in $\mathfrak{R}$.

Proof. Let $p_{1}, \ldots, p_{k}$ be generators of the maximal ideals $\mathfrak{p}_{1}, \ldots, \mathfrak{p}_{k}$ of $\mathfrak{R}$. For any $r \in \mathfrak{R}$ set $\pi(r)=\left\{i: r \in \mathfrak{p}_{i}\right\}$. Since $\operatorname{gcd}(a, b)=1$ it follows that $\pi(a) \cap \pi(b)=\emptyset$. Set $x=\prod_{i \notin \pi(a)} p_{i}$. Then clearly $\pi(x b)=\pi(x)$ and for any $1 \leq i \leq k$ we have $a \in \mathfrak{p}_{i} \Longleftrightarrow b x \notin \mathfrak{p}_{i}$, hence $a+b x \notin \mathfrak{p}_{i}$. Since $a+b x$ does not belong to any maximal ideal it is invertible.

Proposition 6.22. Let $\mathfrak{R}$ be a principal ideal domain with only finitely many maximal ideals. Let $n \geq 1$. Then $\mathrm{EL}(n, \mathfrak{R})$ normally generates $\mathrm{SL}(n, \mathfrak{R})$ and $\|\mathrm{SL}(n, \mathfrak{R})\|_{\mathrm{EL}(n, \mathfrak{R})} \leq 3(n-1)$.

Proof. We use induction on $n$; the case $n=1$ is a triviality since $\operatorname{SL}(1, \mathfrak{R})$ is trivial (and $\operatorname{EL}(1, \mathfrak{R})=\emptyset)$. Assume that $n \geq 2$ and let $A \in \mathrm{SL}(n, \mathfrak{R})$. It acts in the standard way on the set of column vectors $\Re^{n}$ with the standard basis $e_{1}, \ldots, e_{n}$. By Lemma 6.13 we may assume that $A$ is upper Hessenberg. By Lemma 6.21 there is some $x \in \mathfrak{R}$ such that $B=E_{2,1}(x) \cdot A$ is upper Hessenberg with the entry $b_{21}$ a unit. Set $U=E_{1,2}\left(b_{21}^{-1}\left(b_{11}-1\right)\right)$ and $C=U B U^{-1}$. By inspection the first column of $C$ is $\left(1, b_{21}, 0, \ldots, 0\right)$. Then $D=E_{2,1}\left(-b_{21}\right) \cdot C$ is a block matrix $\left(\begin{array}{cc}1 \\ 0 & * \\ Q\end{array}\right)$ where $Q \in \operatorname{SL}(n-1, \mathfrak{R})$. Let $F=\left(\begin{array}{ll}1 & 0 \\ 0 & Q\end{array}\right)$. Then $D \cdot F^{-1}$ is conjugate to an elementary matrix by Lemma 6.6. By applying the induction hypothesis to $Q$ it follows that $\|A\|_{\mathrm{EL}(n, \mathfrak{R})} \leq\|F\|_{\mathrm{EL}(n, \mathfrak{R})}+3 \leq 3(n-2)+3$ and the induction step follows.

Proof of Theorem 6.3. By Proposition 6.22, $\mathrm{SL}(n, \mathfrak{R})$ is normally generated by $\mathrm{EL}(n, \mathfrak{R})$ and $\|\mathrm{SL}(n, \mathfrak{R})\|_{\mathrm{EL}(n, \mathfrak{R})} \leq 3(n-1)$. Let $S \subseteq \mathrm{SL}(n, \mathfrak{R})$ be normally generating, $|S|=k$. By Proposition 6.19, $\mathfrak{R}=J_{1}+\cdots+J_{k(n+1)}$, a sum of ideals in $\mathcal{E}(S, 4)$. For any $\mathfrak{p} \in \mathcal{M}(\mathfrak{R})$ there must exist $J_{i}$ such that $J_{i} \nsubseteq \mathfrak{p}$. Thus, if $d \leq k(n+1)$ then $\mathfrak{R}=J_{i_{1}}+\cdots+J_{i_{d}} \subseteq \mathcal{E}(S, 4 d)$ since $|\mathcal{M}(\mathfrak{R})|=d$. We deduce that $\mathfrak{R}=\mathcal{E}(S, 4 \min \{d, k(n+1)\})$, so $\|\operatorname{EL}(n, \mathfrak{R})\|_{S} \leq$ $4 \min \{d, k(n+1)\}$ by Lemma $6.5(1)$. Then $\|\operatorname{SL}(n, \mathfrak{R})\|_{S} \leq 12(n-1) \cdot \min \{d, k(n+1)\}$ by Lemma 2.3(iv).

Remark 6.23 . Let $\mathfrak{R}$ be a p.i.d. In general $\operatorname{EL}(n, \mathfrak{R})$ need not normally generate $\mathrm{SL}(n, \mathfrak{R})$. To see this, recall that $\operatorname{SK}_{1}(\mathfrak{R})$ (in the sense of algebraic $K$-theory) is the group $\operatorname{SL}(\mathfrak{R}) / \mathrm{E}(\mathfrak{R})$ where $\mathrm{SL}(\mathfrak{R})=\bigcup_{n \geq 1} \mathrm{SL}(n, \mathfrak{R})$ and $\mathrm{E}(\mathfrak{R})$ is the subgroup normally generated by $\bigcup_{n \geq 1} \mathrm{EL}(n, \mathfrak{R})$.

Let $\mathfrak{R}$ be the ring $\mathbb{Z}[T]$ with the polynomials $T$ and $T^{m}-1$ inverted for all $m \geq 1$. This is a p.i.d by [19]. Also, [19, Proposition 8] shows that $\mathrm{SK}_{1}(\mathfrak{R}) \neq 0$ and therefore $\operatorname{SL}(n, \mathfrak{R})$ is not normally generated by $\operatorname{EL}(n, \mathfrak{R})$ for all sufficiently large $n$. It follows from Proposition 6.20 that $\mathrm{EL}(n, \mathfrak{R})$ does not normally generate $\mathrm{SL}(n, \mathfrak{R})$ for any $n \geq 2$.

Remark 6.24. After this paper was submitted, Trost has proved generalisations of Theorem 6.1 for a wider class of split semisimple Chevalley groups $G$ [40, 39, 41, 42], and has made some progress towards proving analogous results for finite index subgroups of $G$ [41], [40, Remark 3.8]. He has also established lower bounds involving $n$ for $\Delta_{k}(G)$ where $G$ is symplectic [39, Theorem 2]; it seems likely that similar bounds can be established for other Dynkin types.

## 7. Applications to finite groups

We write $\log x$ to mean $\log _{2} x$.

Proposition 7.1. Let $G$ be a finite group with $|G|>3$ and let $S$ be the conjugacy class of some $s \in G$. If $s$ normally generates $G$ then

$$
\log |S|>\frac{\log |G|}{\Delta(G)}-2
$$

If $s^{-1} \in S$ then $\log |S|>\frac{\log |G|}{\Delta(G)}-1$.
Proof. Clearly, $B_{S}(1)=\{1\} \cup S \cup S^{-1}$, and $B_{S}(1) \subsetneq G$ since $|G|>3$. Hence $\Delta(G)>1$. Since $|G|_{S} \leq \Delta(G)$, we obtain a surjective function $B_{S}(1)^{\Delta(G)} \rightarrow G$. The preimage of $1 \in G$ contains at least 2 elements, so $\left(1+\left|S \cup S^{-1}\right|\right)^{\Delta(G)}>|G|$. This gives $2\left|S \cup S^{-1}\right|>|G|^{1 / \Delta(G)}$ and the result follows.

Example 7.2. Let $G=\operatorname{PSL}\left(n, \mathbb{F}_{q}\right)$ where $n \geq 3$. By Theorem 6.3 and Lemma 2.9(b), $\Delta(G) \leq 12(n-1)$, and the simplicity of $G$ implies that any non-trivial $s \in G$ normally generates. Proposition 7.1 shows that if $S \subseteq G$ is any non-trivial conjugacy class then

$$
\log |S|>\frac{\log |G|}{\Delta(G)}-2 \geq \frac{\log \left(\frac{q^{n(n-1) / 2}\left(q^{n}-1\right)\left(q^{n-1}-1\right) \ldots\left(q^{2}-1\right)}{\operatorname{gcd}(n, q-1)}\right)}{12(n-1)}-2 .
$$

For any $x \geq 2$ we have $\log (x-1) \geq \log x-\frac{c}{x-1} \geq \log x-\frac{2 c}{x}$ where $c=\ln (2)^{-1}$. Since $\frac{2 c}{q^{2}}+\frac{2 c}{q^{3}}+\cdots \leq 2$ and since $q \geq \operatorname{gcd}(n, q-1)$, we may continue the inequality above

$$
\begin{array}{ll}
\geq \frac{\frac{1}{2} n(n-1) \log q+\sum_{k=2}^{n}\left(k \log q-\frac{2 c}{q^{k}}\right)-\log q}{12(n-1)}-2 \\
& =\frac{\log q}{12}(n+1)-\frac{2+\log q}{12(n-1)}-2 .
\end{array}
$$

Proof of Proposition 1.8. The localised ring $\mathfrak{R}:=\mathbb{Z}_{\left(p_{1}, \ldots, p_{k}\right)}$ has exactly $k$ prime ideals generated by $p_{1}, \ldots, p_{k} \in \mathbb{Z}$. We claim that reduction modulo $\ell$ gives rise to an epimorphism $\pi: \mathrm{SL}(n, \mathfrak{R}) \rightarrow \mathrm{SL}(n, \mathbb{Z} / \ell)$. To see this, for any $A \in \operatorname{SL}(n, \mathbb{Z} / \ell)$ choose a matrix $\hat{A}$ with entries in $\mathbb{Z}$ such that $\hat{A} \bmod \ell=A$. Set $u=\operatorname{det}(\hat{A})$. Then $u=1 \bmod \ell$ so $u \in \mathfrak{R}^{\times}$. Therefore $\hat{A} \cdot \operatorname{diag}\left(u^{-1}, 1, \ldots, 1\right) \in \mathrm{SL}(n, \mathfrak{R})$ is a preimage of $A$. Lemma 2.9(b) and Theorem 6.3 give $\Delta(\operatorname{SL}(n, \mathbb{Z} / \ell)) \leq 12 k(n-1)$.

Propositions 6.22 and 6.19 imply that a matrix $A \in \mathrm{SL}(n, \mathbb{Z} / \ell)$ with $A \bmod p_{i}$ non-scalar normally generates $\mathrm{SL}(n, \mathbb{Z} / \ell)$. Proposition 7.1 gives the lower bound on the size of the conjugacy class of $A$.

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