

1 **IMMUNOHISTOCHEMICAL EXAMINATION OF IMMUNE CELLS IN ADIPOSE**  
2 **TISSUE OF RAINBOW TROUT (*ONCORHYNCHUS MYKISS*) FOLLOWING**  
3 **INTRAPERITONEAL VACCINATION**

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**Abstract**

Mammalian perivisceral adipose has been shown to play an important role in the regulation of the peritoneal immune responses. Recently it has been demonstrated that peritoneal antigens are collected by leukocytes within the visceral adipose mass, and a broad range of immunomodulatory genes are differentially expressed in adipose tissue after intraperitoneal vaccination in rainbow trout. To assess the immune cell component in adipose, immunohistochemical analysis was used to examine B-cell, T-cell and antigen presenting cell (APC) numbers and distribution in rainbow trout adipose tissue 24 and 72 h post vaccination in comparison to control fish. The results of this study support previous work on mammals with omental milky spots in naïve fish found to contain APCs and T-cells which then increased in size, number and complexity following vaccination. It suggests that following peritoneal stimulation the visceral adipose mass in fish likely plays an important role in vaccine antigen uptake and presentation by APCs, as well as subsequent T-cell activation and differentiation.

**Keywords:**

- rainbow trout
- adipose tissue
- immunohistochemistry
- cell markers
- vaccination
- milky spots
- APC
- T-cell
- B-cell

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## 76 **1. Introduction**

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78 Oil-adjuvanted vaccines used in aquaculture are injected directly into the peritoneal  
79 cavity, which in mammals and fish contains a wide range of immune cells (van Vugt  
80 et al., 1996; Rapoport et al., 1999; Williams et al., 2010; Mathis et al., 2013). While the  
81 resident cell population can vary between teleost species (Meseguer et al., 1993;  
82 Tumbol et al., 2009), the composition in rainbow trout (*Oncorhynchus mykiss*) is  
83 dominated by myeloid and lymphocyte cells (Afonso et al., 1997, 1998; Korytář et al.,  
84 2013). The injection of vaccines (or other inflammatory agents) into the peritoneal  
85 cavity of fish generates a rapid change in composition as well as an increase in the  
86 number of cells present (Afonso et al., 1998, 2000; do Vale et al., 2002; Mutoloki et  
87 al., 2006; Korytář et al., 2013; Noia et al., 2014; Brietzke et al., 2015), although foreign-  
88 body inflammatory reactions can be maintained in the cavity for several months post-  
89 vaccination in salmonids (Midtlyng, 1996a, 1996b; Poppe & Breck, 1997; Mutoloki et  
90 al., 2004, 2010; Koppang et al., 2005; Evensen et al., 2005; Noia et al., 2014;  
91 Villumsen et al., 2015).

92 Mammalian perivisceral adipose (also referred to as the omentum) has been  
93 shown to influence and be influenced by adjacent and embedded lymphocytes, and  
94 plays an important role in the regulation of peritoneal immune responses (Rangel-  
95 Moreno et al., 2009). The visceral adipose mass is also capable of capturing bacteria  
96 and other antigenic particulates from the peritoneal cavity (Cui et al., 2002; Ha et al.,  
97 2006; Rangel-Moreno et al., 2009), and promoting immunity against them (Rangel-  
98 Moreno et al., 2009). Immune cells and numerous pro-inflammatory, anti-inflammatory  
99 and immune-modulating proteins and peptides (including cytokines) have been  
100 identified in mammalian adipocytes (Rangel-Moreno et al., 2009; Schäffler &  
101 Schölmerich, 2010; Chandra et al., 2011). Omental milky spots (MS) contain antigen  
102 presenting cells (APCs), T- and B-cells and are thought to play a key role in the  
103 transition of leukocytes from blood through the omentum to the peritoneal cavity  
104 and back (Carlow et al., 2009).

105 Pignatelli et al. (2014) demonstrated that peritoneal antigens are collected by  
106 leukocytes in rainbow trout visceral adipose. These leukocytes transcribe marker  
107 genes for different leukocyte subpopulations, and are likely responsible for the  
108 secretion of a range of immune cytokines (Pignatelli et al., 2014). The establishment  
109 of a mature adipocyte phenotype has been shown to be associated with high activity  
110 of immune genes in Atlantic salmon (*Salmo salar*) (Todorčević et al., 2010), and  
111 teleost adipocytes have been shown to constitutively express pro-inflammatory  
112 cytokines and genes relating to the interferon response (Todorčević et al., 2010;  
113 Pignatelli et al., 2014). Alongside evidence demonstrating that rainbow trout visceral  
114 adipose is capable of responding to viruses (Pignatelli et al., 2014), bacteria, and pro-  
115 inflammatory cytokines (Veenstra et al., 2018), it can be concluded that teleost  
116 adipose is an immunologically active tissue. Furthermore, the work of Veenstra et al.  
117 (2017) established that a broad range of immunomodulatory genes are differentially  
118 expressed in adipose tissue after intraperitoneal (ip) injection of oil-adjuvanted  
119 bacterial vaccines and revealed a relationship between adipose tissue immune  
120 function and the development of vaccine-induced adhesions.

121 Since it has been suggested that cellular mechanisms occurring immediately  
122 post-vaccination within adipose tissue may contribute to the development of adhesions  
123 and potentially be involved in the adaptive immune response (Veenstra et al., 2017),  
124 in the present study we assessed immune cell distribution in rainbow trout visceral  
125 adipose tissue following injection of an oil-adjuvanted vaccine into the peritoneal  
126 cavity, using immunohistochemistry. The results of this work showed that MS in naïve  
127 fish contain APCs and T-cells and that following an ip administration of oil-adjuvanted  
128 vaccines MS increase in number, size and complexity and are associated with vaccine  
129 remnants. Overall the results of this work suggest that the visceral adipose mass in  
130 fish likely plays an important role in the uptake and presentation of vaccine antigens  
131 and subsequent T-cell activation and differentiation following peritoneal stimulation.

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## 133 **2. Methodology**

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135 A total of 12 juvenile rainbow trout weighing approximately 60g (College Mill Trout  
136 Farm, Perthshire, U.K.) were maintained in 400L tanks at the University of Aberdeen

137 aquarium facility supplied with recirculating freshwater at 14°C. Fish were fed *ad*  
138 *libitum* daily with commercial pellets (EWOS) and were acclimated for at least two  
139 weeks prior to vaccination. All trials were carried out in compliance with the Animals  
140 (Scientific Procedures) Act 1986 by a UK Home Office license holder and approved  
141 by the ethics committee at the University of Aberdeen. Fish were anaesthetised by  
142 immersion with 2-phenoxyethanol (Fluka) and each fish injected intraperitoneally (ip)  
143 with either 0.1 mL of phosphate buffered saline (PBS) or a water-in-oil adjuvanted  
144 vaccine posterior to the pelvic girdle. The aqueous phase of the vaccine was a  
145 formalin-killed whole-cell *A. salmonicida* bacterin (pre-inactivation titre of  $1.55 \times 10^9$   
146 cfu/mL) suspended in BHI Media and provided by Elanco Animal Health Ltd. (Victoria,  
147 P.E.I., Canada) while the oil phase was comprised of Montanide™ ISA 761 VG  
148 (Seppic, France). The water-in-oil emulsions was prepared at a 70:30 oil:water ratio  
149 48h prior to vaccination using a high shear mixer (IKA Ultra Turrax Tube Drive) and  
150 was tested for stability prior to use.

151 Visceral adipose located around the internal organs was harvested from freshly  
152 killed trout (n=3 per treatment group per time point) at 24 and 72 h post injection (hpi).  
153 These timings were chosen based on the previous study of Veenstra et al. (2017),  
154 where the transcript response of immune genes was studied in adipose tissue at 3, 14  
155 and 28 days post-vaccination. In that study gene modulation was already maximal at  
156 day 3 in the majority of cases, and so here that timing was included together with an  
157 earlier time point to assess whether changes were occurring before this. The tissue  
158 was stored in Bouin's Solution (Sigma) for 18 h, washed 3x in PBS, then left in PBS  
159 for 3-5 h. Samples were then stored in 70% ethanol (Sigma) before being embedded  
160 in paraffin and sectioned at 5µm onto silane-coated glass slides (Microscopy and  
161 Histology Core Facility, University of Aberdeen). Immunohistochemistry for each  
162 antibody (Table 1) was performed using reagents from the REAL Dako Envision  
163 detection kit (Dako UK Ltd) using a Dako autostainer (Dako) as described previously  
164 (Alnabulsi et al., 2017) at the Department of Pathology, NHS Grampian Biorepository  
165 (Aberdeen, UK). The antibodies used included a B (IgM) and T (CD3) cell marker, and  
166 two markers of antigen presenting cells (APCs), MHC-II and CLEC4T1. In the case of  
167 the APC markers CLEC4T1 is related to DC-SIGN (see discussion). Primary antibody  
168 dilutions used for immunohistochemistry are described in Table 1. The sections were

169 evaluated by light microscopy using a Zeiss Axioscop 40 (Microscopy and Histology  
170 Core Facility, University of Aberdeen).

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172 **Table 1:** Antibodies used for immunohistochemical analysis.

Antibody	Type	Dilution	Dilutant	Reference/Source
IgM (4C10)	Monoclonal	1:5	Dako antibody dilutant	Thuvander et al., 1987
CD3- $\gamma\delta$	Monoclonal	1:15	Dako antibody dilutant	Vertebrate Antibodies Ltd
MHC-II $\beta$	Rabbit polyclonal	1:200	PBST*	Vertebrate Antibodies Ltd
CLEC4-T1	Rabbit polyclonal	1:500	Dako antibody dilutant	Johansson et al., 2016

173 \* PBST = Phosphate Buffered Saline with Tween 20 (Sigma)

174

### 175 3. Results

176

177 The number of CLEC4T1, MHC-II, CD3 and IgM positive cells was found to vary  
178 between treatment groups and time points. These results indicate that changes in  
179 expression and distribution of APCs, T- and B-cells occur in rainbow trout adipose  
180 tissue following vaccination.

181 CLEC4T1 staining was observed in areas analogous to the centre of clostridial  
182 MS located on the periphery of the omentum tissue and in cells encircling apoptotic  
183 adipocytes- crown like structures (CLS) in the naïve fish (Fig. 1A & 1C). At 24 and 72  
184 hpi, large quantities of CLEC4T1 positive cells were observed infiltrating the adipose  
185 tissue, primarily associated with areas of vaccine-induced cellular damage (Fig. 1B)  
186 as well as strongly presenting within newly developed clostridial MS within the adipose  
187 tissue (Fig. 1D).

188 MHC-II positive cells in naïve fish was observed in macrophage-like cells  
189 located within adipocyte junctions and in some cell clusters (Fig. 2A & 2C), but were  
190 not associated with CLS (Fig. 2C). The largest amount of anti-MHC-II staining was  
191 observed at 24 hpi in the vaccinated group and was associated with granulomatous  
192 cell clusters and areas of vaccine-infiltration (Fig. 2B). By 72 hpi the quantity of MHC-

193 Il positive cells decreased in the vaccinated group, but staining of small clusters of  
194 mononuclear cells within the adipose tissue and associated with MS were still  
195 apparent (Fig. 2D).

196 CD3 was detectable in the adipose tissue of naïve fish, in the cytoplasm of  
197 single mononuclear cells found in cell clusters within adipose (Fig. 3A), and in some  
198 structures analogous to clostridial MS found on the periphery of adipose tissue (Fig.  
199 3C). In vaccinated fish at 24 hpi the staining appeared much stronger, and was present  
200 in an increased number of peripheral MS, as well as newly developed clostridial MS  
201 structures throughout the tissue (Fig. 3B). By 72 hpi staining was still clearly present  
202 within MS of vaccinated fish, although weaker than seen in the 24 hpi fish. In  
203 vaccinated fish, CD3 positive- MS were associated with CLS (Fig. 3D). The increase  
204 in CD3 positive stained structures in cells located within milky spots can be observed  
205 in greater detail in Figure 4.

206 IgM positive cells were not found in the control fish (Fig. 5A & 5C). However,  
207 following vaccination cells staining positive for IgM could be observed within adipocyte  
208 junctions at 24 hpi (Fig. 5B). Staining was still present but weaker at 72 hpi in individual  
209 cells, occasionally associated with MS (Fig. 5D). Staining was also present within  
210 blood vessels in the vaccinated groups, presumed to be soluble IgM in the blood (Fig.  
211 5D).

212

#### 213 **4. Discussion**

214

215 As teleost adipose has been found capable of sequestering antigens from the  
216 peritoneal cavity (Pignatelli et al., 2014), and immune-related genes were  
217 transcriptionally upregulated as early as 72 h after ip vaccination (Veenstra et al.,  
218 2017), in this study we aimed to further characterize the relationship between vaccine-  
219 induced stimulation of the peritoneal cavity and adipose immune cell response up to  
220 72 h post injection via immunohistochemical analysis. The results of this study were  
221 found to be broadly similar to what has been described previously in regards to  
222 mammalian adipose clostridial milky spots (MS). MS associated with peritoneal  
223 adipose tissue (omentum) have been described in a number of species (Mixer, 1941)  
224 including fish (Pignatelli et al., 2014). They have been shown to contain macrophages,

225 APCs, T- and B-cells (Carlow et al., 2009) and to have important biological functions  
226 within the peritoneal cavity (Beelen, 1991; Shimotsuma et al., 1993; Takemori et al.,  
227 1995, Lenzi et al., 1996; van Vugt et al., 1996) and omentum (Carlow et al., 2009;  
228 Rangel-Moreno et al., 2009), acting as a gateway through which circulating cells,  
229 antigens, particulates and pathogens are collected from the peritoneal cavity to  
230 promote a variety of immune responses (Beelen et al., 1980a, 1980b; Cranshaw &  
231 Leak, 1990). Following stimulation in mammals, the increases in the number and size  
232 of MS occur alongside an influx of leukocytes within MS (van Vugt et al., 1996), as  
233 appeared to be happening in the current study. It is worth noting that viral stimulation  
234 did not alter the size or number of MS in rainbow trout adipose (Pignatelli et al., 2014).

235 Dendritic cells (DCs) and macrophages are regarded as the key APCs of the  
236 immune system and play an important role in the transition of innate immunity to  
237 adaptive immunity. In mammals MS are considered to be the site of origin of peritoneal  
238 macrophage precursors (Lee & Lee, 2014). An influx of macrophages into the  
239 peritoneal cavity has been described in salmonids following stimulation (Afonso et al.,  
240 1998; Jørgensen et al., 2008). C-type lectin (CLEC) domain family 4-T1 is a rainbow  
241 trout transmembrane protein thought to be closely related to the well-characterised  
242 CLEC4 family protein CD209 / DC-SIGN (Johansson et al., 2016). It, along with MHC  
243 class-II proteins are found on DCs/ macrophages and help present extracellular  
244 antigens to CD4 positive cells and to promote the rapid activation of T- and B-cells  
245 (Carlow et al., 2009). The lack of MHC-II positive staining cells within MS supports  
246 previous observations in trout (Pignatelli et al., 2014), however the presence of  
247 CLEC4T1 positive cells within these structures demonstrates that APCs (potentially  
248 DC or macrophage precursors) are present within MS in naïve fish, in accordance with  
249 previous work on mice (Bertola et al., 2012). Additionally, crown-like structures (CLS),  
250 described as clusters of macrophages surrounding dead adipocytes in obese  
251 mammalian adipose (Murano et al., 2008; Noia et al., 2014), were observed to be  
252 strongly CLEC4T1 positive in naïve and vaccinated rainbow trout. As the results in the  
253 present study showed that there was little to no overlap in staining patterns of  
254 CLEC4T1 and MHC-II, it indicates that within trout adipose tissue these markers are  
255 expressed on distinct cell populations at these time points. The key function of  
256 immature DCs is capturing and processing antigens which trigger full maturation, and  
257 in time leads to the assembly of antigen-MHC-II complexes which are capable of



258 stimulating T-cells (Banchereau & Steinman, 1998; Geijtenbeek et al., 2000; Engering  
259 et al., 2002). As it has been demonstrated that bacteria can stimulate DC maturation  
260 (Sallusto & Lanzavecchia 1995; Winzler et al., 1997), it is likely that in teleosts APCs  
261 preferentially begin production/maturation of CLEC4T1 to facilitate ingestion and  
262 presentation of foreign substances with MHC-II complexes playing a larger role at a  
263 later time point than studied here.

264 Lymphocytes are the second major cellular component of normal mammalian  
265 MS (Shimotsuma et al., 1991, 1993; Krist et al., 1995). More recent studies (Rangel-  
266 Moreno et al., 2009; Carlow et al., 2009) show that the omentum can support the  
267 activation of CD4 and CD8 positive lymphocytes and mount T cell-dependent B-cell  
268 responses to peritoneal antigens. CD3 is part of the T-cell receptor complex on the  
269 cell surface which aids activation of naïve T cells (Guy & Vignali, 2009) and is in  
270 rainbow trout considered a good pan-T-cell marker (Leal et al., 2016). The present  
271 study reveals the presence of CD3 positive cells in clostridial MS on the periphery of  
272 adipose tissue in naïve fish, in distinct areas separate to CLEC4T1 positive cells within  
273 MS. An increase in staining intensity was observed at 24 hpi (which reduced by 72  
274 hpi) in MS, which supports work in mammals showing that the omentum effectively  
275 operates as a site for early antigen presentation, with a rapid turnover of lymphocytes  
276 (Carlow et al., 2009). As CD3 positive MS were also found to be associated with  
277 CLEC4T1 positive CLS, it strongly advocates that following vaccination APCs play a  
278 large role in antigen uptake, presentation and subsequent T-cell activation in trout  
279 adipose tissue MS.

280 Immunoglobulin (Ig) M is the most ancient and prevalent Ig in fish. It can be  
281 expressed on the surface of B-cells or secreted as an antibody. In this study no  
282 evidence of IgM positive staining in milky spots was observed, in agreement with work  
283 on rainbow trout by Pignatelli et al. (2014) but in contrast to mammalian studies  
284 (Rangel-Moreno et al., 2009). Pignatelli et al. (2014) identified IgM positive cells in the  
285 interstitial space between adipocytes within visceral adipose and Ballesteros et al.  
286 (2013) found that IgM transcript level could be increased in adipose in response to  
287 oral vaccination. The present study found evidence of IgM positive cells in interstitial  
288 spaces in naïve fish which increased in number following vaccination.

289

290 In conclusion, the immunohistochemical results of this paper show that naïve  
291 teleost MS contain APCs (CLEC4T1 positive cells) and T-cells (CD3 positive cells).  
292 Following the administration of an ip oil-adjuvanted vaccine, MS in rainbow trout  
293 adipose increased in number, size and complexity and may play a significant role in  
294 T-cell activation and differentiation via APCs.

295

## 296 **Acknowledgements**

297 KAV was supported by ELANCO and SEPPIC to undertake a PhD program at the  
298 University of Aberdeen. KAV would like to thank Dr. Abdo Alnabulsi and Dr. Jason  
299 Holland for their assistance with immunohistochemistry.

300

301 *Declarations of interest:* none

302

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569 Figure Legends

570

571 **Figure 1:** Arrow heads (red) point to representative positive staining of CLEC4T1 in  
572 rainbow trout adipose tissue. A: 24 hpi unvaccinated; B: 24 hpi vaccinated; C: 72 hpi  
573 unvaccinated; D: 72 hpi vaccinated (star = vaccine remnant).

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575 **Figure 2:** Arrow heads (red) point to representative positive staining of MHC-II in  
576 rainbow trout adipose tissue. A: 24 hpi unvaccinated; B: 24 hpi vaccinated; C: 72 hpi  
577 unvaccinated; D: 72 hpi vaccinated (star = vaccine remnant).

578

579 **Figure 3:** Arrow heads (red) point to representative positive staining of CD3- $\gamma\delta$  in  
580 rainbow trout adipose tissue. A: 24 hpi unvaccinated; B: 24 hpi vaccinated; C: 72 hpi  
581 unvaccinated; D: 72 hpi vaccinated.

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583 **Figure 4:** CD3- $\gamma\delta$  positive stained cells in a rainbow trout adipose tissue milky spot  
584 at 24 h post-vaccination.

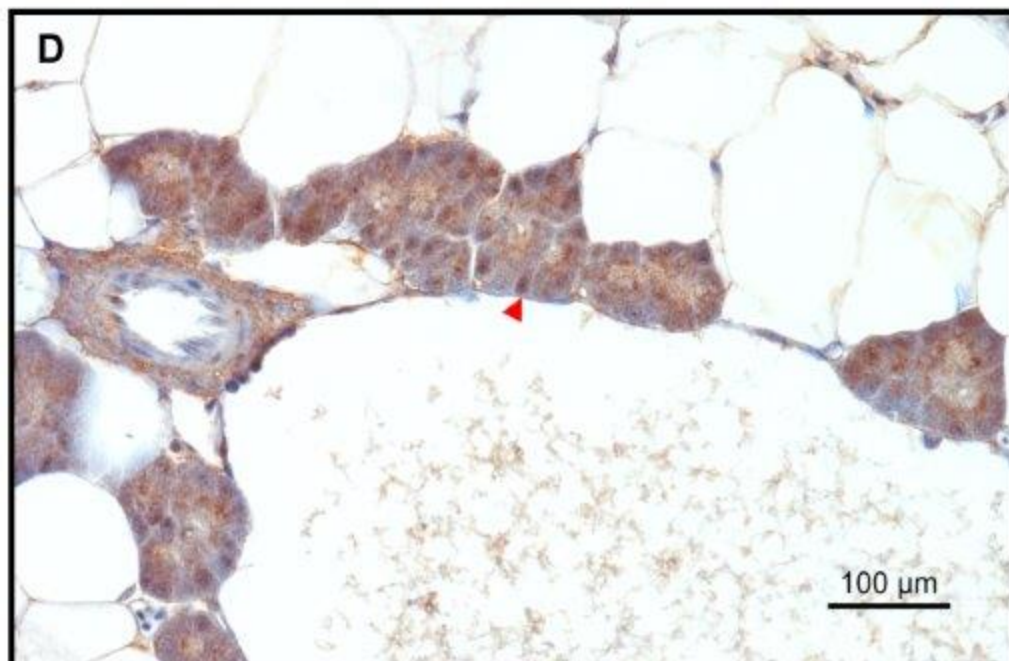
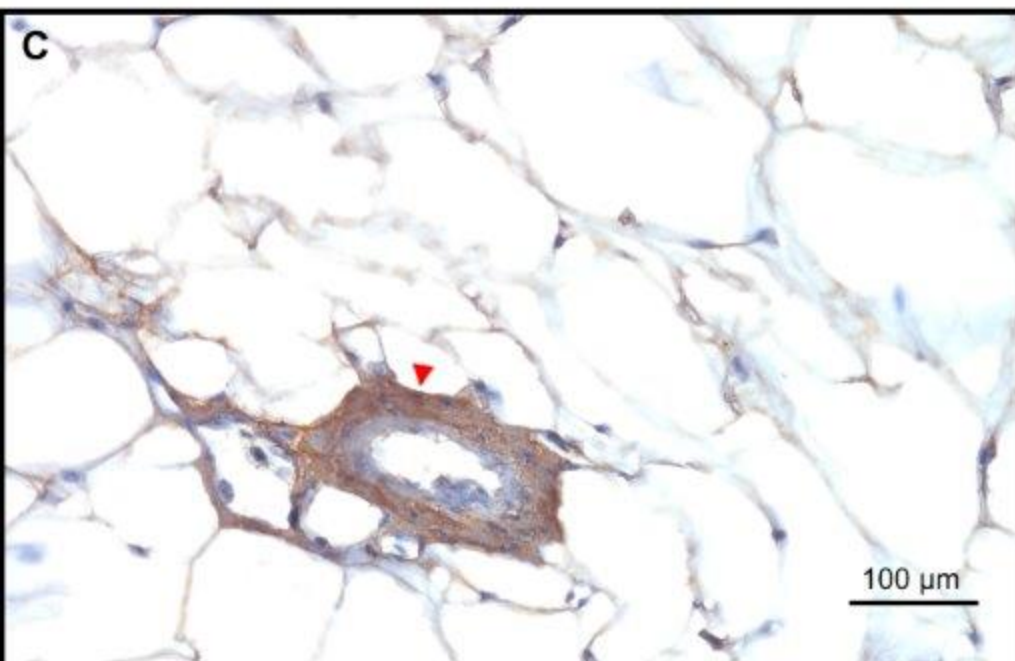
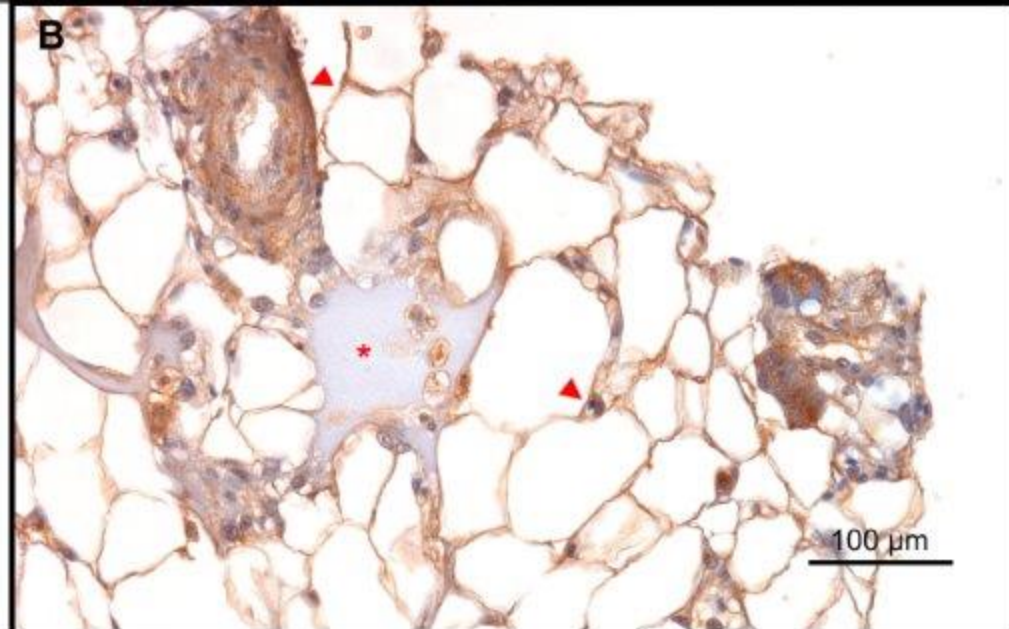
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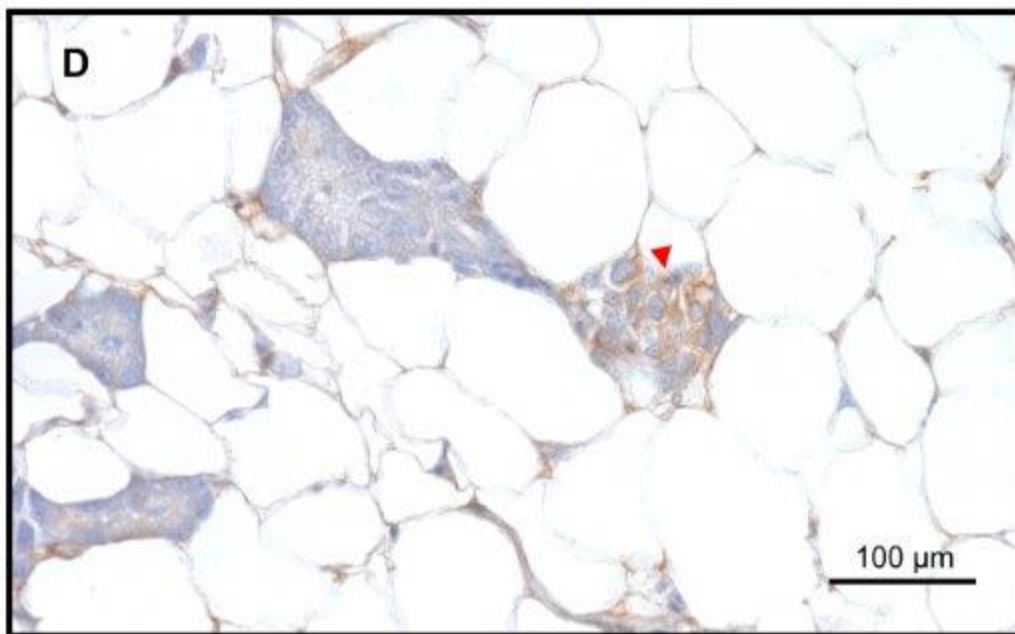
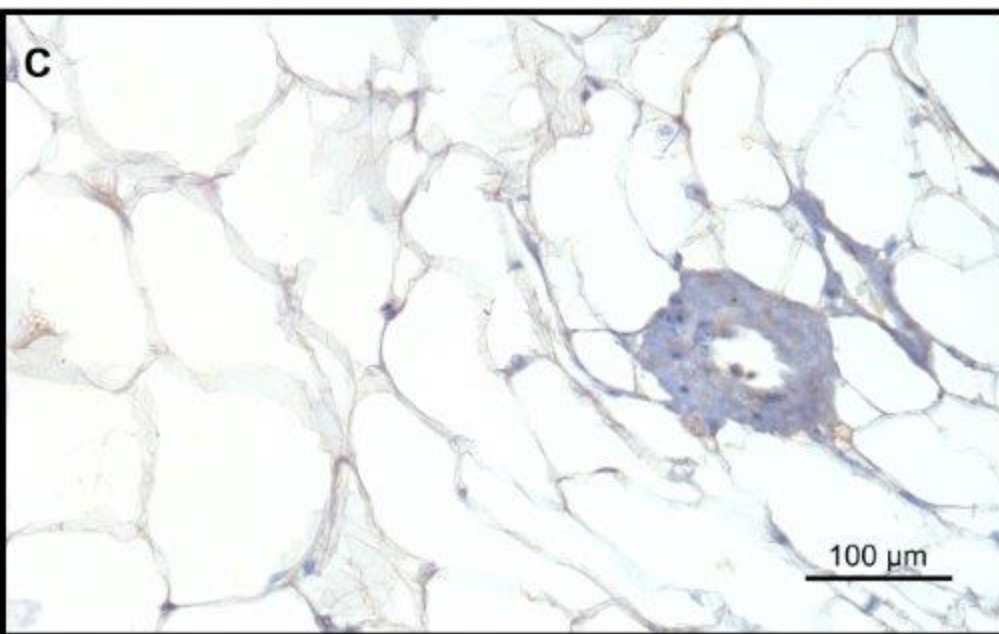
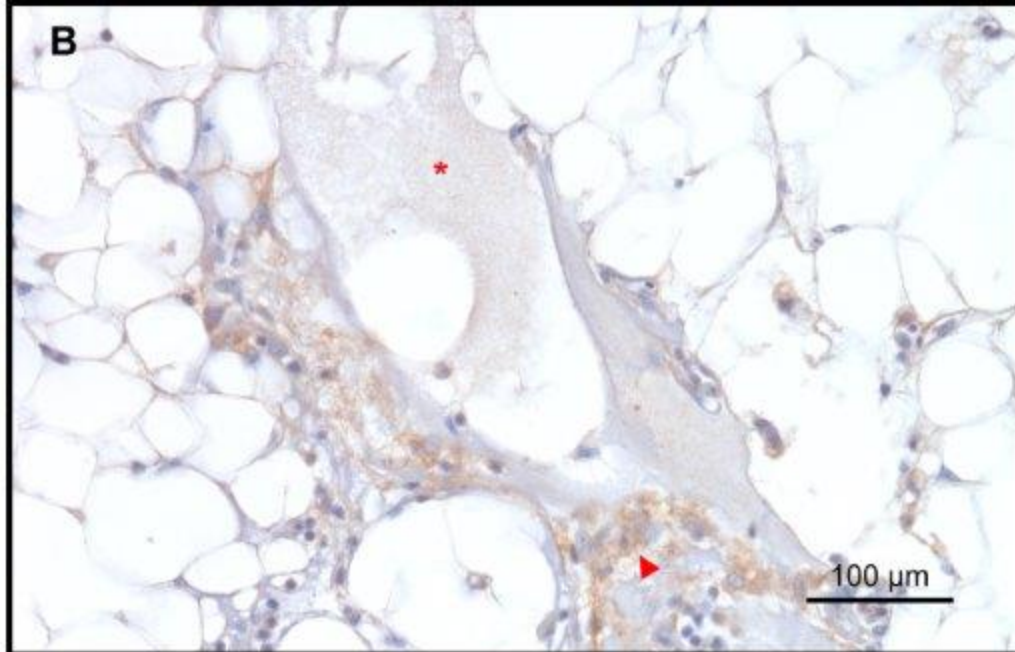
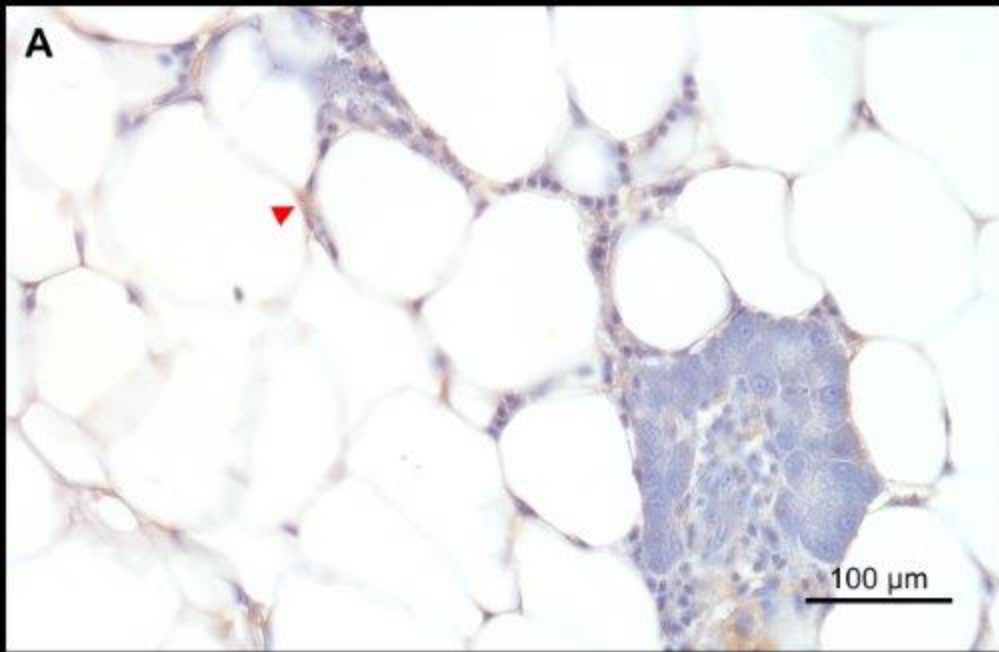
586 **Figure 5:** Arrow heads (red) point to representative positive staining of IgM in  
587 rainbow trout adipose tissue. Arrow head (black) show staining in blood vessels. A:  
588 24 hpi unvaccinated; B: 24 hpi vaccinated; C: 72 hpi unvaccinated; D: 72 hpi  
589 vaccinated.

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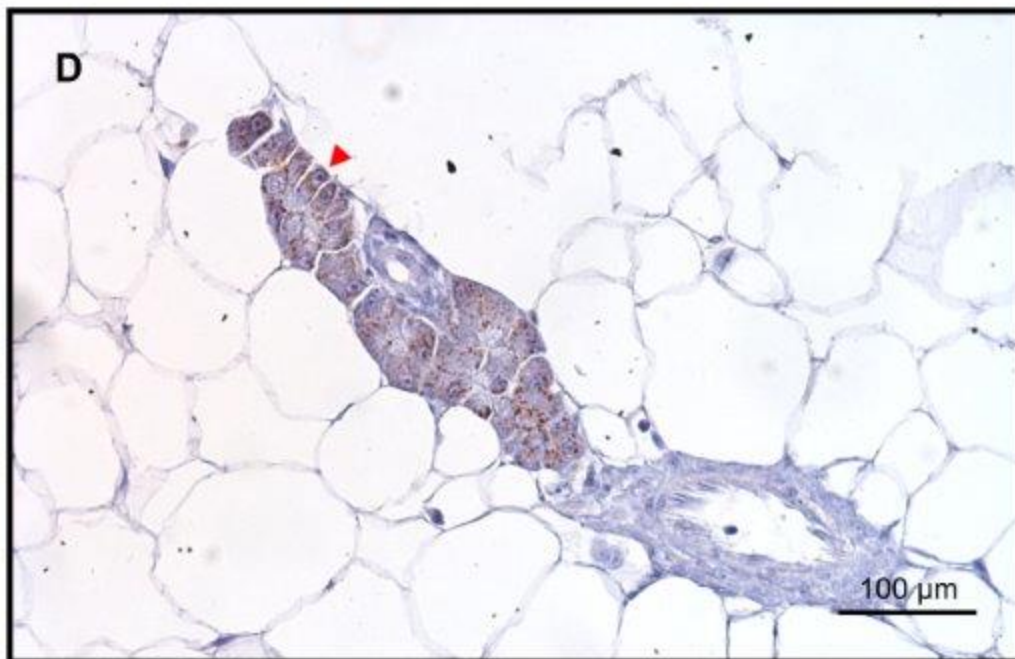
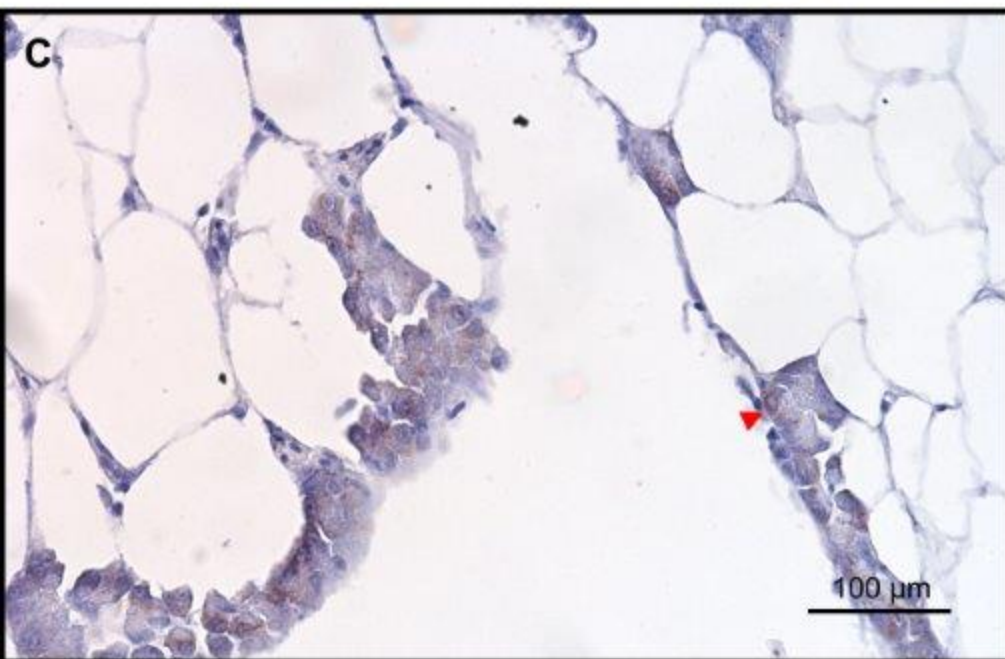
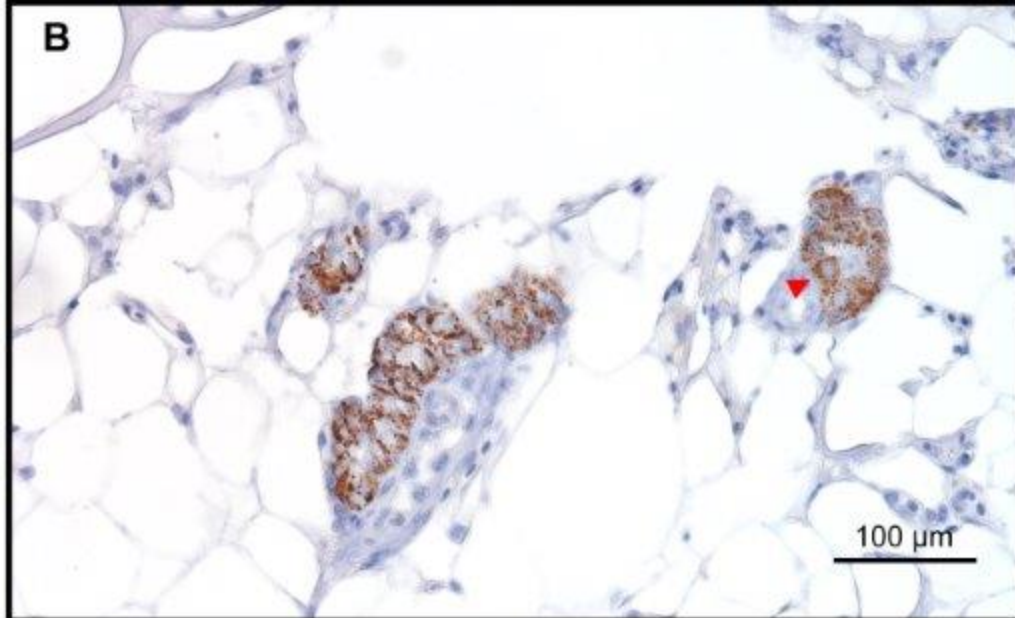
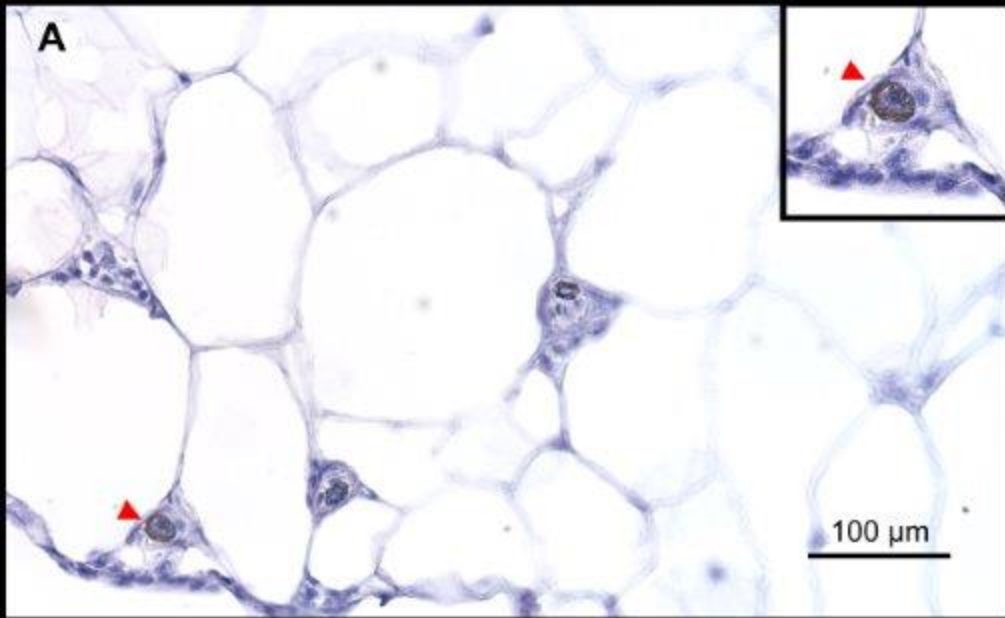
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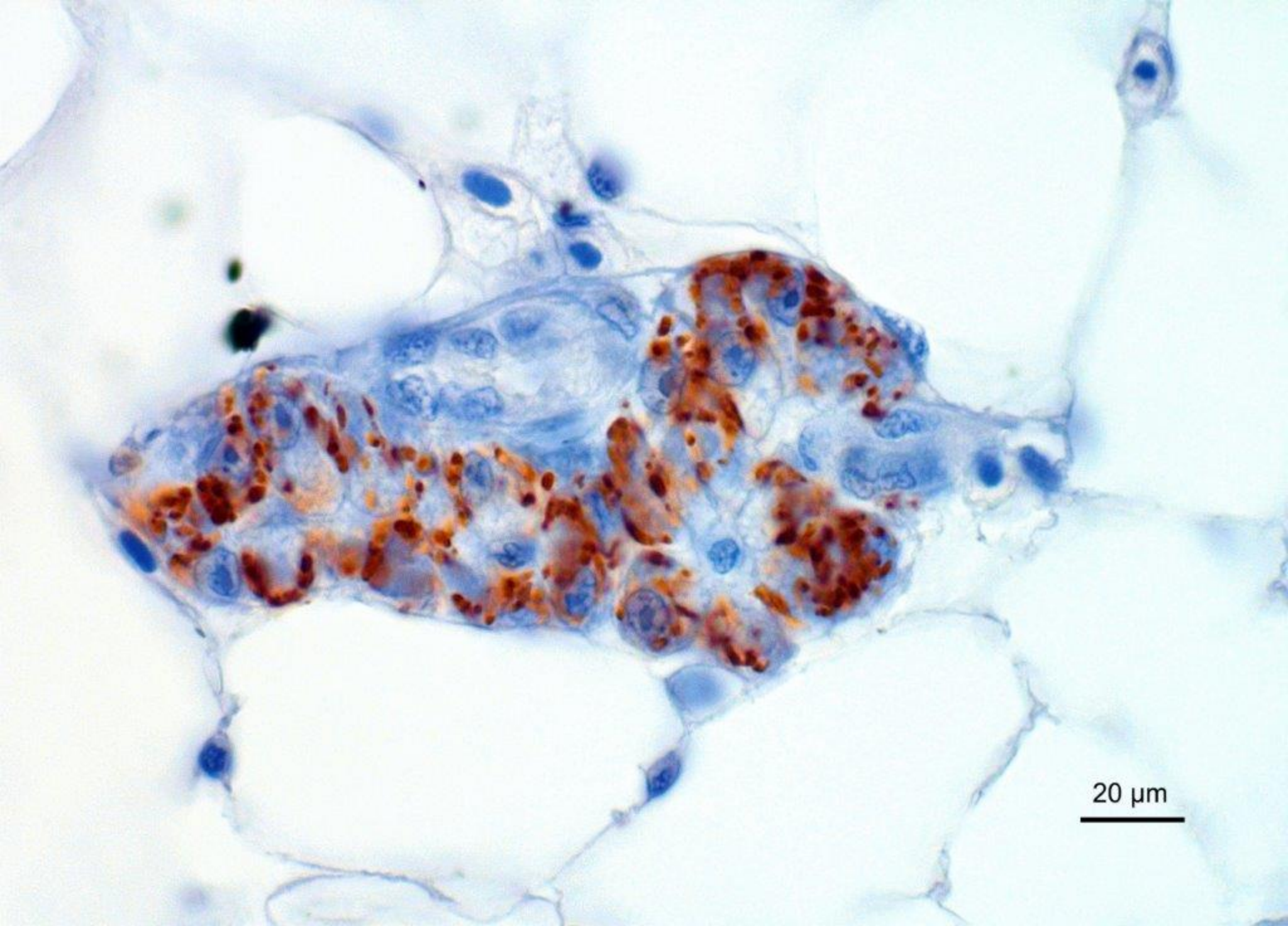












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